



OVERFLOW - WEEK 4

MARK 12:28-34
LEVITICUS 19:9-18

WELCOME TO LIFE GROUP

This Fall, we are focusing on our values of Experiencing God and Loving Others through our sermon series, OVERFLOW.

This week, Aaron invited us to consider the command to love your neighbor, and challenged with a simple reminder: Your neighbor is anyone close enough to personally receive the overflow of Christ's love in you.

We often are so immersed in 24-hour global news cycles and social media that this command can feel overwhelming - the whole world feels like our neighbor in a way. But what if we were to apply this in the simplest way: Showing love to the people around you?

DISCUSSION GUIDE

Our discipleship to Jesus is meant to be a holistic way of living, involving our whole selves - **head, heart, and hands**. While each person will likely gravitate to one of these over the others, it's important we all consider how God's love affects our minds, our hearts, and our actions.



What idea from the sermon stuck out to you most this week?



What questions do you have that were either raised or left unanswered by the sermon?



Who are the most obvious neighbors who come to mind for you? (Literal neighbors? Coworkers? Family? Roommates?)

Who are the neighbors you may have overlooked in the past that you have a regular opportunity to love?



How have you been shaped personally by the “Seattle Freeze” phenomenon that Aaron talked about? How has it made loving your neighbor hard for you?

Aaron gave 3 ways from Leviticus that love of neighbor should impact our lives: margin, honesty, and justice. How do those things challenge you to grow in love for your neighbor? Which would have the biggest impact for you to focus on?

Have you ever sought to limit/avoid neighbors? What does that look like for you?



How many of your neighbors' names do you know? What is one step you can take to get to know your neighbors more?

GROUP APPLICATION - This fall, we want to be intentional about serving together as a group. Take the next 10 minutes to discuss opportunities to lovingly serve your neighbors together. Make a plan as a group to commit to loving your neighbors in this way.

Check out the bottom of the next page for some ideas if you need help getting started...

CLOSING PRAYER

Close your discussion with a time of prayer for your neighbors that God has put on your heart. Pray for neighbors by name, even if no one else in the group knows them. Pray for opportunities to love them, clarity in what that looks like, and boldness to meet those opportunities when they arise.

MARK 12:28-31

²⁸ One of the scribes approached. When he heard them debating and saw that Jesus answered them well, he asked him, “Which command is the most important of all?” ²⁹ Jesus answered, “The most important is Listen, Israel! The Lord our God, the Lord is one. ³⁰ Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. ³¹ The second is, Love your neighbor as yourself. There is no other command greater than these.”

IDEAS FOR LOVING NEIGHBORS

- Serve together with one of our Community Partners
 - [CareNet](#), [Tacoma Rescue Mission](#), [FISH Food Bank](#)
- Host a meetup to serve our community
 - Park cleanup day, homeless outreach/meals
- Serve a neighbor who doesn't know Jesus
 - Yard work, Meal Train, etc
- “Adopt” a local school to pray for and serve the staff
- Do a prayer walk in your neighborhood
- Draw a neighborhood “block map” with names & contact info
- Host a neighborhood (or apartment) block party
- Frequent the businesses in your immediate vicinity
- Get involved in local politics