

# THE CURRENT

Special

*Anniversary*

edition



R-L: Captain George Stewart, 1st Mate Wade Hill and Queen of the ship Janice Hill

August 2025



Please visit us at [www.springharborseniorliving.org](http://www.springharborseniorliving.org)



## Welcome to Council Corner

YOUR monthly news, from YOUR Resident Council



Sandee Scruggs  
Chairwoman

Congratulations to Spring Harbor on their 20th Anniversary on July 25th. It was exciting to cruise around the various activities as we had the opportunity to go “Cruising the Years” on our Harbor Cruise ship that never leaves port.

Residents picked up passports with a choice of stickers before boarding for an evening celebrating Spring Harbor’s launch twenty years ago. The outstanding decorations and culinary samplings reflected each port visited. One favorite was the Paris Café in the Arts and Crafts Room—what a transformation! It was the perfect spot to relax and enjoy the many desserts offered.

The theater provided us with a great slide show on how Spring Harbor looked from construction to present. It was interesting to see how much the landscaping has changed in just twenty years. A highlight of the slide show was meeting residents who were among the first to move into Spring Harbor and hearing their stories. Popcorn was an added treat and much appreciated!

Before disembarking, residents enjoyed music and dancing in the ship’s main ballroom. It was the perfect ending to a wonderful evening. Thank You Team Spring Harbor. We appreciate your hard work and attention to detail in making this a cruise to remember. . . . *Sandee Scruggs, Resident Council Chair*

### Please Join us at the September Forums and Town Hall:

<b>Tuesday</b>	<b>September 2:</b>	<b>Healthcare</b>	<b>10:30 Event Center</b>
<b>Wednesday</b>	<b>September 3:</b>	<b>Operations &amp; Grounds</b>	<b>10:30 ACR</b>
<b>Thursday</b>	<b>September 4:</b>	<b>Food</b>	<b>2:00 Event Center</b>
<b>Friday</b>	<b>September 5:</b>	<b>Activities</b>	<b>10:30 ACR</b>
<b>Tuesday</b>	<b>September 16:</b>	<b>Town Hall</b>	<b>10:30 Event Center</b>

### The Spring Harbor Foundation would like to thank the following donors for their contributions:

**In Memory of Seve Scott, Dixon Belk, Charles Cox, Bob Carpenter, Becky Duggan, Charles Kendrick-Holmes,:** Sally Gates

**In Memory of Dixon Belk:** Emily Miller

**In Memory of Maria Pfiefer:** Gail Jebavy

**In Memory of Dave Boyanchek:**

Gail Jebavy, Barbara Waller, Jean Lurker, Emily Miller, Betty Nicholson & Jim Holland, Bill Edwards, Karen Wiley, Sally Gates

**In Memory of Anne Douglas:** Loraine Stewart, Betty Nicholson & Jim Hollander, Karen Wiley, Erwin Key, Sally Gates, Gail Jebavy, Rosemary Addison, Gail Kent, Barbara Ausbon, Winifred Agee, Bob & Brenda Ammerman

