

DIRECT SOURCE SEAFOOD



CRAB CAKES HANDMADE WITH REAL CRABMEAT

INGREDIENTS: Crabmeat, Mayonnaise(Soybean Oil, Water, Egg Yolks, Corn Syrup, Distilled Vinegar, Mustard Seed, Salt), Breadcrumbs Wheat Flour, Sugar, Yeast, Salt), Eggs(Eggs, Citric Acid), Red Bell Peppers, Celery, Dijon Mustard Water, Vinegar, Mustard Seed, Salt, White Wine, Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Modified Food Starch, Lemon Juice, Parsley, Lemon Zest(Chopped Lemon, Peels, Cane, Sugar, Natural Lemon, Flavor) Lemon Peels, Cane Sugar, Natural Lemon Flavor), Seasoning Blend (Salt, Spices, Paprika, Natural Flavor), Worcestershire Sauce(Vinegar, Molasses, Sugar, Water, Salt, Onions, Anchovies, Garlic, Cloves, Tamarind Extract, Natural Flavorings, Chili Pepper Extract), Cayenne Pepper, Parsley
CONTAINS: CRUSTACEAN SHELLFISH (CRABMEAT),
WHEAT, SOYBEAN, FISH(ANCHOVIES), EGGS



INGREDIENTS: Crabmeat, Mayonnaise(Soybean Oil, Water, Egg Yolks, Corn Syrup, Distilled Vinegar, Mustard Seed, Salt), Breadcrumbs (Wheat Flour, Sugar, Yeast, Salt), Eggs(Eggs, Citric Acid), Red Bell Peppers, Celery, Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Modified Food Starch, Lemon Juice, Lemon Zest(Chopped Lemon Peels, Cane Sugar, Natural Lemon Flavor), Seasoning Blend (Salt, Spices, Paprika, Natural Flavor), Worcestershire Sauce(Vinegar, Molasses, Sugar, Water, Salt, Onions, Anchovies, Garlic, Cloves, Tamarind Extract, Natural Flavorings, Chili Pepper Extract), Cayenne Pepper

CONTAINS: CRUSTACEAN SHELLFISH (CRABMEAT), WHEAT, SOYBEAN, FISH(ANCHOVIES), EGGS



Amount Per Serving Calories	170
	% Daily Valu
Total Fat 12g	15
Saturated Fat 1.5g	8
Trans Fat 0g	
Cholesterol 80mg	27
Sodium 290mg	13
Total Carbohydrate 7g	:
Dietary Fiber 0g	1
Total Sugars 0g	
Includes 0g Added Sug	jars C
Protein 11g	
Vitamin D 0mcg	(
Calcium 100mg	8
Iron 1.1mg	(
Potassium 150mg	4

Serving size 3 o	z (85g
Amount Per Serving Calories 2	200
% D	aily Value
Total Fat 15g	209
Saturated Fat 2g	119
Trans Fat 0g	
Cholesterol 70mg	239
Sodium 330mg	149
Total Carbohydrate 11g	49
Dietary Fiber 0g	
Total Sugars 0g	
Includes 0g Added Sugars	09
Protein 8g	
Vitamin D 0mcg	09
Calcium 70mg	69
Iron 0.9mg	69
Potassium 120mg	29

Crab Cake	Inner	Pzack Size	DSS Item Code	Inner UPC	Master GTIN	Inner Pack	Cs Dimension	Ti Hi	Cube	Net Wt
Gourmet Maryland Style	2 x 3 oz	12 x 2 pack	VAOLCCM3212X6US	8 10011 17855 7	1 08 10011 17855 4	6.87" x 1.22" x 3.50"	9.31" x 7.31" x 6.87"	24 x 5	0.27	4.5 lb
Gourmet Eastern Shore	2 x 3 oz	12 x 2 pack	VAOLCCE3212X6US	8 10011 17853 3	1 08 10011 17853 0	6.87" x 1.22" x 3.50"	9.31" x 7.31" x 6.87"	24 x 5	0.27	4.5lb



DIRECT SOURCE SEAFOOD

INGREDIENTS: Crabmeat, Mayonnaise(Soybean Oil, Water, Egg Yolks, Corn Syrup, Distilled Vinegar, Mustard Seed, Salt), Breadcrumbs Wheat Flour, Sugar, Yeast, Salt), Eggs(Eggs, Citric Acid), Red Bell Peppers, Celery, Dijon Mustard Water, Vinegar, Mustard Seed, Salt, White Wine, Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Modified Food Starch, Lemon Juice, Lemon Zest(Chopped Lemon Peels, Cane Sugar, Natural Lemon Flavor), Seasoning Blend (Salt, Spices, Paprika, Natural Flavor), Worcestershire Sauce(Vinegar, Molasses, Sugar, Water, Salt, Onions, Anchovies, Garlic, Cloves, Tamarind Extract, Natural Flavorings, Chili Pepper Extract), Cayenne

