

The Current

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June 2026

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You know life is good when you have a smile like the one Ann Patterson has on! She is one of many residents enjoying the "good life" at Spring Harbor!



Welcome Home New Residents:

Don & Evelyn Howard Apt # 242
Lally McGuire Apt #457

McDougall's Message

Our Thriving Community: 100% SOLD and Growing Strong

Selling all available units is more than just a number, is a testament to the vibrant lifestyle, welcoming atmosphere, and exceptional care that make our community such a desirable place to call home. Residents enjoy meaningful connections, engaging activities, beautiful amenities, and the peace of mind that comes from being part of a supportive and active community. As we celebrate this achievement, we look forward to continuing to enrich the lives of those who make our



Executive Director
Shane McDougall

community a wonderful place to live. We are truly grateful, not just for this milestone,



Tricia Jeffcoat and Shane McDougall

but for what it represents: a warm, vibrant community filled with residents who make Spring Harbor feel like home. From everyday laughter to meaningful friendships, it's the people here who create something special. This is a true team effort, and were thankful for our residents and staff who bring that spirit to life every day! While we are fully sold, opportunities do come up-but they tend to move quickly- so if you have a family member, church friend, even a former neighbor who would like to also be your neighbor here- have them contact Tricia today and get on our waiting list to live in Columbus' BEST COMMUNITY EVER!

Call today for your private tour! Tricia Jeffcoat 706-576-6005

The Spring Harbor Foundation would like to thank the following donors for their contributions:

In Memory of Doris Black:

Tom & Sherry Wade, Sharon Adams,
Mim Hallock, Bill & Becky Rumer,
Ed & Sharon Sprouse

In Memory of Nancy Skaife:

Ron & Karen West, Paula Norton,
Frank & Jo Ann Brown, Gail Jebavy

In Honor of Jim Harbison:

Sally Gates, Mim Hallock, Sharon Adams

In Honor of Mim Hallock:

Ed & Sharon Sprouse, Rosemary Addison

In Honor of Bill Davis: Bill Edwards

In Memory of Larry Addison: Rosemary Addison

In Memory of Joyce Fingerhut: Rosemary Addison

In Honor of Amos Rogers: Bill Edwards

In Honor of Angie Gordy:

Bill Edwards

In Honor of Joy Graham's Birthday:

Rosemary Addison

Foundation General Fund:

Frank & Jo Ann Brown, Mike & Betty Hipps,
Phil & Sharon Engstrom, Bill & Nell Scrantom,
Anonymous

Contributions to the Spring Harbor Foundation Fund are tax deductible to the extent of the law

Mission Statement - The Current Newsletter:

“Our newsletter is a monthly celebration of life in our community – a space to share stories, stay informed, and stay connected. Through updates, reflections, and uplifting moments, we aim to foster a sense of belonging, purpose, and joy for every resident.”



Welcome to Council Corner
YOUR monthly news, from YOUR Resident Council

Your Voice Matters—Help Shape Spring Harbor’s Future



Sandee Scruggs
Chairwoman

First, congratulations to our wonderful marketing team on reaching 100% occupancy in our independent living homes—job well done!

As the recent state elections remind us, every vote matters—and so does every voice in our community. At Spring Harbor, residents have meaningful opportunities to share feedback, ask questions, and help shape the future of community life. Monthly forums and Town Hall meetings are open to all residents and provide opportunities to learn more about the community, ask questions, share concerns, and offer suggestions. Our July dates are listed below:

Forums

- July 1: Spring Harbor Operations/Grounds 10:30 Arts/Craft Room
- July 2: Food Forum 2:00 Event Center
- July 3: Resident Connections 10:30 Arts/Craft Room
- July 7: Healthcare/Caregiver 10:30 Event Center
- July 14: **Town Hall** 10:30 Event Center

Comment Cards: Help Shape Dining at Spring Harbor

Recently, it was suggested that Spring Harbor poll residents about the types of food they would like to see offered in our dining venues. The good news is that we already have something even more effective than a one-time poll: Comment Cards. After dining in the Blue Heron or the Dining Room, residents are encouraged to complete a card to share compliments, concerns, and suggestions. Dining Services reviews this feedback regularly and uses it to make improvements based on resident input.

2026 Spring Harbor Resident Satisfaction Survey: Share Your Feedback, Strengthen Our Community

Residents will receive a copy of our annual Resident Satisfaction Survey in July. This is an important opportunity to share feedback and help us continue improving our community. Last year, 151 surveys were returned. Now that 100% of our independent living homes have been sold, I would love to see at least 165 surveys returned this year.

A message from our Executive Director, Shane McDougall about the Resident Satisfaction Survey:

As we reflect on another remarkable year at Spring Harbor, I want to begin by saying thank you. This community is special because of the amazing residents we have the privilege to serve each day. This year has been a wonderful one, filled with many accomplishments we have shared together. We continue to enhance our programs and invest in our community through capital projects that strengthen and transform our campus.

As the fiscal year comes to a close, we are entering the time of year when I ask for your input and feedback on how we are doing and where we can improve. Our Resident Satisfaction Survey gives each resident the opportunity to share their perspective on life at Spring Harbor. Every response matters, and every voice contributes to our growth. Our goal is to make this community the very best home for each and every resident. Thank you in advance for taking the time to complete the Resident Satisfaction Survey. It is a pleasure to serve you.