**In Celebration of Nancy Skaife:** Bill Edwards

**In Memory of Bob Sykes:** Rosemary Addison, Gail Jebavy, Bob & Brenda Ammerman

**In Honor of Jim Harbison (Wood Shop):**  
Fran Watt

**In Celebration of Mim Hallock’s Birthday:**  
Sally Gates

**In Memory of Dave & Sue Halmrast’s Dog “Ryder”:** Norm & Jan Bennett

**In Memory of Rex Whiddon’s Dog “Sassie”:**  
Norm & Jan Bennett

**General Fund:**

John Hargrove, Norm & Jan Bennett, Bill & Nell Scrantom, Phil & Sharon Engstrom

**Foundation Society:** Tom & Liz Kendrick, Mike & Gail LaFramboise



## Foundation News

### Forefront Donates \$20,000



*Bob Ammerman,  
Kevin Bray and  
Shane McDougall*

At the July 17, 2025 Foundation Committee meeting Kevin Bray, a Forefront partner, presented a check to the Foundation in the amount of \$20,000. Their donation was in recognition of the valued relationship with Spring Harbor and in celebration of the renovated Blue Heron Bar & Grill. Kevin said “Forefront is very proud of the Dining program and it is one of their top CCRC programs.” In fact, Spring Harbor Dining has become the standard against which other programs are measured. SH is a training ground for rising stars within the Forefront organization. Our team leaders, including Will, Chef Marc, and Bernita, are occasionally dispatched to other locations to demonstrate Spring Harbor’s level of excellence.



**Bob Ammerman  
Chairman**

Shane recognized the outstanding relationship enjoyed with Forefront. He said, with over 300 residents, it is a never ending challenge pleasing individual tastes, - while ensuring nutrition, variety, presentation and delightful taste. Shane added, our aspirations for Dining continue to evolve as our staff grows in experience and professionalism. We are committed, along with Forefront, to never stop striving for the best dining experience possible in both Independent Living and the Health Center.



*L-R: Will Sanders, Bernita Stephens, Chef Marc, Bob Ammerman, Kevin Bray, Shane McDougall and Josh Crandall*

Bob Ammerman, in accepting the donation, thanked Kevin for Forefront’s commitment to Spring Harbor and to our Foundation. He noted that the \$800,000 Blue Heron Renovation was the largest capital investment in SH’s history. Residents, through the Foundation, invested \$400,000, 50% of the project. Along with an up-scale facelift, we expanded seating, doubled kitchen capacity, added a bar and provided outdoor dining space. Ammerman added that the Foundation, and all our residents, are very proud of the Blue Heron. Along with Forefront’s commitment to excellence, we have revolutionized the **Spring Harbor Dining Experience**.

**Ammerman noted that the Foundation’s influence can be seen throughout the campus. Wherever you turn, a Foundation project is in view. Our focus is Safety, Wellness & Recreation, Service Enhancement, and Communication Technology. Our purpose is to improve Quality of Life for residents and Invest in the Future of Spring Harbor. We are currently playing a significant role in the Health Center renovations by providing resources for new furniture. The Foundation recently invested \$175,000 for Skilled Nursing common area furniture and new recliners for resident rooms. We plan to make a similar commitment to Memory Care.**

The Foundation’s accomplishments are made possible through the generosity of residents. Gifts are made **In Memory of, or In Recognition of Fellow Residents**. The **Foundation Society encourages annual giving** by recognizing incremental levels of support. The **Legacy Society** is comprised of residents who include the Foundation, in their **End Of Life Planning**. If you have any questions regarding the Foundation or how you can participate, please contact Bob Ammerman.



**Thank you for your support of the Spring Harbor Foundation**

*Residents Helping Residents*





# EMPLOYEE GIFT FUND

## Thank You, Employees, for Spring Harbor's Remarkable First 20 Years



Do you know what nurse **Angie Isaacs** from Skilled Nursing, the Blue Heron's **Allen Stokes**, **Pat Haney** from Life Enrichment, cook **T. P. Hall**, driver **JoAnn Brundidge** and **Tammy Pruitt** from Personal Care have in common? Not only are they some of Spring Harbor's finest, but they have all been recognized for their good work by being named Employee of the Month this year.

The Resident Council strongly supports the Employee of the Month program. Did you know all the monthly winners receive a crisp one hundred dollar bill from the Employee Gift Fund as part of their recognition for outstanding service?



The average tenure of Spring Harbor's full time employees is a fantastic 7.6 years. That number has increased nearly 20% in the past five years. Twenty employees have been with us for over 15 years; four of them for 20. The Employee Gift Fund may have something to do with that.



Workers across the country on average have been with their employer for 3.9 years according to the Bureau of Labor Statistics. The average for Spring Harbor employees is almost twice that. Again, the Employee Gift Fund probably plays a part.

