



Specialized HS Care

Hidradenitis suppurativa can affect comfort, confidence, and daily life. Our goal is to provide thoughtful, individualized care and a long-term plan that fits your needs

Meet Kiera Booth, M.D., FAAD

Dr. Kiera Booth provides dedicated care for patients living with hidradenitis suppurativa, with an emphasis on accurate evaluation, treatment planning, flare management, and ongoing follow-up.



Schedule an HS consultation
302-633-7550

www.premierdermde.com

Newark

537 Stanton Christiana Rd.,
Newark, DE 19713

North Wilmington

1401 Foulk Rd.
Wilmington, DE 19803

Dr. Booth is listed in the Hidradenitis Suppurativa Foundation's provider directory and provides experienced in-person care for HS patients in Delaware.



SPECIALIZED CARE FOR Hidradenitis Suppurativa

Understanding HS. Managing Symptoms.
Building a long-term treatment plan.

PREMIER DERMATOLOGY & COSMETIC SURGERY

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What is Hidradenitis Suppurativa?

Hidradenitis suppurativa (HS) is a chronic inflammatory skin condition. HS isn't exactly an "autoimmune disease," but it is caused by an overactive immune system that triggers recurring inflammation. Skin inflammation causes a mix of redness, swelling, itching, pain, sores, and drainage. People with HS also have systemic inflammation that can cause joint pain or fatigue. It commonly develops where skin rubs together, such as the underarms, groin, buttocks, or beneath the breasts

HS begins in the hair follicle, not the sweat glands. In people with HS, inflammation causes the skin cells lining the hair follicle to stick together and block the opening. As these skin cells build up, the follicle stretches and becomes weaker. Over time, the follicle can rupture beneath the skin, triggering more inflammation and sometimes leading to drainage.

HS is not caused by poor hygiene, smoking, or weight.

It is a medical condition. HS can be influenced by the things we are exposed to. Early evaluation and ongoing care may help reduce symptoms, manage flares, and limit progression.

COMMON SIGNS AND SYMPTOMS

- Tender or painful lumps under the skin
- Recurring boils or abscess-like areas
- Drainage or sores that heal slowly
- Tunnels beneath the skin
- Scarring after repeated flares

When to Make an Appointment

Consider an evaluation if painful bumps or draining areas keep returning, leave scars, occur in multiple areas, or interfere with movement, work, exercise, or everyday activities.

Your Care at Premier

There is currently no cure for hidradenitis suppurativa (HS), but many treatment options can help reduce symptoms, manage flares, prevent complications, and improve quality of life. Because HS affects people differently, treatment plans are highly individualized and may change over time. Your visit may include a review of your symptoms, affected areas, prior treatments, and how HS affects your daily life.

How HS is Treated?

HS is typically treated using a combination of approaches, rather than a single medication or procedure. Your health care provider may recommend treatments based on:

- Your symptoms and how long you've had them
- How often flares occur
- Areas of the body affected
- Presence of tunnels or scarring
- How HS impacts your daily life

TREATMENT MAY INCLUDE

- Prescription topical or oral medications
- Biologic or other advanced therapies when appropriate
- Strategies to manage active flares and discomfort
- In-office procedures or surgical options when indicated
- Long-term monitoring and adjustment of your treatment plan

YOUR SKIN. OUR SPECIALTY.

Call 302-633-7550 to schedule an HS consultation.