

The Current

July 2025

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Rainy days in Georgia! Cover photo features our Janice Boyanchek and "Teddy" sporting their bright raincoats as they take a stroll during an afternoon rain shower!
"Teddy" says, when you gotta go, you gotta go!"



Visit our website at
www.springharborseniorliving.org

Also follow us on Facebook at:
Spring Harbor

McDougall's Message

“Spring Harbor Hits a Home Run”

I am happy to announce Spring Harbor will now serve as the primary sponsor of Senior Night at Synovus Park, home of Columbus’s Double-A Clingstones baseball team.

We are thrilled to partner with the local team to shine a spotlight on older adults in the Chattahoochee Valley. This sponsorship is more than just a community partnership—it’s a reflection of our mission. At Spring Harbor, we believe every senior deserves to be celebrated, supported, and valued. Senior Night at the ballpark gives us a fun and meaningful way to bring that message to the heart of Columbus.



Executive Director
Shane McDougall



Spring Harbor is a trusted leader in senior living, and we are excited to be a resource for seniors throughout the region. We are proud to serve the seniors who built this community.

Special ticket pricing for residents, employees, and seniors age 65+ is now available at the gate of Synovus Park at each Tuesday home game. More information to come.

The Spring Harbor Foundation Contributions for July

The Spring Harbor Foundation would like to thank the following donors for their contributions:

In Memory of Steve Scott:

Bill & Becky Rumer, Bill Edwards

In Memory of Dixon Belk:

William & Louise Smith, Bill Edwards,
Roger & Raylene Parker

In Memory of Jim Gates: Bill Edwards

In Honor of Jim Harbison (Wood Shop):

Butch Deaton, Betty Nicholson & Jim Holland

In Honor of Joan Schraufek: Beverly Belk

In Honor of Monty Thorne’s Birthday:

Bob & Brenda Ammerman

In Honor of Butch Deaton’s Birthday:

Bob & Brenda Ammerman

In Honor of Brenda Ammerman’s

85th Birthday:

Barbara Waller, Bill & Becky Rumer

In Honor of Bob & Brenda Ammerman:

Tom & Sherry Wade

In Honor of Richard Wilson’s Birthday:

Bob & Brenda Ammerman

General Fund:

Emmett & Judy Byrum, Bill & Nell Scrantom,
Norm & Jan Bennett, Mike & Ann Bingham
Phil & Sharon Engstrom

Congratulations To Spring Harbor and Staff for Presenting a Fabulous 20th Anniversary Party:

Bob & Brenda Ammerman

Contributions to the Spring Harbor Foundation Fund are tax deductible to the extent of the law



Quote from an employee when she was asked why she enjoys working at Spring Harbor:

“If I can put a smile on at least 1 residents face, then I have done a good job today!”

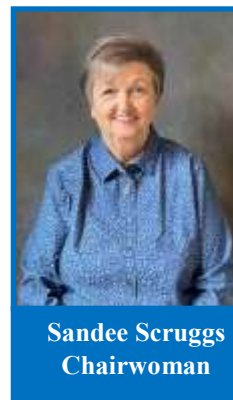


Welcome to Council Corner

YOUR monthly news, from YOUR Resident Council

Resident Council is in Your Corner!

Congratulations to Spring Harbor on their 20th Anniversary on July 25th. It was exciting to cruise around the various activities as we had the opportunity to go “Cruising the Years” on our cruise ship that never leaves port. Your August Current will showcase the Anniversary Celebration.



Sandee Scruggs
Chairwoman

Spring Harbor Forums

The best ideas come from our residents! I encourage you to attend monthly forums to learn more about what is happening in our community and provide input in areas of interest. Your comments and suggestions play a vital part in making Spring Harbor the best it can be! As a result of your input during the various monthly forums Spring Harbor has made several updates.

Spring Harbor Activities Forum

Monthly lunch and dinner trips

Residents requested to have both monthly lunch and dinner trips.

Music Mondays

We have several residents with musical talent that have graciously agreed to share their talents and Music Mondays have started. This has become a favorite event. You are invited to attend the 2nd and 4th Monday at 4:30 in the lobby.

