



**You don't feel listened to...  
Do you think your rights  
are not being respected?  
We can help you**



**Call us today!**  
**It's free and confidential**  
**1 800 463-6192**

If you feel that your rights are not being respected, whatever the context or subject concerned, we will listen, inform, help and support you, respecting your needs and your desire to take action.

## What we can do for you :

Listen to you without judgement

Clarify your ideas, organize your papers

Identify appropriate measures

Create an action plan

Writing a letter or filling in a form

Accompany you during a meeting with a professional or any other person involved in your process.

**We do not replace a lawyer but we can help you find one.**



Find out more

**info@drsmgim.org**  
**droitsetrecours.org**