



MEET

August 2026

COAST SWIM CLUB NORTHERN ZONE LEVEL 3

Sunday 23rd August

MEET CONDITIONS

Warm up 12:30pm Start 1:00pm

Event

1. **Mixed 200 IM**
2. **Mixed 100 Fly**
3. **Mixed 25 Breast**
4. **Mixed 100 Back**
5. **Mixed 25 Free**
6. **Mixed 50 Breast**
7. **Mixed 200 Free**
8. **Mixed 25 Fly**
9. **Mixed 100 Free**
10. **Mixed 25 Back**
11. **Mixed 50 Fly**
12. **Mixed 100 Breast**
13. **Mixed 50 Free**
14. **Mixed 100 IM**
15. **Mixed 50 Back**

- Age as at day of meet
- Only Level 3 swimmers are permitted to enter
- All times to be short course, no conversions
- Late entries will be \$15 per event if there is lane space
- No refunds on scratching, unless a medical certificate is provided
- Psych Sheets, entries, programs and results will all be posted the Coast Website event page. Programs will not be available on the door
- All participants must agree to comply with the Sports Anti-Doping Regulations
- The ASA Tech Suit applies to all swimmers 12 and under

Entries:

Entries for registered swimmers to be submitted through Fastlane

Entries for NON Registered (Trial) swimmers to be submitted via the entry form on the Coast Website Event Page.

Entry Fee:

\$9 per event

Spectators:

Entry for spectators is free and the programs will available on the Coast Website for free

Entries Open:

01/06/26

Close: 12pm 18th August 2026

Prizes:

Chocolate fish for the top 3 of each heat

**IN THE EVENT OF AN EVACUATION PLEASE FOLLOW THE INTRUCTIONS OF THE POOL STAFF.
Team Managers/Coaches are responsible for accounting for all team members**