The Current

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June 2025

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Welcome To Summer: "Under the Sea" party!
Looks like these two were ready for the beach party! George Stewart and Jim Townsend were enjoying this fun-filled afternoon celebrating sunshine, friendship and the joy of community life!
See more fun photos inside on pages 10-11.

Spring Harbor AT GREEN ISLAND

WELCOME HOME

Welcome Home New Residents:

Beth Taylor	Villa # 12
Linda Brannen	Apartment # 544
Judy Ebert	Apartment # 656

McDougall's Message

Executive Director
Shane McDougall

Keeping the Mind Young at Heart

Who says learning stops when school ends? At Spring Harbor, we believe that curiosity doesn't have an expiration date. Lifelong learning is one of the best ways to stay engaged, sharp and joyful as we age. Each year studies continue to show the importance of continuing to learn new things. This practice improves memory, boosts mood and even lowers the risk of cognitive decline. But beyond science, learning can simply be fun and it's even better that you get the opportunity to do this in a safe and fun environment with fellow residents.

As a dimension of our wellness program, Spring Harbor is continuing to work on offering residents the opportunity to focus on lifelong learning. We have partnered with the Spring Harbor Foundation to offer a few presentations each year on current ongoing topics. Our Life Enrichment team offers education opportunities such as last month's presentation on Scam and Fraud. The Spring Harbor library is a great place to start. Pick up a book that maybe you would not typically read and see if it opens your mind to new ideas. Try your art skills with other residents in our monthly art classes. The goal is to continue to stimulate the mind. Just as exercise is crucial for our physical wellness, exercising the mind is equally important.

I encourage you to attend some of these activities and presentations so that you can continue to expand your knowledge, explore new concepts and utilize new ways of thinking in the face of new challenges. If you have an area of expertise or a passion you would like to teach or talk about, reach out to our Life Enrichment team. Residents leading workshops or discussion groups is one of the most enriching ways we learn from one another. It is never too late to be a student of life.

Shane McDougall, Executive Director

The Spring Harbor Foundation would like to thank the following donors for their contributions:

In Memory of Steve Scott:
Ed & Sharon Sprouse, Gail Jebavy, Jim Hollander & Betty Nicholson, Sharon Adams, Carolyn Phillips, Stephen Johnson, Monty Thorne, Tom & Sherry Wade, Barbara Waller, Fred & Alice Barlow, Loraine Stewart

In Memory of Charles Cox:
Karen Wylie, Stephen Johnson, Erwin Key, Tom & Sherry Wade, Sharon Adams, Dot Stotser

In Memory of Bea Trimble:
Paula Norton, Karen Wylie, Sharon Adams

In Memory of Dixon Belk:
Carolyn Phillips, Gail Jebavy, Stephen Johnson, Tom & Sherry Wade, Sam & Lee Miles, Fred & Alice Barlow, Ed & Sharon Sprouse, Barbara Waller, Mary Hudson

In Memory of Irene Champion:
Loraine Stewart

In Memory of Jack Passailigue:
Bill & Inge Henry

In Memory of Judy Thomas:
Dot Stotser

In Memory of Bob Carpenter:
Dot Stotser

In Honor of Adleyn Scott:
Monty Thorne

In Honor of Sandy Yarbrough:
Loraine Stewart

In Honor of Jim Harbison and the Woodshop:
Ed & Sharon Sprouse, Pat Harmann

Contributions to the Spring Harbor Foundation Fund are tax deductible to the extent of the law

Welcome to Council Corner

YOUR monthly news, from YOUR Resident Council

Sandee Scruggs
Chairwoman

Employee Gift Fund Raffle
2nd Place Winners

Brenda, Bernita, Chef and Bob

Bob and Brenda Ammerman enjoyed a special Gourmet Dinner with Wine Pairings for Two by the outside fireplace that they won in the raffle for the benefit of the Employee Gift Fund. It was a delicious five course dinner paired with outstanding wines and beautifully presented by Chef Marc and Bernita. The experience exceeded all expectations.

The evening was extra special recognizing that the promotion raised $5,000 for the Employee Gift Fund. Thanks to all that participated in the Employee Gift Fund Dinner Raffle. This is our chance to show our wonderful employees just how special they are to us. We hope to meet or exceed last year's bonus so please don't forget to make your donation soon so we can be ready to hand-out their 2025 Christmas Bonus.

