

LIFE GROUP – WEEK ONE

God is Enjoyable

Psalm 16



This Fall, our sermon series is a deep dive into one of our core values as a church: enjoying God.

Each week, we will focus on a different attribute of God and discover how we can go beyond knowing about God intellectually and begin to enjoy God relationally.

GETTING STARTED

We start each week by intentionally being present to one another. If you need a little help getting the conversation going, consider starting with these questions...

Ice Breaker

Who is someone you most enjoy being around? What makes them enjoyable?

Going Deeper

Have you ever thought before about enjoying God? Or is this a new idea for you?

DISCUSSION GUIDE

Our discipleship to Jesus is meant to be a holistic way of living, involving our whole selves - head, heart, and hands. While each person will likely gravitate to one of these over the others, it's important we all consider how God's love affects our minds, our hearts, and our actions.

REMINDER: These guides are meant to facilitate PRESENCE - to God and one another - not to check boxes. Feel free to let conversation naturally flow to whichever questions connect with you personally. As the Spirit leads you, feel free to set aside this guide to pause, praise, and pray together.

HEAD	What attributes of God do you feel most familiar with? What aspect of God would you say is most enjoyable? (Think of things like holiness, love, justice, creativity, grace, kindness, wisdom, joy, etc.) Bubba said that in order to enjoy God, we have to know God personally, value God genuinely, and desire God wholeheartedly. Which of those feels like the strongest area for you right now? Which is currently the weakest?
HEART	What is the difference between enjoying something as an end unto itself, versus enjoying something as a way to enjoy God? How can you tell when you've settled for enjoying the gift alone, instead of the gift giver? Can you think of anything that you've tried to enjoy as an ultimate end? How did that effect your ability to enjoy God?
HANDS	Who have you known that clearly knew how to enjoy God? What was it about them that gave you that impression? How can you create regular space in your own life to enjoy God for who he is?

PRAY TOGETHER

Close your discussion with a time of extended prayer (10-15min).

Ask God to help you to move beyond understanding him and into enjoying him throughout this fall.

Name to him the ways you feel disconnected or struggle to enjoy him.

Invite his Spirit to help you to enjoy him more.

Pray for anyone you know who needs to come to know God, that they would encounter him and enjoy him this fall.