I believe in the Fund's tenet that **"Happy Employees Mean Happy Residents"**. If you agree with me, please help me out. With less than three months to go before we close the books this year, the Fund's balance is about 40% of last year's total in November. Yes, we have a long way to go, but I'm sure you're up to the task. You've always come through for the employees in the past. When we distribute the cash in December, please don't send a message to our employees that we're not as happy with them this year as we were last year - \$500 from each of you is all we ask. That's only \$42 a month or less than \$10 a week in lieu of never having to open your purses for tip money. What a great deal! See Brenda in the Synovus office today.

Norm Bennett



### Mission Statement - The Current Newsletter:

"Our newsletter is a monthly celebration of life in our community – a space to share stories, stay informed, and stay connected. Through updates, reflections, and uplifting moments, we aim to foster a sense of belonging, purpose, and joy for every resident."



Welcome to Spring Harbor to our New Residents:  
Sid & Sally Cottingham Apt # 556



*In Loving Memory*  
*David Boyanchuk*  
*Paul Serff*  
*Robert Sykes*  
*Anne Douglas*

**In case you missed it,  
we're showing it one more time!**

**20th Anniversary**

 **SlideShow**

**Will be shown again on  
Monday, September 8th at 2:00pm  
in Meeting Room #3 (on the 3rd floor)**

# Welcome Fall Wild West Party

Get your western wear ready  
and park your horse at the  
**Spring Harbor Saloon!**

Watch for more details coming soon!



## PLEASE SIGN-UP TO WALK WITH US!

**WALK TO END  
ALZHEIMER'S**  
ALZHEIMER'S ASSOCIATION

For questions please call Christy  
in Healthcare  
at 706-576-6043

**Friday, October 3rd Uptown Columbus**

**Ceremony 6pm Walk 6:30pm**

**Go to Broadway Street, when you see the big  
crowd, park and walk to the Spring Harbor  
tent/table. Our group will meet there.**

**Everyone who walks on the Spring Harbor  
TEAM will get free t-shirt!**



### New Art Exhibition for September thru October

The Golden Gallery of Spring Harbor presents  
"Nature Calling: The Art of Joyce Moffitt  
featuring beautiful watercolor paintings. Exhibition  
opens September 1st, and closes October 31st.

### The Golden Gallery



### New Resident Spotlight

#### Judi Ebert Apartment # 656

Judi was born in Tennessee but lived right here in Columbus most of her adult life. Some of you may remember her late parents who lived here, Clarence and Irene Cope. She taught middle school English for 35 years at Ft. Benning. Upon her retirement, she volunteered as a docent at the Biblical History Center in LaGrange teaching Jewish culture and history. Her late husband, Bob, served in the Army and then was employed with Blue Cross Blue Shield retiring as the Privacy Officer for the company. She has one son who is a mental health professional and lives here in town and a daughter-in-law with two grandsons. Her parents were missionaries after 28 years of pastoral ministry. Her hobbies include reading, playing cards and traveling. She especially enjoys cruises! Judy has traveled to Israel, Turkey, Greece, the Greek Islands, Hong Kong, Korea, India, Sri Lanka, England and the Caribbean islands. She loves to eat different foods from all over the world. She has one trip on her bucket list; to take a train trip through Canada and visiting Italy and France; places she hasn't seen yet. Judi is really enjoying the Spring Harbor life and meeting new people. She looks forward to finding her place of service to the community. She is a firm believer that everyone should find a place to make their community better if their health allows them to! **Welcome Judi!**





# Happy Anniversary

Celebrating 20 Years of Excellence



This photo contains a combined 224 years of experience in the specialties required to enrich the lives of everyone at Spring Harbor!

## McDougall's Message

## From Executive Director, Shane McDougall

### It Really is The Cruise Ship that Never Leaves

This year marks a very special milestone for our community as we proudly celebrated our 20th anniversary. Over the past two decades, we have built not just a retirement community, but a place that truly feels like home. From our earliest days, our mission has been to provide a warm, welcoming environment where residents can enjoy life to the fullest, and it has been a joy to see that vision continue till today.

