(AQA) - A Level

PHYSICAL EDUCATION

Studying A Level Physical Education will give you a fantastic insight into the amazing world of sports performance. It builds on pupils' experiences from Key Stage 4 to enhance their knowledge and increase their understanding of factors that affect performance and participation in sport from grass roots to elite performance.

FUTURE OPPORTUNITIES

A Level Physical Education is an excellent foundation for university degrees, particularly in sports science, physiotherapy, sports therapy, healthcare, nutrition, sports management and Physical Education. It also complements studies in Biology, Physics, Psychology and Sociology. Many PE students have gone on to study degrees like Law, History and Business Actuarial Science. The transferable skills, such as decision-making and independent thinking, are valuable in any career. A Level PE is also recognised as a Science A level by many universities.

ENTRY REQUIREMENTS

GCSE:

Grade 5 in PE (if studied), Grade 5s in Sciences and current participation in a competitive sport (please discuss your sport with us).

CONTACT:

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COURSE CONTENT & ASSESSMENT

The course is split into two papers:

Paper 1

- Section A: Applied anatomy and physiology
- Section B: Skill acquisition
- Section C: Sport and society

Paper 2

- Section A: Exercise physiology and biomechanics
- Section B: Sport psychology
- Section C: Sport and society and technology in sport

You will learn how the body systems respond to exercise, why some people outperform others, both physically and mentally, as well as how best to prepare for and recover from exercise. The course gives you the opportunity to apply biomechanical principles of movement to sports performance. You will also delve into societal issues, including violence, hooliganism, sport and the law, sports history as well as the ethical considerations behind the use of drugs and the influence that modern technology is having on sport.

EXAMINATIONS Year 13

This qualification is linear. Linear means that students will sit all their exams and submit all their non-exam assessments at the end of the course.

- **Paper one 35%**
- **Paper two 35%**
- **Non examined assessment; practical performance 15 % & Written analysis 15%**
- **Practical performances must be from a fully competitive context and video evidence is required. These are internally assessed and then externally moderated**