Spring Harbor Food Forum

Residents requested a change to Sunday Brunch options. As a result, starting July 14th, Spring Harbor transitioned from a traditional buffet-style Sunday brunch to a plated entrée service for three weeks out of the month. Two of my favorites were the Southern Egg Benedicts and the Banana Foster French Toast. The rotating menu is continuously revolving so look forward to seeing different items each week. The 4th week will be the traditional buffet-style Sunday Brunch.

Hope to see you the August Forums:

August 1st:	Activities	10:30am	ACR
August 5th:	Healthcare	10:30am	Event Center
August 6th:	Operations & Grounds	10:30am	ACR
August 7th:	Food	2:00pm	Event Center
August 19th:	Town Hall	10:30am	Event Center



Sandee Scruggs, Chair, Resident Council

Mission Statement - The Current Newsletter:

“Our newsletter is a monthly celebration of life in our community – a space to share stories, stay informed, and stay connected. Through updates, reflections, and uplifting moments, we aim to foster a sense of belonging, purpose, and joy for every resident.”



Foundation News

Healing Notes

The Foundation is proud to sponsor Healing Notes, a musical therapy program for Spring Harbor's Health Center residents and their families. The program was originally developed by the Schwob School for the John B Amos Cancer Center and debuted in the fall of 2024. After an acclaimed introduction, it is being introduced at Spring Harbor. The program will run for 38 weeks beginning in September. This elevated program will differentiate Spring Harbor from most other memory care providers.



Bob Ammerman
Chairman



Rex Whiddon

Rex Whiddon, a member of our Foundation Committee and Sr. Associate VP for Leadership Philanthropy & Strategic Initiatives at CSU, along with Paul Hostetter of CSU were responsible for Robert Sharpe, a Schwob School graduate, providing the funding to develop the program. Based on its success at the Amos Cancer Center, Rex has recommended the program for Foundation consideration. After review by Shane McDougall, our Executive Director, and Mike Campbell, Director of HC Operations, the program has been enthusiastically endorsed for Spring Harbor.

The performers are students at the Schwob School. Participants are selected by faculty based not only on their performing skills, but their ability to interact with staff, patients, and families in a constructive and supportive fashion. After selection, they receive intensive training from Dr. Brian Abrams, professor of music therapy at Montclair State University. This training includes a focus on therapeutic processes and protocols. Musicians learn to perform in ambient settings which differ from concert venues. They learn what kind of music should be programmed and what pieces work best in clinical settings.

Research indicates that music has a significant influence on Alzheimer's and Dementia patients impacting mood, behavior, and even cognitive function. Music can evoke emotions and memories, reduce agitation, improve communication, and strengthen the bond between patients and caregivers. Caregivers may experience less stress, improved moods, and have a more positive connection with their loved ones. Music can improve HC resident's quality of life.



Foundation programs are made possible by residents who support the Spring Harbor Foundation. **Contributions are made in memory of, or in recognition of, fellow residents.** Our **Foundation Society** recognizes incremental levels of annual giving. The **Legacy Society** is comprised of residents who have chosen to include the Foundation in their estate planning. Please contact Bob Ammerman for more information.

Wherever you look around the Spring Harbor campus you will find the Foundation's fingerprints. **Our broad focus is Security, Recreation & Wellness, Service Enhancement, and Communication Innovation. Our mission is to improve Quality of Life for Residents and contribute to the success of Spring Harbor.**



Thank you for your support of the Spring Harbor Foundation

Residents Helping Residents



Exhibit Continues Through August

Photo Images from New Viewpoints

The Golden Gallery

You are invited to visit the photography exhibit of images printed by the late Jim Gates, which will continue on display in Spring Harbor's Golden Gallery through the end of August. The oldest photograph is one that Jim took of then-senator John F. Kennedy when he campaigned for president in Warm Springs, Ga., on Oct. 10, 1960. Jim saved his negatives from that day and they were unpublished until an online magazine circulated the story and photos in 2014.



In the past 15 years, Jim and his friend, Dr. Bill Edwards, teamed up to use the latest available photography equipment like the DJI Drone, the GigaPan EPIC Pro Robotic Camera Mount and the DJI Osmo Video-blog camera. The Golden Gallery is located on the 3rd floor healthcare hallway just past Dr. Jamal's office. You can view the exhibit anytime.



