

Your Heddy Life tarot reading

A GUIDE TO YOUR READING

My tarot readings help you explore the energy surrounding what's on your mind. I use tarot alongside meditation and energy practices to uncover patterns, influences, and the deeper layers of a question.

Your reading is created privately and remotely. I set aside quiet, uninterrupted time, utilize personal preparation practices, listen carefully to what you've shared, and choose a spread specifically for your reading.

From there, I follow the cards, connections, and themes that emerge, creating an intentional reading you can return to again and again.

My readings focus on understanding the energy and patterns at play, offering insight rather than prediction.

WHAT I NEED FROM YOU

Text a voice recording to me at 206.349.7844, using the Voice Memos app on your iPhone or any recording app you're comfortable with.

Find a quiet moment and tell me what's on your mind, what's been happening, and what you'd like to explore.

Talk to me as if we were sitting together over a cup of tea. A little background is helpful, and I'll listen for the threads and choose a spread that fits your reading.

A recording of up to 5 minutes is perfect.

WHAT YOU'LL RECEIVE

Within 2 days of receiving your recording, I'll send you a photo of your tarot spread with an explanation of the spread and what each position symbolizes.

Your 15–20 minute audio reading will walk you through the cards, connections, and themes that emerged.



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