North Shore Pediatric Therapy

What Is Speech-Language Therapy?



SERVICES STARTING AS EARLY AS BIRTH

MOST MAJOR INSURANCE ACCEPTED

Pediatric speech-language therapy is a specialized field **focused on helping children develop effective communication skills**. This therapy can address a variety of speech, language, and feeding challenges, including:

Speech Disorders

- Difficulty pronouncing sounds correctly
- Trouble with pitch, volume, or quality of voice
- Stuttering

Language Disorders

- Difficulty understanding (receptive) or using (expressive) language
- Trouble processing auditory information

Feeding and Swallowing Disorders

- Difficulty eating and drinking
- Problems with chewing, swallowing, or oral motor skills
- Food sensitivities

Speech-language pathologists (SLPs) are trained professionals who work with children to improve these skills. They use a variety of techniques and activities tailored to each child's needs, often **incorporating play-based and child-led learning to keep sessions engaging.**

When to Seek Therapy:

Consider speech-language therapy if your child shows **signs of delayed speech milestones, difficulty pronouncing sounds, limited vocabulary, persistent stuttering, or trouble following directions.**

Questions about your child's speech and language development? Contact us today to consult with a licensed speech-language pathologist for an assessment and personalized treatment plan.

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What Happens in a Typical Speech Therapy Session?

Sessions are tailored to your child's individual needs and goals. Your child might engage in fun activities like blowing bubbles or mimicking a lion's roar to strengthen their muscles. Our therapists use puzzles and toys to help children learn new words and sounds.

How Long Does My Child Need Therapy?

The duration depends on your child's unique goals and progress. Some children can make quick improvements, while others may benefit from longer-term support.

Is Speech Therapy Covered by Insurance?

In many cases, yes! We are in network with most major insurance providers. Our team will perform a complimentary insurance benefits check for you prior to starting services. We accept **BLUE CROSS BLUE SHIELD PPO and HMO, UNITED HEALTHCARE, and TRICARE, PLUS OTHERS.**

What Is the Role of Caregivers?

You play a crucial role in supporting your child's progress by engaging in conversations, reading together, expanding vocabulary, and practicing at-home activities suggested by your therapist. You're welcome to observe or participate during sessions.

Our Services:

APPLIED BEHAVIOR ANALYSIS, AUTISM AND NEUROPSYCHOLOGICAL TESTING, SPEECH & FEEDING THERAPY, OCCUPATIONAL THERAPY, MENTAL HEALTH SERVICES, PHYSICAL THERAPY

Our Locations:

ARLINGTON HEIGHTS, BUCKTOWN, DEERFIELD, DES PLAINES, ELMHURST, GLENVIEW, LA GRANGE, LAKE BLUFF, LINCOLNWOOD, NAPERVILLE, ST CHARLES, VERNON HILLS, WHEATON, WOODRIDGE

welcome@nspt4kids.com

866-770-5344

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