In Loving Memory

Helen White

Maria Pfeifer

William Smith

New Spring Harbor T-shirts in 5 colors!

Stop by and
see Kendra in
the **Gift Shoppe**
and buy
yours today!



Our heart goes out to Joan Scott for the loss of her precious "Tizzy"



New Resident Spotlight

Linda Brannen Apartment # 544

Linda recently moved into our wonderful community from Perry, Ga., which is where she is originally from. She was a school teacher for 30 years with the majority of her students in kindergarten. She has a daughter, Ann Keadle, and her family live here in Columbus. Ann is married to Dr. Homer Keadle, a vascular surgeon. They have 2 children, Hayes (17) and Sara Grace (13) who both attend Brookstone. Linda also has a son, Ben Brannen, and his family who live in Macon, Ga. and they have 2 children, Lucy Cate (8) and Bass (4). Linda loves to play golf (but admits she needs help), has a love for music, putting together puzzles and doing word games. Something she has always wanted to do is learn to play Pickle Ball! Linda says she has led a wonderful life, has 2 amazing children who include her in everything they do and all places they go. She has traveled to Europe and to Hawaii and loved both trips!

Welcome Linda!



Library Update

We are excited to be adding a package room to the backside of our library. This will declutter the lobby and help with organization. Upon completion of the construction in the Library, ALL the Fiction books will be distributed to the bookcases on the elevator lobbies. To make room for the Fiction books, all of the Non-Fiction books will be removed from the elevator lobby bookcases. All of the decorative items on the bookcases will also be removed so that we can have room for the additional books. If you have any personal decorative items in the bookcases please go ahead and remove them.



The Library on the Main Floor will be strictly for the Non-Fiction books.

When the distribution of the Fiction books is complete, all Fiction books will have a red number on the inside first page of the book in the upper right hand corner. This number indicates which floor the book belongs on. Please return the Fiction books to an elevator lobby bookcase on the floor that the number indicates. All Non-Fiction books should be returned to the Library on the Main Floor of Spring Harbor.

We appreciate your cooperation in this endeavor to maintain some order of the books and to make books available to everyone.

Thank you.

Sean Slaughter, Director, Life Enrichment

Meet the Spring Harbor Health Center Leadership Team



Big things are happening at Spring Harbor in 2025! With a renewed focus on resident centered care, exciting renovations, expanded education and engagement, our Health Center is undergoing a beautiful transformation. Leading the change. Our growing clinical leadership team-now including 3 new clinical managers and a clinical systems clerk-who are dedicated to enhancing quality of life and ensuring excellence in care every step of the way.

As a Life Plan community, we offer peace of mind through all stages of aging-providing seamless access to multiple levels of care right here on our campus to include a board certified physician, Dr. M. Jamal. If you want to learn more about our Health Center and the care we provide, please visit springhARBORSeniorliving.org/



Every HOME GAME
that is on Tuesday night:
All residents and
employees can get tickets
for **HALF PRICE!**

All you have to do
is show your name tag
with the Spring Harbor
logo on it! Also good for
buy one/get one items in
the concession stands!

Go Clingstones!





Spring Harbor Celebrates 20th Anniversary

Everyone booked a cruise with many ports of call!
Residents: please know that since our anniversary celebration was so late in the month, all photos and fun from the cruise party will be in the next issue of *The Current*!
 It will be a very special Anniversary Edition!



Carl Wallman and
Bill Edwards

Did You Know That Playing a Game of Corn Hole is Good Exercise?!

Yes it is! According to John our Fitness and Wellness Coordinator, anytime you get up and move is good exercise! (well, going to the fridge for ice-cream is NOT considered good exercise) but we think you get the point! Join John and some of your neighbors for a fun game of corn-hole every Thursday at 9:30am. We play in the Event Center but if it's not too hot, we play in the Blue Heron courtyard. Bring a friend!



