



Swimming Auckland-Northland

2025

Junior Championships (25m Short Course)

6-7 December 2025

Age Groups: 9/U, 10, 11, 12

**Westwave Aquatic Centre
Alderman Drive Henderson**



Meet programme

Session One Saturday 6 December					
Warm-Up: 9.30 - 10.20am Start: 10.30 am					
Event	Distance/Stroke	Gender	Event	Distance/Stroke	Gender
1	4x 50 Mixed Freestyle Relay 10&U				Mixed
2	4x 50 Mixed Freestyle Relay 12/U				Mixed
3	400 Free	M	4	400 Free	F
5	50 Fly	M	6	50 Fly	F
7	200 Breast	M	8	200 Breast	F
Session Two Saturday 6 December					
Warm-Up: 2.30 - 3.20pm Start: 3.30pm					
9	4 x 50m Medley Relay 10&U				M
10	4 x 50m Medley Relay 10&U				F
11	4 x 50m Medley Relay 12/U				M
12	4 x 50m Medley Relay 12/U				F
13	50 Back	M	14	50 Back	F
15	100 Breast	M	16	100 Breast	F
17	200 Free	M	18	200 Free	F
19	100 IM	M	20	100 IM	F

Meet programme

Session Three Sunday 7 December					
Warm-Up: 8.30 - 9.20am Start: 9.30 am					
21	4 x 50m Mixed Medley Relay 10&U				Mixed
22	4 x 50m Mixed Medley Relay 12&U				Mixed
23	100 Fly	M	24	100 Fly	F
25	200 Back	M	26	200 Back	F
27	50 Breast	M	28	50 Breast	F
29	100 Free	M	30	100 Free	F
Session Four Sunday 7 December					
Warm-Up: 1.30 - 2.20pm Start: 2.30pm					
31	4 x 50m Freestyle Relay 10&U				M
32	4 x 50m Freestyle Relay 10&U				F
33	4 x 50m Freestyle Relay 12/U				M
34	4 x 50m Freestyle Relay 12/U				F
35	200 IM	M	36	200 IM	F
37	100 Back	M	38	100 Back	F
39	50 Free	M	40	50 Free	F

MEET CONDITIONS & INFORMATION

Swimming Auckland Championships are conducted under SNZ and ASA Regulations with the following conditions and criteria.

- Eligibility:** Entries are open to all **registered** competitive swimmers aged 12/U.
- Qualifying Period:** There is no qualifying period.
- Age:** Age as at 6 December 2025. Swimmers to contest their own age group.
*Exceptions may be considered for relays
- Individual Entries:** Converted times can be used.
- Qualifying times:** No qualifying times except 400 Free. Note the restrictions on 400 Free entries below:
*** 400 Free Qualifying time: 6.06.00**
Restricted to the top 32 male and female entries. Up to 6 visitors entries per event will be accepted. Further visitor entries will be accepted if less than 26 Swimming Auckland-Northland swimmers entries per event are received.
- 12/U Tech Suit Restriction:** **PLEASE NOTE THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12/U SWIMMERS.**
If in doubt please get your Team Manager to check with the Technical Director BEFORE the start of the session
- Closing Date:** Closing date 26 November 2025 at 11.59pm

NO LATE ENTRIES
- Entries:** To be entered directly into the SNZ Database
- Entry Fees:** Individual Entries:
Registered Swimmers \$16.00 per entry incl. GST.

Relay Entries:
No charge
Swimmers entered into relays must have entered at least 2 individual stroke events.

Payment to be made via credit/debit card at time of entry.

Payment by clubs:
Direct Credit
Account number 12-3011-0757520-00
Ref: ASA Junior Champs. Code: Please use club abbreviation e.g. AKLNSS
- Athletes with a Disability:** The ASA has a "mainstreaming" policy relating to athletes with a disability. Athletes who hold a Para Classification are eligible to participate in this programme and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athlete with a disability (or their Team Manager) to inform the Referee. The Referee will use their best efforts to judge the swim under the applicable Rules.
- Medals:** Medals will be awarded to the top three Auckland place-getters in each event as detailed in the meet programme, by gender and age group:

9/U, 10, 11, 12.

A maximum of 2 visitor medals will be awarded in each age group, in each event if placed in the top 3.

Relays are 10&U, 12&U.
Only one set of medals per event (plus visitor medals as appropriate) will be issued.

- Timed Finals:** All events are swum as timed finals and will be swum Slowest to Fastest
- Relays:** Refer to the event details for further information. Mixed relay teams must be composed of either 1F/3M, 1M/3F, or 2F/2M. Smaller clubs may enter a combined team.
Swimmers must have entered at least 2 individual stroke events.
- Starts:** All events will be swum as 'Over the Top' starts and the FINA One Start Rule (SW 4.4) will apply.
- Marshalling:** This is a self-marshalling event. Team managers and swimmers are responsible for ensuring they are prepared behind the starting blocks at the start of the preceding race. No races will be delayed if swimmers fail to appear for their event.
- Pool Deck:** **All Team Managers** must be on the SNZ Database and Police vetted.
Officials must wear their ASA Officials shirt and be police vetted.
Coaches must be registered with SNZ.
No access to the poolside area will be permitted without valid accreditation.
Spectators are not permitted on pooldeck and are to remain in the seating area upstairs at all times.
- Warm-up Supervision:** **It is an ASA requirement that all swimmers are supervised during warm-up by an NZSCAT accredited coach. This is to ensure the Health and Safety of all swimmers during what can be a chaotic time. If your coach is not attending the meet then you need to arrange a coach from another club to supervise your swimmers during warm-up. Parents / Team managers are not permitted to supervise swimmers during warm-up**
- Withdrawals:** **NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed.
All withdrawals for Session 1 are to be received at the Auckland Swimming office by **5pm Friday 5 December 2025**.
Email events@swimmingauckland.org
Withdrawals for Sessions 2-4 must be into the AOD control room before the conclusion of the preceding session.
- Penalties: R7.10.2** A penalty fee of \$25 per event will be charged for late or non-withdrawals regardless of circumstance.
- Protests:** Protest fee = \$100. Payable upon submission of correctly completed protest form. Protests must be lodged within 30 minutes of results posting.
- Child and Member Protection Policy:** SNZ operates a Member Protection Policy
https://www.swimmingnz.org/files/ugd/ec0271_db5e1290b6ce4319b18337112e98ffec.pdf
All participants in this meet agree to be bound by the conditions of those protocols as a condition of entry.
- Photography:** Spectators wishing to use long-lensed cameras must register with ASA 3 days prior to the meet commencing. Please send requests to events@swimmingauckland.org

In entering this Competition, participants agree to allow photograph, video, multimedia or film likeness taken by accredited photographers, to be used for any legitimate purpose by Swimming Auckland, their sponsors or others.

All participants must agree to comply with the Sports Anti-Doping Rules