ATLANTIC Spa

MASSAGES

OASIS SIGNATURE MASSAGE *Our signature massage will calm and soothe any sore and aching muscles.*	60min 90min	N$750 N$1 050
DESERT STONE MASSAGE *This treatment combines the uniqueness of warmed stones and essential aromatherapy oils. The stone's heat will penetrate deep into your muscles promoting relaxation and healing.*	60min 90min	N$800 N$1 100
AFRICAN CALABASH MASSAGE *Using traditional calabashes, this massage originates from the ancestral therapies of Africa. Your therapist will restore the flow of energy in the entire body by stimulating the points of blockage.*	60min 90min	N$800 N$1 100
BABOR GROUNDING MASSAGE *An indulgent escape that envelops you in relaxation with the BABOR grounding aromas. Combining expert techniques, this treatment takes you on a soothing journey, leaving the skin radiant and the body rejuvenated.*	60min	N$800
DEEP TISSUE MASSAGE	60min 90min	N$800 N$1 100
ENERGISING BACK, NECK & SCALP MASSAGE	30min 45min	N$500 N$580

MASSAGE ADD ON'S

Hot Stones	N$50
Cupping - Back only	N$50

FACIALS

BABOR SIGNATURE FACIAL JOURNEY	60min	N$850

This thirst-quenching facial treatment deeply hydrates the skin, reducing the appearance of fine lines caused by dehydration.

DOCTOR BABOR SIGNATURE FACIAL	60min	N$1 500

Experience the precision of science with this rejuvenating facial designed to renew and repair the skin.

BABOR VITALISING FACIAL

This vitalising facial energises tired, dull skin, promotes an even skin tone and leaves the complexion feeling refreshed, radiant and protected against environmental stressors.

Express	30min	N$500
Classic	60min	N$1 010
Advanced	90min	N$1 200

BABOR AGE CONTROL FACIAL	60min	N$1 250

A classic BABOR treatment that targets expression lines and smooths fine lines by restoring facial contours. Leaves the skin looking relaxed and radiant, with a healthy rosy glow. Suitable for all skin types, except blemish-prone.

BABOR VITAMIN FACIAL	60min	N$1 080

A classic BABOR treatment rich in vitamins to provide antioxidant protection against daily environmental exposures, boosting the skin's natural ability to protect itself. Suitable for all skin types except for oily or blemish-prone skin.

RETINOL PEEL	45min	N$1 150

A treatment that delivers phenomenal results when treating hyperpigmentation, sun damage, fine lines, wrinkles and acne-prone problematic skins.

SRT MICRO NEEDLING TREATMENT

Face only	N$1 500
Face & Neck	N$1 600
Face, Neck & Décolleté	N$1 800

THALGO EXPRESS FACIAL	30min	N$500

HEART OF THE OCEAN FACIAL	60min	N$850

A made-to-measure treatment to meet the specific needs of each skin type. These signature high-performance treatments are available in three corrective rituals:
SOURCE MARINE - For dehydrated skin
PURETE MARINE - For combination to oily skin
COLD CREAM MARINE - For dry and sensitive skin

ANTI-AGEING SPIRULENE BOOST FACIAL	60min	N$1 400

The Marine Spirulene facial fights the first signs of ageing that are linked to an urban lifestyle. A detoxifying treatment to refresh facial features and recover a beautiful fresh complexion and smooth skin.

HYALU-PROCOLLAGENE FACIAL	90min	N$1 600

The first "Marine Filler" that fills in all wrinkles! Containing 3 hyaluronic acids and Marine Pro-Collagen. This wrinkle filling facial will instantly plump the skin, visibly smooth wrinkles and gradually fill in even the most set-in wrinkles from within the skin.

LUMIERE BRIGHTENING FACIAL	75min	N$1 900

A high-performance rejuvenating facial that effectively reduces pigmentation, uneven skin tone and fights a dull complexion. Includes a hand rejuvenation treatment.

DERMAPLANE FACIAL	60min	N$600

A safe, non-invasive facial treatment to remove dead skin and vellus hair otherwise known as "Peach Fuzz". Leaving your skin soft, smooth and radiant.