Shirley Groneman
and John Rhodes

Our Last "Welcome Season" Party of the Year

**Party
at our
Saloon**

"Welcome Fall"

**Coming in September, so get
ready for the big details
coming next month!**



Forefront Dining Services
hosted an amazing Market Day earlier

this month which included fresh peas, tomatoes, green tomatoes, fresh baked breads, homemade jams by chef Marc, beautifully created specialty doughnuts that were divine and so much more!



Bus Ride to Grace Church starts Sunday, August 3rd. If you would like to attend their church service, the Grace Church bus will arrive at Spring Harbor every Sunday morning at 10:10am. Please be at the front door and ready to go! After the service you will get back on the Grace bus and they will bring you back to Spring Harbor around 11:45am . You **DO NOT** have to sign up for any trips to this church, simply show up on time and ride their bus! This is a free door-to-door service arranged by our own Jim Hutcheson. If you have any questions, please feel free to call Jim. Please visit their website at <https://www.gracechurchcolumbus.org>

(you do not have to be a member of this church to attend their services)

Church Paintings on 3rd Floor Hallway Have Been Removed

The 10 watercolors of Georgia Historic Churches by artist Gloria Sampson in the third floor hallway at Spring Harbor were on loan to Spring Harbor from the Columbus State University Archives collection. The 10 were recently returned to the CSU Archives to be re-photographed so they can be featured in a new edition of Gloria's book, "Historic Churches and Temples in Georgia." As this time, we are not sure if we will get them back to display but we will let everyone know as soon as we know. We are waiting to hear from CSU, they may send us other artwork to replace it with.



If you are interested in volunteering to visit a resident in our Healthcare Center, we are in need of one-on-one regular visits. If you are interested in being a volunteer, please contact the Health Center Activities Manager, Ann, by calling or texting her at 706-587-3963. Please give your name, phone number and days and times you are available!

Resident Submissions and Beautiful Things!



Sent in by Linda Wallman.
Jim Harbison mastered the lost art of chair caning to restore this rocker for her!



Pat Haney literally stalked this butterfly for 20 minutes, until he landed and she could take this amazing photo! He was on a flower bush in the parking lot



Janice Boyanchek's lilies and a spectacular bird bath!

Two Residents Discover They are in Same Childhood School Photo

Jean Puckett sent in this kindergarten class photo from Wynnton Elementary School, around 1938!

Jean is the girl circled in the front row, and they discovered that Randall Norris is the boy circled in the top row!

I think they sat Norris near the teacher so that he would behave!! Hee Hee!



Stunning Sunset Photos From Our Residents

Special thanks to Norris Randall and Nancy Powell for taking and sending in these beautiful sunsets over



Norris Randall

Spring Harbor!
Thank you for taking the time to send them in to share with everyone!



Nancy Powell

Good News!



The Spring Harbor Gift Shoppe
has lots of new items coming in weekly!
Be sure to stop in at least once a week and see
what's new! Kendra is always happy to see you!



New summer dresses, adorable dog mugs, summer door hangers and summer clothing sets.



Spring Harbor Loves Their Staff!

And the staff loves
ice cream!
The Human Resources
team and directors,
served up an afternoon
treat with ice cream and
all the yummy toppings!
With a cherry on top!



The Fabulous Fifties *Shared by Norris Randall*

Born between 1930 and 1946 places you in an exceptionally small group – just 1% of your generation remains today. Ranging in age from 77 to 93, your lifetime represents a singular period in human history.

Consider this:

You entered a world of difficulty. Your generation emerged from the Great Depression and you witnessed a global war. You experienced rationing, collected scrap metal, and practiced resourcefulness – waste was avoided. You recall home delivery of fresh milk. Life was less complex, focused on essential needs. Discipline was a consistent element from both parents and educators, with little tolerance for justifications.

Your imagination served as your entertainment. Without television, you engaged in outdoor play and constructed elaborate mental worlds based on radio broadcasts. Families gathered to listen to news and programs together. Technology was rudimentary. Telephones were shared, calculations were manual, and newspapers were the main source of information. Thoughts were recorded on typewriters, not computers. Your early years were stable. The post-WWII period ushered in a hopeful future – absent of terrorism, the internet, and discussions about global warming. It was a prosperous time marked by optimism, progress, and security.