One of the things that makes our community so unique is the deep bond between residents, families and staff. Here, our team is more than a management team and employees—they are family. Their dedication, kindness, and genuine compassion create an atmosphere where everyone feels valued and cared for. This special connection has fostered lasting friendships and a true sense of belonging that continues to enrich our residents daily life.

As we reflect on 20 wonderful years, we celebrate not only our history but also the vibrant community we share today. Retirement here is not simply about slowing down—it's about enjoying the sweetness of life, surrounded by friends, support, and opportunities to thrive. With gratitude for the past and excitement for the future, we look forward to many more years of laughter, memories, and togetherness in this extraordinary place we call home.

Top photo L-R: Janet Peters, Accounting Director. Tricia Jeffcoat, Director of Sales and Marketing. Will Sanders, ForeFront, General Manager/Dining Services. Shane McDougall, Executive Director of Spring Harbor. Patsy Royster, Director of Human Resources, Tommy Claridy, Plant Operations, Sean Slaughter, Director of Life Enrichment and Mike Campbell, Director of Healthcare Operations

## The Beginning of the Journey



## Fun Facts!

The lot purchased to build Spring Harbor on was 40 acres.

The total cost of the project was \$ 75 Million.

The contractor was Brasfield & Gorrie from Atlanta.

The project began in 2003 and finished in 2005.

The Architect/Design was by RDG-Schutte Wilscam Birge, Inc out of Omaha, Nebraska.

The total square footage is 535,387 ft.

(The Villas are 96,896 sq. ft and the main house is 438,491 sq. ft.)

A total of 160 Apartment homes, 36 Villa homes and 100 Healthcare units.



## Original Residents of Spring Harbor that are Still With Us Today!



Mitzi Allen



Doris Black



Callie Clark



Ivy Evans



Joy Graham



Mim Hallock



Mary Hudson



Betty King



Frances Lolley



Joyce Moffitt



Maxine Schiffman



Jody Scott



Melba Spurlock



Mary Lu Stone



Cindy Straus



Barbara Waller



Chris Wine



## Celebrating 20 Years of Community: Resident & Staff Testimonials

### **"From Ballroom Glamor to Today's Fun" – Fran Watt**

*"I remember the grand ballroom with dinner dances, live music, ladies in long dresses, men in tuxedos. Today we have an event center and all sorts of activities. We've come a long ways, baby. Spring Harbor continues to evolve while keeping its heart: community, friendship, and fun."*

### **Chasity Sanders– Security and Transportation-20 years**

*"Our residents are like my family, they are the reason I love working here. The first friend I made was resident Cecil Darby. He told jokes and made me laugh often. I have so many fond memories."*

### **"Moving Early, Finding Support" – Jean Puckett**

*Jean and her husband Ralph moved to Spring Harbor about 10 years ago, before they truly needed to. "We were healthy but living in an old home that required expensive maintenance. Two years after moving, Ralph was diagnosed with Parkinson's. During those six years before I lost him, I didn't have to make big decisions or worry—I was surrounded by staff and friends who supported me every step of the way."*

### **"Loving Life in the Villas" – Bob & Brenda Ammerman**

*"We have been residents for six years. We didn't think we'd ever come here, but we absolutely love it," says Bob. Brenda adds, "I've made wonderful friends. There's something for everyone. I serve on the Resident Council and Activities Committee, and I'm chairman of the Foundation. It's all possible thanks to the generosity of residents who support projects that make Spring Harbor an even better place. This is a terrific community with wonderful facilities and friendly people."*

### **JoAnn Brundidge– Transportation 20 years**

*"When I first began working here, we only had a few residents so we all chipped in and did each others jobs. I actually taught exercise class and drove the car! Funny story: My boss wanted to take a photo of the car and me standing beside it. As I stood there, he told me to "crank the car so that it will be running in the photo!" Well, I did and immediately realized it was a joke! I am thankful to work here and these residents are my family."*

