Step into a sanctuary of gentle luxury where our caring team is passionate about your well-being. Immerse yourself in stress-relieving treatments and massages, designed to rejuvenate your body and soul. Discover our variety of massage rooms, unique massage area and inviting Jacuzzi—each one a space dedicated to your enjoyment and comfort.

BABOR FACIALS

BABOR HYDRATION EXPRESS 30 min N$550

A SKINOVAGE express facial based on restoring skin health and adding hydration to the skin.

BABOR SIGNATURE FACIAL 60 min N$850

This thirst-quenching facial treatment deeply hydrates the skin, reducing the appearance of fine lines caused by dehydration.

BABOR ADVANCED SIGNATURE FACIAL 90 min N$1 290

A beautiful advanced facial focusing on restoring skin health with additional anti-ageing benefits with the optimisation of adding a signature ampoule and a specialised mask that can provide your skin with the glow it needs.

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MYSTIQUE Spa

MASSAGES

SOUL & BODY MASSAGE — 60 min N$980

An escape delivered with expert care, this treatment uses BABOR grounding aromas to envelop you in relaxation, soothing the mind and ensuring a truly radiant and rejuvenated body.

RELAXATION AROMA — 60 min N$750

Enjoy exceptional hospitality with this luxurious massage expertly combining gentle touch and soft music to envelop you in relaxation, rejuvenating your soul and providing a completely relaxed mind.

DEEP TISSUE
60 min N$800
90 min N$990

Experience this deep tissue treatment designed to condition your muscles and touch you to the core, offering intense, rewarding rejuvenation that benefits you even days later.

HOT STONE THERAPY
HALF BODY - 30 min N$550
FULL BODY - 60 min N$900

This specialised hot stone massage uses heated stones from the Tsauxab River to increase blood circulation, remove blockages and provide deep muscle relaxation and rejuvenation.

HYDROTHERAPY

SALT BATH — 30 min N$550

Let this ancient salt remedy, delivered at body temperature, provide deep cleansing to remove toxins and waste products, while maximising your rejuvenation and enjoyment.

AROMA BATH — 30 min N$550

Allow this indulgent escape, where the essence of aroma and perfectly warmed water immerse you in complete relaxation, providing a profound sense of tranquillity.

SUGAR SCRUB & BATH
HALF BODY - 30 min N$550
FULL BODY - 60 min N$850

DUNE SAND SCRUB — 90 min N$950

Experience the authentic Namib Desert with our homemade Dune Sand scrub, a treatment that energises your body and leaves skin soft. This is followed by a nurturing warm aroma bath which completes the rejuvenation.

SALT & OIL — 90 min N$950

Enjoy a complete rejuvenation journey with a full body exfoliation using salt and brushes, followed by a restoring salt soak and a relaxing full body massage.

TRUE HARMONY — 90 min N$980

Luxuriate in exceptional hospitality with a relaxation massage that begins with your body unwinding in a warm bath infused with selected aroma oils, hot milk and honey.

The focused massage then provides gentle luxury by giving specific attention to the body's main relaxation supports, alleviating tension in the spine, lower back and tense muscles to promote complete enjoyment.

DESERT EXFOLIATION — 90 min N$1 150

Experience our authentic Namibian journey as your body is exfoliated with homemade dune sand scrub, followed by deep relaxation in a warm bath infused with heated milk and honey. We complement this gentle luxury with a chakra-balancing back, neck and shoulder massage, providing a final touch of exceptional rejuvenation.

HAND AND FOOT

MANICURE — 45 min N$500

Give your hands the attention they deserve with this experience of gentle luxury, which includes a cuticle treatment, relaxing massage, hand mask and moisturiser for truly beautiful hands.

PEDICURE — 60 min N$550

Spoil your hard-working feet with this crème de la crème pedicure, an experience of gentle luxury that includes dry skin removal, a heavenly massage, a cuticle treatment, a mask and a refreshing foot lotion for completely happy feet.