You are the final generation to have lived when:
Black-and-white television was advanced technology.
Major roads were not yet freeways.
Shopping involved visits to central business districts.
Polio was a significant health threat.

While your parents dedicated themselves to rebuilding after the war, you matured in an environment of abundant opportunities. You flourished during an era of peace, advancement, and safety that the world may never again experience. If you are beyond 77 years old, feel a sense of pride in having navigated these remarkable times. You are among the fortunate 1% who can truthfully say, . .

“I lived through the best of times.”



20th Anniversary Photo Slideshow:

If you did not get a chance to view the slideshow on the night of the party, or you would like to see it again, we will be showing it again on

Monday, August 11th at 1:00pm in our theater.

**Nobody told me that
when you get a
husband, the ears
are sold separate**

**LAUGHTER IS THE
BEST MEDICINE**

**Be grateful that no matter
how much chocolate you
eat, your earrings will still fit.**

**Why did the deer
go to the dentist?**

He had buck teeth !

Shortly after a British Airways flight has reached its cruising altitude, the captain announced: “Ladies and gentlemen, this is your captain. Welcome to flight 293, non-stop from London to New York. The weather ahead looks good, so we should be an uneventful flight. So, sit back, relax and. “OH....MY GOD!” Silence followed. . . . complete silence Some moments later, the captain came back on the intercom. “Ladies and gentlemen, I’m sorry if I scared you. While I was talking to you, the flight attendant accidentally spilled hot coffee in my lap! You should see the front of my pants!”

**From the back of the plane, an Irish passenger yelled. . . .
“For the Luvva Jaysus, you should see the back of mine!”**

Piedmont Opens First QuickCare Location in Columbus

Piedmont has opened its first Piedmont QuickCare location in the Columbus area inside the Whittlesey Boulevard Walmart in North Columbus at Columbus Park Crossing. The clinic treats patients ages 18 months and older— offering treatment for minor injuries, non-life-threatening illnesses, vaccinations, sports and camp physicals and wellness services. Piedmont QuickCare complements Piedmont’s existing options— virtual visits, primary care, specialty care, urgent care and emergency care. In addition to being the first Columbus-area QuickCare, this is the first location at a Walmart. Piedmont QuickCare’s 25 other locations across Georgia are at a Walgreens, pharmacy or standalone. Patients can conveniently [schedule an appointment online](#) or just walk in to receive care. Board-certified family nurse practitioners see patients at Piedmont QuickCare Monday-Friday 8:30 a.m. to 7 p.m. and Sat-Sun 9 a.m. to 4 p.m. [Visit **Piedmont.org/QuickCare**](#) for more information.

Piedmont Columbus Residency Programs Honor Graduates, Welcome New Residents

Piedmont Columbus Regional celebrated the graduation of 54 residents across its Nurse, Family Medicine and Pharmacy residency programs. The Transition to Practice Nurse Residency Program celebrated 35 nurse residents who have completed their first year as a registered nurse.

Piedmont's [Transition to Practice Nurse Residency Program](#) is a formal, structured, evidence-based, 12-month program designed to foster Piedmont nurses practicing evidence-based care. Through learning and clinical experiences with preceptors, ongoing support from experienced educators, mentors and leadership, the residents are integrated into a culture that prioritizes and supports their growth. The program’s goal is to enhance the onboarding and residency experience of new graduate nurses beyond just skill acquisition to address the array of challenges in the transition from student nurse to competent, confident practitioner.



Eleven physicians were honored in a commencement ceremony for the Family Medicine Residency Program’s 50th graduation class. Of the 11 graduates, four will remain in Georgia.

When established in 1972, the [Family Medicine Residency Program at Piedmont Columbus Regional Midtown](#) became the first of its kind in Georgia and one of the first in the Southeastern United States. More than 1,000 family physicians have graduated from the nationally recognized program. It is a fully accredited, three-year program that emphasizes the development of clinical responsibility in a strong academic setting.

In March 2025, 14 doctors matched with the program and joined Piedmont Columbus to complete their residencies.