### **"From Day One, We Never Looked Back" – Phil & Sharon Engstrom**

*"Onsite health care with Dr. Jamal and the wellness center is wonderful. From the fitness center to dining and medical services, there's always something to do, people to see, and a sense of security and well-being. This is home."*

### **"Adventures, Braves Games, and Good Food" – Joy Graham**

*Joy Graham was one of the first residents in a large apartment. "It was just me and my cat, It was amazing. We went to Braves games, sightseeing trips, enjoyed great food!"*

### **"A Well-Planned Move That Became Home" – Judith Degenaar**

*Judith and her husband, Al, moved here in 2009. "Spring Harbor met all of our criteria: proximity to our children, price, and care as we aged. We've never regretted it. The friendships we've made have been priceless. Recently, Al moved to health care, exactly as we planned. This was a life-changing—and probably life-lengthening—decision. This is home."*

### **Saundra Shelton– Housekeeping 20 years**

*When asked if she could build anything new here for the residents, she replied "I would build them a bowling alley! Wii bowling is one of the happiest activities they do and they love it!"*

### **"Lifesaver Doctor and Maintenance-Free Living" – Norm & Jan Bennett**

*Norm and Jan highlight the people and convenience that make Spring Harbor special. Dr. Jamal was a lifesaver—available 24/7. And the maintenance-free living is amazing! But the friendships are what make the biggest difference. Socialization here is one of the reasons we're still alive."*

## As The Cruise Ship Sailed. . .The Anniversary Party Began!



Brittany & Shane



Mike & Betty Hips



Melba Spurlock



The Ammermans



Bill & Nell Scrantom



Captains and Your Dining Crew



Tom & Sherry Wade



Richard & Anne Wilson



Judith and Mitzi





Gail and Ann



Ruby Ingle -  
Schladensky



Tom & Liz Kendrick



Carrie Foushee and  
Mike Campbell



Joan and Mary Dean



Bill Burgess, Flo Lipham, Will  
Sanders & Trish Burgess



Gib & Freddie



Phil & Sharon Engstrom



Betty King



Betty, Shane and Pam





Shane & Judi Ebert



Sue Bedenbaugh



The Halmrasts



Joe & Pat



Ron & Karen West



Donovan & Wilma



Will & Mim Hallock



The Wallmans



Mary and Jean



Camille & Ilona



Philip Chan



Bill & Louise Smith



The Randalls



Betty Jo Hooks



Sheri & Marsha



Shane & Fran





Peggy Bladen



Joy Graham



Jim & Sandy



Phil & Shirley



The Sprouses



Roger, Raylene & Betty



Santee, Will and Lee



Dot Stotser



Bobbie Clark



Barbara Haneman



Lorraine & Bill Bankston



Shane and Judy



*Greece*

# Ports of Call

*The Dance Club*



*Germany*

*Spain*

*United States*



*Duty Free Gift*

*Italy*



*Paris, France*





## September Birthdays



Sherry Wade	1st
Sandee Scruggs	4th
Lisbeth Thom	4th
Shirley Groneman	5th
Will Sanders	5th
Peter Anello	6th
Sue Bedenbaugh	7th
Rosie Rakocy	7th
Gail Jebavy	8th
Tom Wade	9th

Billy Winn	9th
Sharon Adams	11th
Margie Courtright	11th
Eileen Kvicala	11th
Camille Mitchell	13th
Jean Puckett	17th
Paula Norton	19th
Wade Hill	20th
Al Schmid	22nd
Sandra Halouska	24th

Adelyn Scott	24th
Sharon Engstrom	25th
Linda Chamberlin	28th
Carol Hartman	30th
Jim Hutcheson	30th

### October early birthdays:

Bill Desportes	3rd
Paula Bissell	4th
Betty Jo Hooks	7th

If your birthday is in the month of September, you and one guest may join us on the third Thursday of the month for cake and champagne! Join us in the Event Center on Thursday, September 18th at 2:00pm

## August Birthday Party



Back row L-R: Nancy Powell, David Durant, Norris Randall, Joan Schraufek, Richard Wilson, Melba Spurlock, Monty Thorne, Paul Groneman and Mary Lu Gunn.  
Front row: Emily Miller, Jean Lurker, Betty Hipps, and Joyce Fingerhut.

