

A very special experience designed to honor the power of feminine energy and explore what it means to be a woman in today's world.

WOMANKIND RETREAT

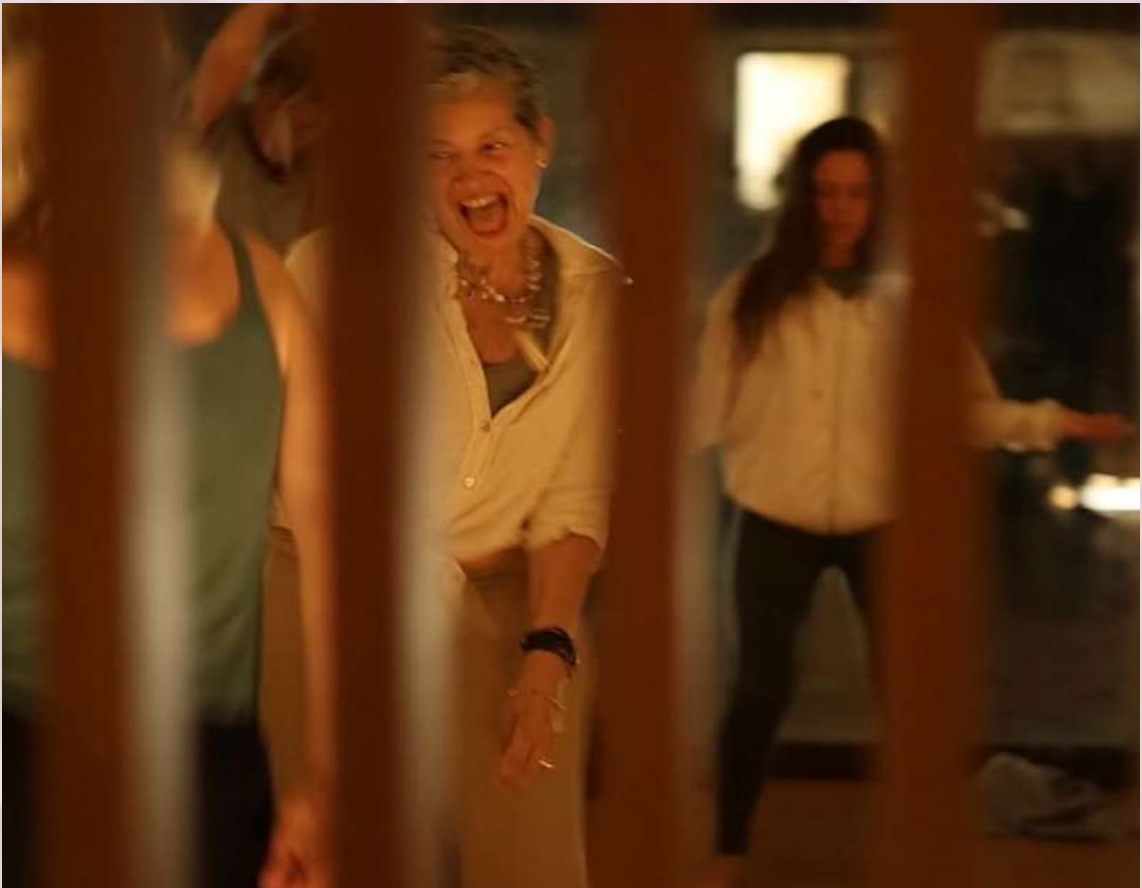


July 9th – 13th, 2025
October 22nd – 26th, 2025

A very special experience designed to honor the power of feminine energy and explore what it means to be a woman in today’s world.

This unique retreat is a celebration of the universal feminine energy, the inherent force of love and creation within us all. It’s that guiding intuition, the inner voice we naturally possess. It embodies a nurturing spirit that empowers us to support ourselves and the communities around us.

However, the demands of modern life can often disconnect us from this innate wisdom and creative energy. With this in mind the WomanKind Retreat offers the possibility to come together as a supportive community of women of all ages and backgrounds to explore and share insights on how to access, connect with, and channel this sacred feminine energy. This journey within a nurturing collective holds the potential for profound personal transformation and renewal.



During the retreat, you will enjoy

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| Daily mindful yoga sessions incorporating physical practice, breathwork, mantra, singing, and sitting meditation. | An introduction to journaling as a tool for self-discovery. |
| A holistic massage to promote relaxation and well-being. | Daily mindful walks in nature |
| A powerful shamanic tarot group session for insight and guidance. | A glorious healing sound bath |
| Therapeutic Dance Sessions | Ceremonial practices to access the symbolical and mystical world of the divine feminine* |

*this retreat requires a video chat for more information on this practices

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All of our delicious meals are plant-based, and prepared by our vegan chefs using ingredients from our kitchen garden and local suppliers.

With an amazing team of practitioners and the opportunity to share experiences with like-minded women, this nourishing retreat will provide our guests valuable tools for deeper understanding and connection with female energy and

Pricing

Single Occupancy	2400 EUR
Shared Occupancy <small>(price per person)</small>	1900 EUR

We are located 75-minute drive from Barcelona or 20-minute drive from Girona airports. For more information about this unique retreat experience, please contact hola@lacuraretreats.com or check our website lacuraretreats.com

09-13 JUL. 2025

22-26 OCT. 2025