Q&A Several residents have shared their comments and concerns with me. I encourage you to also attend monthly forums to learn more about what is happening in our community and provide input in areas of interest. Your comments and concerns play a vital part in making Spring Harbor the best it can be! Example: Spring Harbor Operations Forum-Residents requested better security near certain areas of the building. Five new cameras have been installed. They are located inside near the loading zone between buildings three and four of Independent Living and the entrance to the main lobby.

Hope to see you at the July forums:

July 1st:	**Healthcare**	**10:30 Event Center**
July 2nd:	**Operations & Grounds**	**10:30 ACR**
July 3rd:	**Activities**	**10:30 MR3**
July 3rd:	**Food**	**2:00 Event Center**

(Activities Forum moved to July 3rd due to July 4th holiday)

July 15: Town Hall **10:30 Event Center**

Sandee Scruggs, Chair, Resident Council

Mission Statement - The Current Newsletter:
"Our newsletter is a monthly celebration of life in our community – a space to share stories, stay informed, and stay connected. Through updates, reflections, and uplifting moments, we aim to foster a sense of belonging, purpose, and joy for every resident."

Foundation News

Mike Is So Proud!

Bob Ammerman
Chairman

Mike Campbell, Director of Health Care Operations, can hardly contain himself. He is so proud of the newly renovated Skilled Nursing Center. What a metamorphosis, he exclaims! The before and after is striking. There is new flooring, inspiring wall color, and bright new lighting. The lobby is inviting and cheerful. An office has been crated for the Director of Nursing and the nursing station has been redesigned. A conference room has been created for staff to meet with residents and families. Skilled Nursing residents and their families are delighted with the changes. If you need to be there, it is a great place to be!

The Health Center Residents and Staff are so thankful to the Foundation for their continuing commitment to improve the Quality of Life at our Health Care Center.
Mike Campbell

The Spring Harbor Foundation is playing a major role in the renovation by purchasing new furniture for all the common areas, sunrooms, conference room, and director's office. In 2024 the Foundation purchased new recliner chairs for resident rooms. In total the Foundation has committed nearly $175,000 to the Skilled Nursing Center. Inserted in the body of the article are a few pictures of furniture pieces added. Independent Living residents are encouraged to visit Skilled Nursing and see the changes for themselves.

Supporting the Health Center is one of the Foundation's top priorities. Later this year, Personal Care will be renovated. We will help there as well. When Memory Center redesign is complete and furniture requirements identified, the Foundation will step up again.

The Foundation's contributions are possible because of the generous support of Spring Harbor residents.

Thank you for your support of the Spring Harbor Foundation

Residents Helping Residents

The Golden Gallery

Photo Exhibit Features the Work of Jim Gates

The Golden Gallery will feature photographs taken and printed by late resident Jim Gates, who lived at Spring Harbor from 2006-2024. Jim had a long love of photography, beginning as a pre-teen when he had a dark-room at home. When he and his wife, Sally, moved here, Jim set up a digital scanner and Epson SureColor P800 printer, which along with new techniques in Photoshop, allowed him to become a master printer in his apartment. In the 2010s, he and his good friend Dr. Bill Edwards became photography partners, going on photo shoots to learn the new technology of digital cameras such as drones; the Gigapan process for panoramas, as well as Osmos equipment. Bill Edwards organized this exhibit to illustrate Jim's mastery of the art of printing. It will hang in July and August. Please take time and stroll down our Art Gallery hallway, located on the 3rd floor, just past Dr. Jamal's office.

In Loving Memory

Richard Clark

Malinda Johnson

Caregiver Support Group meets on Tuesday July 29th at 1:00pm in Meeting Room 3 (3rd floor)

Town Hall Meeting
Tuesday
July 15th
10:30am
Event Center

Join Shane McDougall as he discusses all the news and introduces our employee of the month!

New Resident Spotlight

Frank Comer Apartment # 663

For the past 8 years, Frank lived above Wynnton Hardware in Midtown Columbus. He grew up in Russell County, AL. on a farm south of Pittsview. Frank says "when looking at my resume, you would think I couldn't hold a job!" He has been in the cattle business, financial consulting, electronics, Chamber Director, retail sales. He sold everything from Buster Brown shoes to goldfish! He says that his ex-wife owns Travels By Donna here in Columbus. She has won many awards in the travel industry and Frank would definitely recommend her for your travel plans. Frank has six children and thankful that they all are under God's protection and direction. He says the only real hobby he has is his work. He gets great joy in helping others. Frank says "everyday is a gift, absorb the good from each day and purge the bad but learn and seek God's blessings in both." He also says, "I enjoy journaling God's teaching, getting these thoughts in print and passing them on to my children and theirs."

