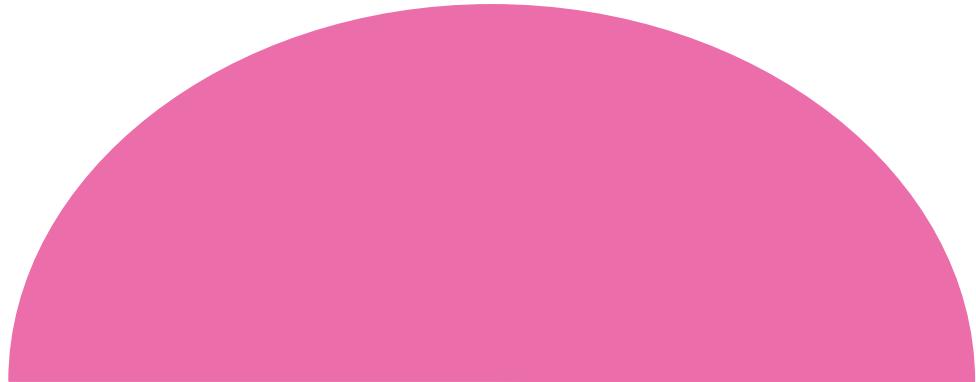


Meet our team!

Aayat



Q. Tell us a bit about what makes you, you!

A. I thrive on problem solving and creating solutions that are truly tailored to each person's needs. I believe in empowering others to take charge of their own stories and break down the barriers that hold them back. Every day I'm inspired by the chance to make a positive, lasting impact.

Q. What is your key skill / specialisation as a Coordinator of Support?

A. As a Support Coordinator, my key strengths are listening, understanding, and helping others connect with the right resources they need to thrive.

Q. Outside of work, how do you like to spend your time?

A. Outside of work, I love spending time by the beach. There's nothing better than a long walk along the shore with a good caffeinated drink in hand. It's my favourite way to unwind, recharge and enjoy some sunshine and sea breeze.

Q. What do you love most about your job?

A. I love that each day offers a new challenge and knowing I'm helping someone achieve a better quality of life keeps me inspired.

Q. What are your qualification(s) & experience?

A. I have experience working in both the mental health and disability sector, and am qualified in both areas. I have a Diploma in Mental Health, Community Services and Psychology. I am also in the middle of completing a Bachelors Degree in Psychology and Psychological and Social Science. My background has given me a strong understanding of how to provide person-centred support, promote independence and help individuals achieve their personal goals.

Q. What are your core values?

A. My core values are respect, integrity and transparency.