

## Summer of Change – Home & Family Sphere 1

### Small Group Discussion Guide 7-27-25

*Ephesians 5:21 – “And further, submit to one another out of reverence for Christ.” (NLT)*

**1. What does it look like to submit to Jesus in your personal life, and how does that prepare you for healthy relationships (including marriage)?** *Romans 10:9; Philippians 2:5–8*

How does Jesus model submission for us?

What challenges your ability to fully submit to Christ in your daily decisions?

How does abiding in Jesus (Sphere 1) influence every other relationship?

**2. Why is mutual submission between a husband and wife essential for a healthy, Christ-centered marriage?** *Ephesians 5:21–25*

- What’s the difference between biblical submission and cultural ideas about power and control?
- How can a husband and wife practically live out mutual submission in day-to-day life?

**3. How has culture distorted God's plan for marriage, and what truth from Scripture helps you resist those lies?** *Matthew 19:5–6; Genesis 3:16; Ephesians 5:22–33*

- What are some common cultural beliefs about marriage that conflict with Scripture?
- How do obedience and humility restore God’s original purpose in marriage?

**4. For singles: How can you prepare now to live out God’s design for relationships, even if marriage isn’t in your immediate future?** *Philippians 2:3–4; John 13:14–15*

- What spiritual habits can you build now (abiding in Jesus, serving, community) that will help you love others well?
- How can single people support married couples and families in the Church Sphere?