

AGEING IN THE OUTBACK™
A Strategy for Western Queensland 2024-2026

VISION
All older persons in Western Queensland have access to informed, evidence-based healthcare services to support personal decision making and opportunities to optimise wellbeing.

AMBITION 1

Redefining engagement
Strategies to improve social inclusion such as community-based interventions and services that focus on building social connections can alleviate loneliness and improve mental health in rural, remote and very remote regions.

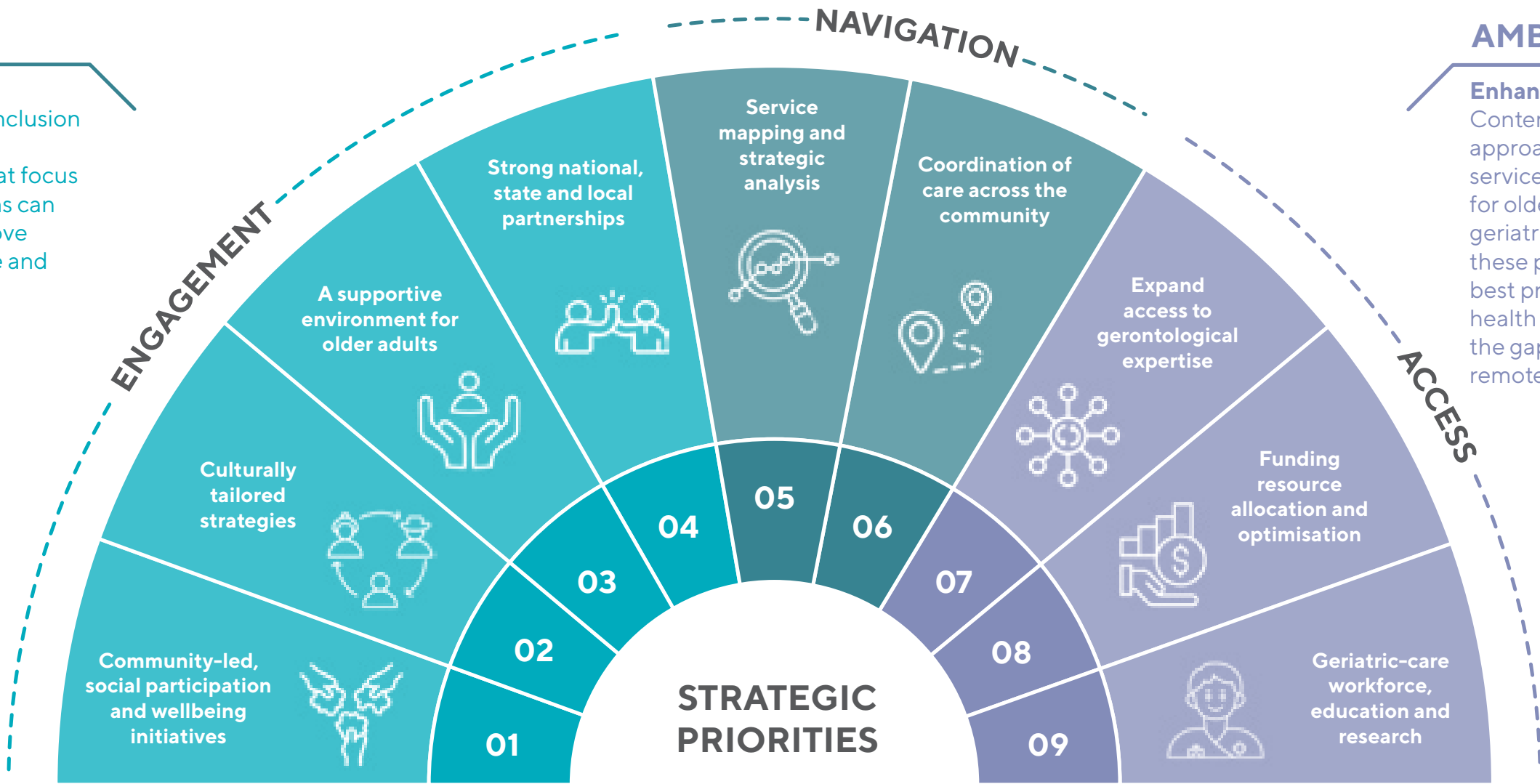
AMBITION 2

Improving navigation
Incorporating evidence-based geriatric assessment tools in primary care helps streamline care by identifying geriatric syndromes early, allowing for targeted interventions.



AMBITION 3

Enhancing access
Contemporary alternative approaches, such as telehealth services, can improve access to care for older people. Bringing specialist geriatric-care services closer to these populations and promoting best practice education for primary health staff are essential for bridging the gap in rural, remote and very remote healthcare.



Guiding principles: Integrating universal wellbeing to complement value-based health care. Person and community-led, place-based approach

International, national and state policy alignment: UN Decade of Healthy Ageing (2021-2030) - World Health Organisation; The Australian National Aged Care Advisory Council; Healthy Ageing A Strategy for Older Queenslanders - Queensland Health