



BRUNCH

BRUNCH & BAPS

The Red Lion Full English 13
 Streaky bacon, Pork sausage, hash brown rounds, baked beans, tomato, mushrooms, St Ewes egg, toast
 Served with Tea or Coffee
 1163kcal

The Red Lion Vegetarian Full English 13
 Mushroom and thyme sausage, hash brown rounds, baked beans, roast tomato, mushrooms, St Ewes egg, toast (v/vg)
 Served with Tea or Coffee
 890kcal

Smashed Avocado & Poached Egg on Campaillou Toast (v) 8
 575kcal

Bacon Bap | 285kcal 4

Pork & Herbs Sausage Bap 5
 342kcal

Pork & Herbs Sausage, Bacon & Egg Bap | 427kcal 7

SANDWICHES

All served on Campaillou Bread

Davistow Cheddar & Pickle (v) (vg) | 662kcal 7

Classic B.L.T. | 655kcal 7

Fish Fingers, Cos Lettuce & Tartare Sauce | 794kcal 8.5

Steak & Horseradish | 680kcal 9

Marmalade Glazed Ham & Mustard | 607kcal 7.5

SIDES

Fries (vg) | 519kcal 4

Triple Cooked Chips (vg) 4
 380kcal

Available
 Monday-Friday: 8am to 3pm
 Saturday-Sunday: 8am to 11am

PUB BANGERS

Available everyday from 12pm

Red Lion Beef Burger, Sesame Bun, Cheese, Pickles, BURger Sauce, Crispy Onions & Fries 16
 1281kcal

Plant Burger, Sesame Bun, Cheese, Pickles, Burger Sauce, Crispy Onions & Fries (vg) | 1076kcal 15.5

Fish & Chips, Battered Haddock, Triple Cooked Chips, Tartare Sauce & Mushy Peas | 1090kcal 17

Davidstow Cheddar & Nettle Quiche, Charred Fennel & New Potatoes (v) | 760kcal 14

Naked Nicoise, New Potatoes, Apple, Capers, Chickpeas, Chicory, Green Beans & Toasted Walnuts (vg) 10
 253kcal

Hertfordshire Chicken Caesar Salad, Cos Lettuce, Anchovies, Brioche Croutons & Soft St Ewes Egg | 917kcal 15

PUDDINGS

Black Cherry Creme Brulee 516kcal 6

Chocolate Brownie & Vanilla Ice Cream (vg|Gf) | 542kcal 6

Summer Pudding | 689kcal 5

Scoops [Jude's Ice Cream]

Strawberry & Cream (133kcal) | Chocolate (107kcal) | Vanilla (107kcal) | Salted Caramel (103kcal) | Lemon sorbet (35kcal) | Blood Orange sorbet (33kcal)

1 scoop £2.5 | 2 for £4 | 3 for £6