



OVERFLOW - WEEK 1

1 JOHN 4:7-11, 1 THESS 3:12

WELCOME TO LIFE GROUP!

THIS FALL, WE ARE FOCUSING ON OUR VALUES OF EXPERIENCING GOD AND LOVING OTHERS THROUGH OUR SERMON SERIES, OVERFLOW. OVER THE NEXT 10 WEEKS, WE WILL GROW IN OUR LOVE FOR OTHERS AS WE EXPERIENCE GOD'S LOVE FOR US.

THIS WEEK, WE EXPLORED THE REALITY THAT THE ONLY WAY FOR US TO LIVE AS PEOPLE OF LOVE IS TO EXPERIENCE GOD'S LOVE FOR US CONTINUALLY AND TO LIVE OUT OF THE OVERFLOW OF HIS LOVE.

THIS FIRST WEEK OF LIFE GROUP WILL LOOK A BIT DIFFERENT TO THE NEXT 9 WEEKS. FOR THIS WEEK, WE WANT TO FOCUS ON CONNECTING AS A GROUP, GOING OVER OUR GROUP COMMITMENT, AND PRAYING TOGETHER FOR THE NEXT 10 WEEKS.

DISCUSSION GUIDE

FEEL FREE TO TAKE YOUR TIME CATCHING UP AND CONNECTING WITH ONE ANOTHER OVER A MEAL OR DESSERT. WEEK 1 IS ALL ABOUT ESTABLISHING THE KIND OF COMMUNITY WHERE YOU CAN RECEIVE AND SHARE GOD'S LOVE WITH EACH OTHER!

IF YOU NEED A LITTLE HELP GETTING THE CONVERSATION GOING, CONSIDER STARTING WITH THESE QUESTIONS...



WHAT ARE YOU CURRENTLY CELEBRATING?



WHAT CHALLENGES ARE YOU FACING?



WHAT ARE YOU HOPING GOD DOES IN YOU/AROUND YOU THIS FALL?

GROUP COMMITMENT

AFTER YOUR MEAL (OR WHILE YOU'RE EATING), TAKE 10 MINUTES OR SO TO REVIEW THE LIFE GROUP COMMITMENT.

WE BELIEVE PARTICIPATING IN A LIFE GROUP IS ONE OF THE MOST IMPACTFUL WAYS WE CAN BE FORMED IN THE WAY OF JESUS. THIS GROUP COMMITMENT WILL HELP YOU CLARIFY YOUR GROUP'S GOALS, EXPECTATIONS, AND COMMITMENT TO ONE ANOTHER.

Our discipleship to Jesus is meant to be a holistic way of life, involving our whole selves - **HEAD, HEART, and HANDS**.



Each week, this Life Group Guide will have questions and prompts designed to engage us in each of these ways - head, heart, and hands. These questions do not need to be answered in order. Feel free to let conversation naturally flow to whichever questions connect with you personally. While each person will likely gravitate to one of these over the others, it's important we all consider how God's love affects our minds, our hearts, and our actions. There will also be a weekly activity designed to help you experience and overflow with God's love together as a group, and a closing prayer prompt to participate in together.

CLOSING PRAYER

CLOSE YOUR DISCUSSION WITH A TIME OF EXTENDED PRAYER (10-15 MINUTES).

OPENING YOUR HANDS IN A POSTURE OF PRAYER AND RECEIVING, SPEND A FEW MINUTES QUIETLY ASKING GOD TO SPEAK TO YOU IN WAYS THAT REMIND YOU OF HIS LOVE. THIS MIGHT INCLUDE SCRIPTURE PASSAGES, IMAGES, MEMORIES, OR WORDS. IF YOU FEEL COMFORTABLE DOING SO (OR IF YOU DON'T, BUT YOU SENSE THE SPIRIT LEADING YOU), SHARE WHAT GOD IS SAYING TO YOU WITH THE GROUP.

CLOSE BY INVITING THE HOLY SPIRIT TO MAKE GOD'S LOVE MANIFEST IN YOUR GROUP AND IN RESURRECTION CHURCH THIS FALL.

1 JOHN 4:12

7 Dear friends, let us love one another, because love is from God, and everyone who loves has been born of God and knows God. 8 The one who does not love does not know God, because God is love. 9 God's love was revealed among us in this way: God sent his one and only Son into the world so that we might live through him. 10 Love consists in this: not that we loved God, but that he loved us and sent his Son to be the atoning sacrifice for our sins. 11 Dear friends, if God loved us in this way, we also must love one another.

1 THESSALONIANS 3:12

And may the Lord cause you to increase and overflow with love for one another and for everyone, just as we do for you.

Overflow