Please give Frank a warm Spring Harbor welcome!

2025 Foundation Society Members

Through June 24 fifty three resident households have achieved some level of Society Status. Membership can be earned with as little as $100. Contributions are cumulative through the year toward your ultimate level of recognition. Through resident generosity the Foundation is really making a difference in our **Quality of Life** and the **Future of Spring Harbor.** Please continue to contribute. If you are not yet a 2025 Foundation Society Member, please join today. Contributions can be made to Amy Cloud in the Administration Office or call Bob Ammerman.

Sharon Adams
Peter & Sharon Anello
Bob & Brenda Ammerman
Fred & Alice Barlow
Sue Bedenbaugh
Norm & Jan Bennett
Pat Blackburn
Charles & Mary Brown
Butch Deaton
Phil Engstrom
Carrie Foushee
Barbara Gilliam
Angie Gordy
Mrs. Richard Hallock
Dave & Susan Halmrast
Pat Harmann
Bill & Inge Henry
Wade & Janice Hill
Michael & Elizabeth Hipps
Betty Jo Hooks
Gail Jebavy

Levels of Recognition

Sunset Ridge	**$ 5,000 and over**
River Bend	**2,500 to 4,999**
Bright Horizon	**1,000 to 2,499**
Morning Light	**500 to 999**
Bay Point	**250 to 499**
Beacon Pier	**100 to 249**

Ways to Give

Checks	**Stock**
Bank Drafts	**IRA Distributions**

Charles & Pam Johnson
Ann Key
Erwin Key
Florence Lipham
Jean Lurker
Sam & Lee Miles
Cheryl Mortenson
Betty Myrtle
Iona Neaves
Jim Holland & Betty Nicholson
Paula Norton

Donna Page
Thomas Paul
Carolyn Phillips
Edith Satterwhite
Bill & Nell Scrantom
Ed & Sharon Sprouse
George & Susan Stanton
Loraine Stewart
Dot Stotser
Douglas & Lisbeth Thom
Monty Thorn
Billy & Judith Turner
Thomas & Sherry Wade
Barbara Waller
Janice Watson
Johnny Watson
Christine Weaver
Ron & Karen West
Rex Whiddon
Richard & Anne Wilson
Karen Wylie

Night at the Museum: National Infantry Museum

On June 13th, Spring Harbor took a bus to the National Infantry Museum for Night at the Museum. Officer candidates dressed in period uniforms were embedded in the exhibits and came to life as we went by them. They recounted the action taking place at the exhibit in a 'first person' account. This was to celebrate the 250th anniversary of the Infantry and the Army which was the following day.

1) Bill & Rebecca Rumer, Sam Miles and Peggy Bladen. 2) Greg & Joanie Camp, Ann Bingham, Ron & Karen West 3) Soldiers in uniform 4) Bill & Nell Scrantom & Betty Jo Hooks 5) Soldiers and Betty Jo Hooks 6) John Hargrove and Beth Thrift

Employee Gift Fund

HAPPY EMPLOYEES MEAN HAPPY RESIDENTS

Reaching a goal isn't always smooth sailing. There are always challenges, doubts, and times when it feels like you're not making much progress. But every bit of help counts, no matter how small it seems. So, let's keep moving with a positive outlook. Big achievements start with steady progress and the courage to keep trying. We have five months to go to achieve the level of support for the employees y'all demonstrated last year, but about 75% of that amount is yet to be realized. Once again, please help me show the employees how much we appreciate them. *Norm Bennett*

John Querna Finishes Model Ship Project

John Querna recently completed work on this model of the Swedish steamer Bohuslan. The actual ship is 1510 feet long; the model is 3 feet long. The ship built in 1914 was saved from being scrapped by public donations and now makes short excursion trips from the port of Goteborg. Interestingly, he had this model kit in his possession for 52 years but he never attempted to build it because he did not have a saw capable of cutting out many small parts from very thin mahogany without chipping or breaking them. However, now, with the use of the fine band saw in the Spring Harbor wood shop, the model is finally completed.

