

The Crawford County Family Navigators program is here to support children, youth, young adults and their families who are looking for help with accessing support for various resources that can help with mental health, education, housing, removing barriers to care, or other needs their family might have.

WE'RE HERE TO:

- Make it easier to get help early
- Support your family in making decisions together
- Help you feel more confident and less stressed
- Improve your experience with mental health care

CHAPS
Crawford County Mental Health Awareness Program

FCCA
FAMILY CHILDREN & COMMUNITY ASSOCIATION

PROGRAM ELIGIBILITY:

- Crawford County residents
- Caregivers for someone age 5-21 years old who has the presence or history of mental health concerns

- Choose to receive services

TO DISCUSS ENROLLMENT CONTACT:

AMANDA MARCUM

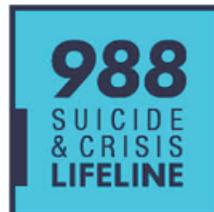
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CRISIS TEXT LINE |

Text HELLO to 741741

Free, 24/7, Confidential



CRAWFORD COUNTY FAMILY NAVIGATORS

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FCCA
378 Chestnut St.
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NAVIGATION STRATEGY:

The primary aim of the Crawford County Family Navigators program is to provide short-term, individualized support to children, youth, young adults (CYYA) and family caregivers seeking mental health services and resources to meet the needs of their CYYA. This support could be given in a single phone call or could be offered up to six months, helping navigate the complex systems that serve CYYA with mental health challenges.



"We are all interconnected and so we have a responsibility to foster the wellbeing of each other and our communities."

~Youth & Family Training Institute



THE FAMILY NAVIGATORS JOURNEY HAS THREE MAIN STEPS:



Step 1: Getting Started

We take time to hear your story and get to know your family's strengths and needs to help you build a plan while connecting you with local resources to support your goals.



Step 2: Making a Plan

Together, we create a Family Action Plan that fits your needs, help you understand local services, and show you how to find and use resources on your own in the future.



Step 3: Moving Forward

We help you put together a Transition Plan so you're ready to move forward, and we make sure you've got the support and next steps you need to keep going strong.



Better Mental Health Support:

Families feel more satisfied with the care they receive and the resources they can access.

Less Stress for Caregivers:

Family caregivers feel more supported and less overwhelmed.

More Involvement in Care:

Families feel more included and confident in making decisions about how to meet their needs.

Easier to Find Help:

Navigating the mental health system becomes less confusing, with better coordination between services.

Improved Access to Insurance and Services:

Families get help understanding and using insurance to access the care they need.