Eight pharmacists graduated from the Pharmacy Residency Program and were honored at a commencement ceremony. Residents will complete core rotations in the areas of Ambulatory Care, Central Distribution, Critical Care, Emergency Medicine, Infectious Disease, Internal Medicine Oncology, PEDS/Neonatology, Practice Management, and Transitional Care Clinic. In March 2025, ten residents matched with the program and joined Piedmont Columbus to complete their residencies.



Guess Who?



Can you
GUESS
WHO
This pretty
girl is?
(answer
is on
the
back page)

I need more "Guess Who" photos, baby pics, toddler or even teenage! Bring your photo by my office or email it to Pat Haney, Life Enrichment

Seek-And-Find

Seek-And-Find! I made it really hard this time, so look carefully! Be the first resident to find this triangle and you win a prize! Once you find it, call Pat Haney 706-576-6017 and leave a message stating exactly where you found it and your name. My phone will record the date and time you called, and I will know who called first!

Last month's winner was Marsha McLaurin!

Mixology Class

Bernita from Forefront will be hosting her favorite class! Thursday, August 21st in the Blue Heron Bar at 3:00pm.

YOU MUST SIGN UP!

Note: this class is **VERY LIMITED**, there will be host at the door and you can only enter this class if you made the list before the cut off limit. Please do not attempt to "sneak in!"



Trivia by Margie

1. Who starred in "Grease" alongside John Travolta?
2. Can you name the four Beatles?
3. Which famous baseball player married Marilyn Monroe?
4. Who was the US president during World War II?
5. What is the longest running game show in TV history?
6. In what city was William Shakespeare born?
7. What is the name of the trophy given to the Super Bowl champs?
8. Who is Liza Minnelli's mother?
9. What is the only metal that's liquid at room temperature?
10. What is the name of the closest star to the Earth?
11. What continent covers all four hemispheres of the Earth?
12. How many pounds are in a ton?

~answers on page 15~

Dining Notes:

Big Dining Events in August!



**Friday
August 22nd**

**Hawaiian Luau
Dinner Event**



**Sunday
August 31st**
Grand Buffet



Watch for more details coming soon from Forefront



Marc

August Birthdays



Buster Bickerstaff Jr.	2nd
Dot Stotser	2nd
Kathleen Broda	3rd
Roger Parker	3rd
Richard Wilson	3rd
Monty Thorne	5th
Trish Burgess	6th
Mike Hill	7th
Sharman Taylor	8th
Linda Dent	9th
Melba Spurlock	11th
JoRhee Pezold	13th

Becky Rumer	14th
Jean Lurker	15th
Paul Groneman	16th
Ed Doyle	19th
Jack Pezold	20th
Anne Wilson	20th
David Durant	21st
Mary Flukinger	21st
Joyce Fingerhut	23rd
Betty Hipps	24th
Joan Schraufek	25th
Dot Doyle	26th

Joseph Golden	26th
Nancy Powell	26th
Emily Miller	28th
Joyce Sykes	28th
Mary Lu Gunn	29th
Norris Randall	30th

Early Sept. B-days:

Sherry Wade	1st
Sandee Scruggs	4th
Lisbeth Thom	4th
Shirley Groneman	5th
Will Sanders	5th

If your birthday is in the month of August, you and one guest may join us on the third Thursday of the month for cake and champagne! Join us in the Event Center on Thursday, August 21st at 2:00pm

July Birthday Party



Special thanks to Brenda Hamby and Synovus for providing us with our beautiful birthday cake!



L-R: Pam Gray, Butch Deaton, Brenda & Bob Ammerman



Happy 106th Birthday

to our precious Frances Lolley

Final Performance:

Our talented and precious Jennifer Saavedra played her final concert for our residents as she gets ready to move to South Carolina and finish her doctorate. Victor will stay and reside with us and take over her role in our "Musicians in Residence" program. She was presented

with a hand made reed box custom made by Jim Harbison with the silk bag made by Betty Jo Hooks.