To see his model ship: it will be on display one day only! Monday, July 14th from 11:00am till 4:00pm on the 3rd floor by the Gift Shop

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The Hill's 60th Wedding Anniversary

Mike & Martha Hill had a wonderful celebration in honor of their anniversary with family and friends. They had precious napkins made with their original wedding photo on them and the most beautiful white cake to share! There was food, drinks, photos, memories and a special dance to celebrate their love.

National Donut Day Was Filled With Sugary Glaze and Yummy Chocolate Glaze!

Having fun at the donut "To-Go" windows are: Emily Miller, Gail Jebavy and Eileen Kvicala, Marsha McLaurin, Lee and Sam Miles and last but not least is Betty Jo Hooks laughing at the fact that our FITNESS COORDINATOR, John, is handing out donuts!!!

Please watch for more details to follow about this wonderful event!

Patriotic Craft Class

Everyone created beautiful patriotic door hangers for their apartments! L-R are: Judy Byrum, Pam Gray, Carolyn Phillips, Carolyn Cooper and Karen Wylie.

Bob & Brenda Ammerman recently vacationed by train across Canada from Toronto to Vancouver! Bob said, "It was a true adventure!"

Residents recently went to Lane Peach Company in Ft. Valley, Ga. for fresh peaches!

Joy For Mitzi Allen
She recently had all four of her daughters visit at once!

Resident Submissions and Beautiful People!

Top Row of beautiful flowers are all in Joyce Moffitt's flower garden!

Ann Venable

Fountain flowers in the Bistro Courtyard

HUGE, beautiful moth photo taken by Pat Haney in the parking lot!

Emmet & Judy Byrum's "Cece"

Sandee Scruggs' baby, "Thomas Jefferson"

Janice Hill's tomatoes

Big turtle by our pond

The BLT Team! L-R) Sean, John, Tiffany, Sarah Kate, Pat, Kendra and David

B.L.T. Day

Virginia Shine

Ann Johnston

Barbara Waller

Ice Cream Day

Karen & Ron West

Pam Gray & family

Bill Edwards

Liz Kendrick

Welcome Summer

Party

Sandee Scruggs

Tom Kendrick as "Jaws"

Roger & Raylene Parker

Tom & Liz Kendrick

Gib & Freddie Richardson

Anne Wilson

Philip Chan

Mary Lu Gunn

Melba Spurlock

Peggy Bladen, Margie Courtright, Linda Brannen, Betty Nicholson and Jean Lurker

Betty Jo Hooks, Marsha McLaurin

Erwin Key and her daughter

Lee and Sam Miles

Karen Wylie, Gail Jebavy

Cheese Ball

Joan Schraufek

Nancy Powell

Mary Lu S., Rosie, Mary Lu G., Sandra

Mike & Betty Hipps

George Stewart

The Wallmans

Beverly Belk

Mitzi Allen

Joyce Moffitt

78 Join Auxiliary's Youth Volunteer Program

The Piedmont Columbus Regional Auxiliary welcomed 78 high school students into its 60th class of the Youth Volunteer Program. The goal of the summer program is to attract and retain high school students ages 14-18 who are interested in pursuing a career in health care but have never gotten a taste of the industry. Thirty-five departments across the Midtown and Northside hospital campuses, the John B. Amos Cancer Center as well as the Bill and Olivia Amos Children's Hospital will house the student volunteers. They will be serving in areas like Patient Transport, Outpatient Surgery, Patient Experience and Environmental Services– just to name a few. Students had to complete an application, essay and interview process before being selected to join the prestigious program, which was started in 1965 and is celebrating its 60th anniversary this year.

New Providers Join Piedmont

Please welcome urogynecologist and pelvic surgeon (left) **Felicia Rhaney**, M.D., to the Piedmont family. She completed an obstetrics/ gynecology residency at Atrium Health Navicent in Macon, and a urogynecology fellowship at Northside Hospital in Atlanta. Dr. Rhaney's clinical interests include menopause and non-hormonal treatment options, urinary incontinence, pelvic floor disorders and symptomatic uterine fibroids. She is accepting new patients at Piedmont Physicians OBGYN Columbus, joining **Karen Stuart**, M.D., and **Tim Villegas**, M.D.