### Special Birthday for Margie



Margie Cain celebrated her 90th birthday with her 2 sons and more family at a big party for her in our private

dining room here at Spring Harbor!



### Special Birthday for Joyce

Joyce Fingerhut celebrated her 95th birthday party given by her son and daughter at Epic Restaurant. She is also pictured with other family members while viewing the rapids!



**Seek-And-Find!** Be the first resident to find this pizza slice  
call Pat Haney 706-576-6017 and leave a message stating  
My phone will record the date and time you called, and I will know who called first! Have Fun!



and you win a prize! Once you find it, exactly where you found it and your name.

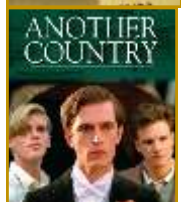
Last months winner was Nancy Powell

## Showing this month

Come on in the beautiful Spring Harbor theater  
and enjoy a movie! Bring your friends  
and make it fun! Movie shows daily  
at 2pm and 7:15pm.  
Ask Life Enrichment to start the movie for you!  
After hours, see the Concierge Desk!



**Sept. 1st-7th** **The English Patient** 1996 R  
2 hours 24 mins War/Romance/Tragedy  
At the close of World War II, a young nurse tends to a badly burned plane crash victim.  
His past is shown in flashbacks, revealing an involvement in a fateful love affair.  
Stars Ralph Fiennes and Juliette Binoche



**Sept. 8th-14th** **Another Country** 1984 PG  
1 hour 30 mins Period Drama/Biography/Romance  
Based on the life of the young Guy Burgess, who would become better known as one of  
the Cambridge Spies. Starring Rupert Everett and Colin Firth



**Sept 15th-21st** **Sister Act** 1992 PG  
1 hour 40 mins Comedy/Family/Music  
When a nightclub singer is forced to take refuge from the mob in a convent, she ends up  
turning the convent choir into a soulful chorus complete with a Motown repertoire, until  
the sudden celebrity of the choir jeopardizes her identity. Stars Whoopie Goldberg.



**Sept. 22nd-Oct. 5th** **Mrs. Harris Goes to Paris** 2022 PG  
1 hour 55 mins Period Drama/Comedy  
In 1950s London, a widowed cleaning lady falls madly in love with a couture Dior dress.  
She embarks on an adventure to Paris that will change not only her own outlook --  
but the very future of the House of Dior. Stars Lesley Manville and Isabelle Huppert.

**Amen Choir Sings**  
**Monday, September 29th**  
**10am in the Event Center**  
**You don't want to miss this**  
**amazing performance!**

**LCR Cash Game**  
**Tuesday, September 9th**  
**1pm Event Center**  
**You must bring 3-**  
**one dollar bills to play**

~ *Start each day with a grateful heart. . . . .and find a reason to smile every day!* ~

### Fine Dining Room

Hours: Monday—Saturday 11:00am till 7:00pm  
Reservations are required if 5 or more..  
Dining Room is closed on Sunday.

Sunday Brunch is served in the Formal Dining Room and  
**RESERVATIONS ARE REQUIRED FOR BRUNCH**  
11:00am till 2:00pm  
Casual attire/No hats/ No jeans (Jeans ok at Sunday brunch)

### Blue Heron Bar & Grill

Hours: Monday-Saturday 7:00am till 7:00pm

**Closed on Sunday**  
Now offering hot breakfast daily,  
new menu items and  
new Grab-N-Go case options!

Casual attire/Sporty/Jeans ok

*The Current* is a monthly publication by the Life Enrichment Department of Spring Harbor at Green  
Island, in beautiful Columbus, Georgia. A fine living continuing care retirement community.



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