CONTAINS: CRUSTACEAN SHELLFISH (CRABMEAT), WHEAT, SOYBEAN, FISH(ANCHOVIES), EGGS

INGREDIENTS: Crabmeat, Imitation Crabmeat ((Fish Protein (Pollock, Cod, and/or Whiting, Water, Wheat Starch, Egg Whites, Sugar, Sorbitol, Modified Food Starch, Salt, Soybean Oil, Natural and Artificial Flavors, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Color Added, Snow Crabmeat, Carmine, Paprika Oleoresin), Mayonnaise(Soybean Oil, Water, Egg Yolks, Corn Syrup, Distilled Vinegar, Mustard Seed, Salt), Bread-crumbs (Wheat Flour, Sugar, Yeast, Salt), Eggs(Eggs, Citric Acid), Red Bell Peppers, Celery, Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Modified Food Starch, Lemon Juice, Lemon Zest(Chopped Lemon Peels, Cane Sugar, Natural Lemon Flavor), Seasoning Blend (Salt, Spices, Paprika, Natural Flavor), Worcestershire Sauce/Vinegar, Molasses, Sugar, Water, Salt, Onions, Anchovies, Garlic, Cloves, Tamarind Extract, Natural Flavorings, Chili Pepper Extract), Cayenne Pepper

CONTAINS: CRUSTACEAN SHELLFISH (CRABMEAT), WHEAT, SOYBEAN, FISH(ANCHOVIES, POLLOCK, COD, WHITING),

INGREDIENTS: Snow Crabmeat, Imitation Crabmeat Fish Protein (Pollock, Cod, and/or Whiting, Water, Wheat Starch, Egg Whites, Sugar, Sorbitol, Modified Food Starch, Salt, Soybean Oil, Natural and Artificial Flavors, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Color Added, Snow Crabmeat, Carmine, Paprika Oleoresin), Mayonnaise (Soybean Oil, Water, Egg Yolks, Corn Syrup, Distilled Vinegar, Mustard Seed, Salt, Calcium Disodium EDTA), Breadcrumbs (Bleached Wheat Flour, Dextrose, Salt, Yeast), Eggs (Eggs, Citric Acid), Red Bell Peppers, Green Onions, Margarine (Soybean Oil, Hydrogenated Soybean Oil, Water, Salt, Contains less than 2% of Mono and Diglycerides, Soy Lecithin, Sodium Benzoate (Preservative), Citric Acid, Natural Flavors, Calcium Disodium EDTA Added to Protect Flavor, Beta-Carotene Color, Vitamin A Palmitate), Modified Food Starch, Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Garlic, Lemon Juice, Lemon Zest (Chopped Lemon Peels, Cane Sugar, Natural Lemon Flavor), Seasoning Blend (Salt, Spices, Paprika, Natural Flavor), Worcestershire Sauce (Vinegar, Molasses, Sugar, Water, Salt, Onions, Anchovies, Garlic, Cloves, Tamarind Extract, Natural Flavorings, Chili Pepper Extract), Cayenne Pepper

CONTAINS: CRUSTACEAN SHELLFISH (CRABMEAT), WHEAT, SOYBEAN, FISH(ANCHOVIES, POLLOCK, COD, WHITING),







Nutrition Facts About 2 servings per container Serving size 3 oz (85g) 230 **Calories** % Daily Value Total Fat 18g 23% Saturated Fat 2.5g 13% Trans Fat 0g Cholesterol 70mg 23% Sodium 350mg 15% **Total Carbohydrate 17g** 6% Dietary Fiber less than 1g Total Sugars less than 1g Includes 0g Added Sugars 0% Protein 7g Vitamin D 2mcg 2% Calcium 60mg 4%

The % Daily Value (DV) tells

Nutrition Facts

6%

Iron 0.9ma

Potassium 100mg

About 2 servings per contain 3 oz (85g) Serving size **Calories** 210 Total Fat 15g 19% Saturated Fat 2g 10% Trans Fat 0g Cholesterol 30mg 11% Sodium 430mg 19% Total Carbohydrate 18g Dietary Fiber less than 1g 3% Total Sugars 1.5g Includes 0g Added Sugars Protein 5g Vitamin D 0mcg Calcium 40mg 4% Iron 0.6mg 4% Potassium 80mg

Nutrition Facts About 2 servings per container Serving size 3 oz (85g) 220 **Calories** Total Fat 15g 20% Trans Fat 0g 14% Cholesterol 40ma 23% Total Carbohydrate 15g 6% Dietary Fiber less than 1g 2% Total Sugars 1.5g Includes 0g Added Sugars 0% Protein 7g Calcium 40mg Iron 0.6mg Potassium 80mg 2%

Crab Cake	Inner	Pzack Size	DSS Item Code	Inner UPC	Master GTIN	Inner Pack	Cs Dimension	Ti Hi	Cube	Net Wt
Premium Classic	2 x 3 oz	12 x 2 pack	VAOLCCC3212X6US	8 10011 17852 6	1 08 10011 17852 3	6.87" x 1.22" x 3.50"	9.31" x 7.31" x 6.87"	24 x 5	0.27	4.5 lb
Premium Homestyle	2 x 3 oz	12 x 2 pack	VAOLCCH3212X6US	8 10011 17854 0	1 08 10011 17854 7	6.87" x 1.22" x 3.50"	9.31" x 7.31" x 6.87"	24 x 5	0.27	4.5lb
Premium Snow Crab	2 x 3 oz	12 x 2 pack	VAOLCCR3212X6US	8 10011 17829 8	1 08 10011 17829 5	6.87" x 1.22" x 3.50"	9.31" x 7.31" x 6.87"	24 x 5	0.27	4.5lb