Please welcome vascular surgeon (top right) **Homer "Trey" Keadle**, M.D., back to the Piedmont Columbus family. He completed a general surgery residency at Atrium Health Navicent in Macon, and a vascular surgery fellowship at the University of Tennessee Medical Center in Knoxville. Dr. Keadle specializes in hemodialysis access, peripheral vascular disease, peripheral artery disease, abdominal aortic aneurysm, deep vein thrombosis and carotid endarterectomy. He joins the Piedmont Heart Institute.

John B. Amos Cancer Center Offering New Support Services Class

Healing breath: a meditation class of cancer recovery meets every Tuesday from 1:30 to 2:30 p.m. in the June Wright Conference Room at the cancer center. This class will provide oncology patients with healing breath for recovery. Meditation reduces stress and anxiety, helps manage pain and discomfort, improves sleep and relaxation, plus creates a sense of peace, hope and emotional resilience

This program is free to all John B. Amos Cancer Center patients, which can reserve a seat by calling 706-320-8700.

Guess Who Duo?

Can you guess who these little pony riders are? They are married now, *the kids, not the horses*!

(answer on back page)

Seek-and-Find

Seek-And-Find! Be the first resident to find this starfish and you win a prize! Once you find it, call Pat Haney 706-576-6017 and leave a message stating exactly where you found it and your name. Her phone will record the date and time you called, and she will know who called first! Have Fun looking for it!

When You Look Great, You Feel Great!

The Spring Harbor Gift Shoppe can make you look good too! Here is Jody Scott looking great in her new outfit that she got right here at home! Stop by the shoppe and let Kendra make you look great too!

Jennifer Saavedra Concert
Tuesday July 29th
4:00pm
Event Center

Trivia by Margie

1. What is Clara Barton known for?
2. Who's missing? George Byrnes and _____.
3. In 1973 who lost the tennis battle of the stars to Billie Jean King?
4. In 1953 who was on the first cover of Playboy?
5. Which TV western was about the Cartwrights?
6. In 1958 what duo sang " All I have to do is dream.?"
7. What was the motel name in the movie Psycho.?
8. What is the chemical element represented by the symbol FE.
9. Lourdes is a French town, located at the foot of what mountain range.?
10. A kumquat has a flavor similar to what other fruit?
11. A pelican gets his pink color because of what?
12. Halifax is the capital of what Canadian province.?

~ answers on page 15 ~

Grace Presbyterian Church

Our new resident Jim Hutchenson attends Grace Church just across the street from Spring Harbor and he has made arrangements for the church bus to come to Spring Harbor on Sundays at 10:10am and take residents to Grace church service. The bus would return you at 11:50am.

Before we can actually do this, we need to know if we will have enough people to go, to make it worthwhile for the church.

If you are interested in this service and you would like to ride the church bus, please sign the **"Interested"** sign-up sheet that is on the 3rd floor sign up desk and if we get enough residents that want to go, then we will make this happen!

If you have any questions, please call Jim Hutchenson at 706-587-2073

July Birthdays

Pam Gray	2nd
William Henry	4th
Mary D. Landers	7th
Nell Scrantom	8th
Ed Sprouse	11th
Margie Cain	14th
Brenda Ammerman	20th
Phil Engstrom	22nd
Beth Taylor	23rd

Bob Ammerman	24th
Butch Deaton	24th
Martha Coppage	30th
Early August birthdays:	
Buster Bickerstaff	2nd
Dot Stotser	2nd
Kathleen Broda	3rd
Roger Parker	3rd
Richard Wilson	3rd

If your birthday is in the month of July, you and one guest may join us on the third Thursday of the month for cake and champagne! Join us in the Event Center on Thursday, July 17,at 2:00pm

June Birthday Party

Ann Venable wins LCR game!

L-R: Karen & Ron West, Bill & Nell Scrantom, Gib Richardson, guest, Nell Parker, Marsha McLaurin, Charles & Mary Brown, Freddie Richardson, Peggy Bladen and her sweet daughter.

Mim Hallock Celebrates Big

Top photo is Mim with her beautiful birthday cake! L-below) Private dining room birthday party, starting at the left of the table are: Sarah Rollinson, Joanie Camp (host), Susan Berry, Mim Hallock, Cathy Williams, Greg Camp and Janice Van Meter. Bottom left: Mim celebrates her birthday with another party with friends. (too many to mention) and the last photo Mim is sitting in Norm's lap for a cute photo!