Employee
of the
Month

Congratulations to Joann Brundidge Transportation-Driver

Spring Harbor opened its door in July of 2005, and Joann was the first driver we hired! This means, she has been here for 20 years! She loves her residents and they love her! Joann is a widow and has 3 children and 3 grandchildren and a great grand girl that is 2 years old. In her spare time she enjoys working in the yard, watching



movies and spending time with that precious great grand girl! Joann shared that she is so grateful to have been recognized as this month's EOM! This is her 4th time winning this award!

Congrats Joann!
Everyone says:

THANK YOU for 20 YEARS OF SERVICE!

Football Season



**College
Football
Season
is almost
here!**



**Friday
August 29th
Social Hour**



**FOOTBALL
KICK OFF PARTY!**



**There will be food and
the bar will be open!**

**Wear your favorite team
shirt and let's
have some**

FUN!



Trivia Answers

1. Olivia Newton-John.
2. Paul McCartney, John Lennon, Ringo Starr, and George Harrison.
3. Joe DiMaggio.
4. Franklin D Roosevelt.
5. The Price is Right
6. Stratford-upon-Avon.
7. The Vince Lombardi trophy.
8. Judy Garland.
9. Mercury.
10. The Sun.
11. Africa.
12. 2000 pounds.



Black & White Day



There was not a "wear black and white day!"
But these beautiful ladies just happened
to all dress that way on the same day
and it made for a cute photo!

L-R are: Amy Cloud, Executive Secretary,
Patsy Royster, Human Resources Director,
Kendra Smith, Gift Shoppe Associate,
Renee Gaddis, Human Resources/Payroll,
Devan Konn from Accounting and adorable
Brenda Hamby from Synovus!



Come on in the beautiful Spring Harbor theater and enjoy a movie! Bring your friends and make it fun! Movie shows daily at 2pm and 7:15pm. Ask Life Enrichment to start the movie for you! After hours, see the Concierge Desk!



August 4th-10th 2 hours 19 mins	As Good As It Gets Romance/Comedy/Drama	1997	PG13
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A single mother and waitress, a misanthropic author, and a gay artist form an unlikely friendship after the artist is assaulted in a robbery.
Stars Jack Nicholson and Helen Hunt



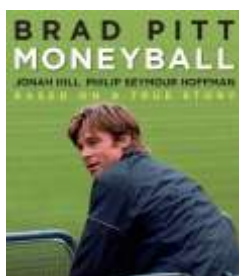
August 11th-17th 2 hours 34 mins	The Last Samurai Action/Period Drama/Tragedy	2003	Rated R
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In 19th century Japan, a US army captain, is hired by the Japanese emperor to train his army in the modern warfare. He struggles between two eras and two worlds.
Stars Tom Cruise and Billy Connolly



August 18th-24th 1 hour 44 mins	Harvey Comedy/Drama/Fantasy	1950	Approved
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A whimsical man is thought to be insane due to his insistence that he is best friends with an invisible, humanoid rabbit, but he may be wiser than anyone knows.
Starring James Stewart and Wallace Ford



August 25th-31st 2 hours 13 mins	Moneyball Baseball/Docudrama/Biography	2011	PG13
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Oakland A's general manager Billy Beane's successful attempt to assemble a baseball team on a lean budget by employing computer-generated analysis to acquire new players.
Starring Brad Pitt and Robin Wright

“Guess Who” photo from page 13 is. Beverly Belk! Such a cutie pie!

Fine Dining Room
<p>Hours: Monday—Saturday 11:00am till 7:00pm Reservations are required if 5 or more.. Dining Room is closed on Sunday.</p> <p>Sunday Brunch is served in the Formal Dining Room and RESERVATIONS ARE REQUIRED FOR BRUNCH 11:00am till 2:00pm Casual attire/No hats/ No jeans (Jeans ok at Sunday brunch)</p>

Blue Heron Bar & Grill
<p>Hours: Monday-Saturday 7:00am till 7:00pm</p> <p>Closed on Sunday Now offering hot breakfast daily, new menu items and new Grab-N-Go case options!</p> <p>Casual attire/Sporty/Jeans ok</p>

The Current is a monthly publication by the Life Enrichment Department of Spring Harbor at Green Island, in beautiful Columbus, Georgia. A fine living continuing care retirement community.



Follow us on Facebook at www.facebook.com/SpringHarborSeniorLiving

