



FALL SAVINGS

Prices in effect: Nov 19th - 25th, 2025

AAA Black Angus Boneless Blade Roast

\$22.02/kg

\$9⁹⁹ Lb



Pork Side Ribs

\$8.80/kg

\$3⁹⁹ Lb



Grimm's Bulk Pepperoni Sticks

Original, Hot or Honey Garlic

3/\$3



Good Leaf Salad Mixes

113g
Product of Canada

\$3⁹⁹ Ea



Grape Tomatoes

1 Pint
Grown in BC/Mexico

\$2⁹⁹ Ea



Island Farmhouse Split Bone-in Chicken Breast

\$13.21/kg

\$5⁹⁹ Lb



Soupetc! Heat & Serve Soup

700ml

\$6⁹⁹ Ea



Organic BC Grown Squash

Butternut, Kabocha, Acorn and Spaghetti
\$4.39/kg

\$1⁹⁹ Lb



Haas Premium Avocados

Grown in Mexico

2/\$3



Selva Shrimp

Cooked and Peeled or Raw EZ Peel

340g

\$12⁹⁹ Ea



El Tomas Burritos

110-142g

\$2⁹⁹ Ea



Top Deals of the Week

Campbell's Soup

12 pack Case

12x284ml

\$13⁹⁹ Ea



Bubly Sparkling Water

12x355ml

2/\$13 + Deposit

Assorted Varieties



Smartfood Popcorn

150-200g

2/\$8

Assorted Varieties



Dempsters Whole Grain Bread

600g

\$3⁹⁹ Ea

Assorted Varieties



Purex 24 Double Roll Toilet Paper

24=48 Roll

\$12⁹⁹ Ea



Old Dutch Original or Ridgies Chips

235g

2/\$7

Assorted Varieties



Casa Di Mama or Ristorante Pizza

320-410g

\$4⁹⁹ Ea

Assorted Varieties



Philadelphia Cream Cheese

227-250g

\$4⁴⁹ Ea

Assorted Varieties



Green Giant Frozen Vegetables

750g

2/\$7

Assorted Varieties



Yogi Organic Tea

16 count

\$5⁴⁹ Ea

Assorted Varieties



RiceWorks Rice Chips

155g

2/\$9

Assorted Varieties



Hundreds of Manager's Specials featured in every location!

Mayne Island - Village Bay
472 Village Bay Road
Phone 250-539-2548

Pender Island - Driftwood Centre
4605 Bedwell Harbour Road
Phone 250-629-8322

Quadra Island - Heriot Bay
1536 Heriot Bay Road
Phone 250-285-2436

Quadra Island - Quathiaski Cove
658 Harper Road
Phone 250-285-3391

We reserve the right to limit quantities. Not all items available at all stores.

www.truvaluefoods.com