I-LASH TREATMENT

Full fill	N$500
2 Week fill	N$350
Removal	N$160

SIGNATURE SPA JOURNEYS

COUPLES DESERT RETREAT

Your muscles release as time stops while your senses and body are taken on a healing journey with a sea salt exfoliation. Choose between our Desert Stone or African Calabash massage followed by an express facial and 45min side-by-side pedicure.

Per Person	180min	N$1 750
Couple	180min	N$3 500

ATLANTIC TASTER — 90min — N$1 100

Our Atlantic Taster brings together all the favourite treatments that you have come to love. Starting with a 30min energising back massage, followed by our 30 min express facial and ending with our relaxing 30 min foot ritual.

THALGO JOYAUX ALTANTIQUE RITUAL — 60min — N$1 300

Reconnect your mind, body and soul with this one-of-a-kind journey. Starting with a unique balancing welcome touch, followed by a re-mineralising pink sea sand full body scrub and finally finishing off with a crystal stone full body massage that leaves you feeling refreshed and re-energised.

BODY TREATMENTS

SEA SALT & OIL EXFOLIATION

Rich in marine salts, this scrub eliminates dead skin cells and delivers the minerals and trace elements required for healthy skin. A shea butter application leaves your skin infinitely soft and toned.

Full Body	45min	N$500
Back only	30min	N$300

BABOR SIGNATURE FULL BODY EXPERIENCE — 120min — N$2 400

Indulge in this full body treatment - consisting of a scrub, massage and wrap - that is sure to transport you to an oasis of relaxation.

HOT OIL SCALP MASSAGE — 30min — N$450

A scalp, neck and shoulder massage to increase scalp circulation and release tension.

FOOT RELIEF — 30min — N$470

A refreshing foot treatment starting with a salt scrub followed by a relaxing massage.

PRESSURE POINT FOOT TREATMENT	45min	N$500

Ancient therapeutic method that stimulates predefined pressure points on the feet creating a natural healing in the body.

RASUL TREATMENT	45min	N$450

A self-help treatment in the crystal steam room, starting with an exfoliation to remove dead skin, followed by a marine algae Mud Application to re-mineralise the body and ease muscle aches and pains, finished off with a body butter application to leave your skin feeling nourished and hydrated.

HAND AND FOOT

Atlantic Manicure	60min	N$380
Express	30min	N$280
Atlantic Pedicure	60min	N$400
Express	30min	N$320
Foot Ritual (Salt Version)	45min	N$490
Medi-Heel Pedicure	75min	N$550
Polish		N$100
Gel		N$200

NAILS - 60min

Gel Nails	N$350
Gel Manicure	N$380
Gel Pedicure	N$480
Gel application only	N$400
Acrylic dip Manicure	N$480
Acrylic dip Pedicure	N$580
Nail Art - per Nail	N$40

WAXING

Under Arm	15min	N$150
Full Leg	45min	N$360
½ Leg	30min	N$280
Full Arm	30min	N$280
½ Arm	15min	N$180
Back	45min	N$390
Chest	30min	N$300
Stomach	30min	N$300
Full Face	30min	N$250
Chin	15min	N$150
Lip	15min	N$120
Eyebrows	15min	N$120
Bikini	20min	N$250
Brazilian	45min	N$400
Hollywood	60min	N$450

ADD ON'S

Brow shape	20min	N$100
Brow tint	20min	N$120
Lash tint	20min	N$120
Lash and Brow	30min	N$150

SOAK OFF

Gel	20min	N$120
Tips	20min	N$150
Acrylic	30min	N$200

ATLANTIC
SPA

ol-leisure.com
+264 64 411 4421
shs.spa@ol.na

Terms and Conditions

Please arrive 20 minutes prior to your scheduled treatment.

Late arrivals may result in a shortened treatment time, however the full treatment fee will still apply.

All spa treatments include a light refreshment and a glass of sparkling wine per guest. Grooming services are excluded from this offering.

All vouchers must be presented and handed in upon arrival to be redeemed. Lost or misplaced vouchers cannot be honoured or reissued.

Cancellation Policy:
To avoid a cancellation fee, please let us know by 18:00 hours the day before your appointment if you need to reschedule or cancel. Late cancellations will incur a charge, payable prior to booking any future treatments.