Employee of the Month
Congratulations to
Terrato ("TP") Hall
Forefront, Dining Services

TP has worked here at Spring Harbor for over 5 years and he is one of our cooks! He says the thing he likes most about working here is his relationships with the residents. He was married for 9 years and now is a widower. He was born and raised here in Columbus in a big family of 7 children and he is the baby of them all! At home he has a Yorkie that he loves named "Butterscotch". In his spare time he enjoys listening to music, watching Auburn football and playing video games. He thanks everyone who nominated him!

~Congrats TP~

Little Church at the End of The Hall,
Service:
Every Sunday
10:00am
Arts & Crafts Room

During the week of July 7th-10th

There will be construction going on in the Event Center. Please be prepared for events and classes to be rescheduled or moved to other locations or dates during this week. Signs will be posted on the Event Center doors of any changes. Please pardon our progress!

Thank you-
Management

Trivia Answers

1. The American Red Cross
2. Gracie Allen.
3. Bobby Riggs.
4. Marilyn Monroe.
5. Bonanza.
6. The Everly Brothers.
7. The Bates Motel.
8. Iron.
9. The Pyrenees Mountains
10. Orange.
11. What he eats.
12. Nova Scotia.

The Spring Harbor Bar Flies are a group of friends that meet at the Bar in our Blue Heron. Beverly Belk's late husband had her a special shirt made: "Champion Fly Swatter!!!" She loves her t-shirt!

David Hay Sings in Concert

Sunday July 27th
3:00pm Event Center

Transportation Note

Resident Reminder:
You MUST give our drivers a 48 hour advance notice for all transportation appointments!

706-576-6021

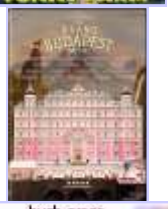
Showing in our theater in July

Come on in the beautiful Spring Harbor theater and enjoy a movie! Bring your friends and make it fun! Movie shows daily at 2pm and 7:15pm.
Ask Life Enrichment to start the movie for you!
After hours, see the Concierge Desk!

June 30th-July 6th **Mary Poppins** **1964** **2 hours 19 mins**
Rated G Classic/Musical/Comedy/Family
In turn of the century London, a magical nanny employs music and adventure to help two neglected children become closer to their father.
Stars Julie Andrews and Dick Van Dyke

July 7th-13th **God's Not Dead** **2014** **1 hour 53 mins**
Rated PG Drama/Romance
College philosophy professor Mr. Radisson's curriculum is challenged by his new student, Josh, who believes God exists.
Starring Shane Harper and Kevin Sorbo

July 14th-20th **Funny Farm** **1988** **1 hour 41 mins**
Rated PG Slapstick comedy
A couple swap city life for the country, but their picturesque new hometown turns out to be just a little bit different to what they were expecting. Stars Chevy Chase



July 21st-27th **The Grand Budapest Hotel** **2014** **1 hour 39 mins**
Rated R Quirky comedy, drama
A writer encounters the owner of an aging high-class hotel, who tells him of his early years serving as a lobby boy in the hotel's glorious years under an exceptional concierge.
Starring Ralph Fiennes and F. Murray Abraham

July 28th-Aug. 3rd **About A Boy** **2014** **1 hour 39 mins**
Rated PG-13 Comedy, Drama, romance-Will, who attends single parent meetings to woo women, meets Marcus, a troubled 12-year-old boy. As they become friends, Will learns to be responsible while he helps Marcus with his studies.
Stars Hugh Grant and Rachel Weisz

Guess Who from page 13. . . . . Lee and Sam Miles!

Fine Dining Room

Hours: Monday—Saturday 11:00am till 7:00pm
Reservations are required if 5 or more..
Dining Room is closed on Sunday.

Sunday Brunch is served in the Formal Dining Room and
RESERVATIONS ARE REQUIRED FOR BRUNCH
11:00am till 2:00pm
Casual attire/No hats/ No jeans (Jeans ok at Sunday brunch)

Blue Heron Bar & Grill

Hours: Monday-Saturday 7:00am till 7:00pm

Closed on Sunday
Now offering hot breakfast daily,
new menu items and
new Grab-N-Go case options!

Casual attire/Sporty/Jeans ok

The Current is a monthly publication by the Life Enrichment Department of Spring Harbor at Green Island, in beautiful Columbus, Georgia. A fine living continuing care retirement community.

Follow us on Facebook at www.facebook.com/SpringHarborSeniorLiving