And Finally, Happy 250th Birthday America! Honoring 250 years of freedom, courage, & enduring strength!

Sandee Scruggs
Chair, Resident Council



Foundation News

Facing Challenges



**Bob Ammerman
Chairman**

As we grow older, we are inevitably challenged by physical issues resulting from an accident or surgical procedure. Maybe it is a strain or persistent discomfort. Improving balance and building strength might prevent a fall that could change our lives forever. We owe it to ourselves to face these challenges by collaborating with our therapists to be our very best. One of the many reasons Spring Harbor is one of the top CCRCs in the Southeast is our in-house Therapy Department operated by Healthpro Heritage and managed by Karlie King, Rehab Director. **The Foundation regularly recognizes the excellence of various Spring Harbor functions and today we are paying tribute to our Therapy Department, Karlie and her team of therapists. They are competent, compassionate, personable, inspiring, and encouraging.**



**Karlie King OTR/L
Rehab Director**

Our Therapy Department proudly serves residents across every level of care on campus—including Independent Living, Personal Care, Skilled Nursing, and Memory Care—ensuring personalized services tailored to each individual’s needs. Occupational Therapy (OT) helps our residents develop, recover, or maintain the skills they need to do everyday activities such as dressing, toileting, grooming, and leisure/hobbies. OTs assist our residents in regaining independence, teaching new ways to do things, supporting mental and emotional health, providing hand and shoulder therapy, and modifying environments for safety in order to help residents feel confident and secure in their living spaces. Physical Therapy (PT) works with our residents by improving their movement, function, and strength, treating pain and injuries, assisting in recovery from injury, prevention of falls, and balance/stability therapy. Speech Therapy (ST) services include supporting memory, problem-solving, swallowing functions, changes in communication, and overall mental function, promoting independence and quality of life. Our teams brings

compassion, clinical expertise, and a patient-centered approach to every individual. Our passion for helping patients regain independence and improve their quality of life makes a meaningful impact each and every day. Our therapy team is dedicated to helping every resident live safely, comfortably, and to their fullest potential. *Karlie King, OTR/L*

Please read some of our patient testimonials:

"I broke my neck four years ago with a spinal injury. My neck had to be rebuilt. Since then, I have received extraordinary therapy, OT and PT from the therapy department at Spring Harbor. I have had hands-on therapy and been given printouts of exercises to do at home. I am currently in ongoing therapy, both PT and OT. I have also had speech therapy for swallowing techniques. Karlie, the Director of Therapy, has gone above and beyond to meet my needs, exceeding all expectations. I've been very pleased with the various therapists I've worked with."- *Joyce Sykes*

Our Rehabilitation Program, is packed with equipment and skilled professionals to provide care for patients with a wide range of needs. Improved breathing , exercising to strengthen or relearn how to use our bodies all are physical therapy. Occupational therapies help us go about our daily lives by using aids or learning how to do necessary tasks in new ways. My journey back to independent living has used all of the magic in their bag of skills in both departments. I have been encouraged at every gain. I encourage you to investigate what is available right here for you." *Judith Degenaar*

Therapy has evolved into a program designed to address my ongoing issues with Parkinson’s Disease and knee pain. Special attention focuses on gait and balance. At one point the staff even integrated basic boxing activities as such movement has proven beneficial to address PD symptoms. As Parkinson’s involves a spectrum of symptoms in addition to the physical, I am also working twice each week on rigorous and challenging activities focusing on speech and cognitive issues related to PD. It is such a great benefit to be able to participate in these therapies here at Spring Harbor with exceptional, highly qualified therapists who encourage the goal to maintain quality of life. *Carl Wallman.*



**Karlie King, Natalie Wells, Samir Patel,
Sydney Thomas and Kristin Campbell**

*Empowering Wellbeing and an Independent Lifestyle
through Rehabilitation & Wellness*

The Golden Gallery



*Art by our artist,
the late Doris Black*

The Golden Gallery invites residents to exhibit paintings or drawings from their personal art collection or their favorite artist's work in July and August 2026. To participate, please pick up a "Upcoming Golden Gallery Show" form on the third floor sign up desk, complete the form and return it to David Durant (apartment # 433) at Spring Harbor. If you need any further regarding the upcoming show, please contact David for more information.

As a reminder, the Golden Gallery at Spring Harbor has moved to the third floor near the Arts and Crafts room. The gallery showcases beautiful artwork created by talented Spring Harbor residents. Thank you to everyone who helped make this milestone possible.

We are truly grateful for everyone's support.
Cynthia Golden-Frazier, CSU



In Loving Memory

Nancy Skaipe

Welcome Summer Party
Friday-July 24th 3-5:00pm
Event Center

Theme: "Disco Fever"



"The Current" Note:

**Please do not take Current newsletter out of another resident's cubby box!
If you would like an extra copy, please stop by Pat Haney's office
and she will gladly give you a copy.
Please don't take a copy from someone else! Thank You!**

New Resident Spotlight

Dan & Bernadette Murphy Villa #16

Please welcome Dan and Bernadette to Spring Harbor! They are originally from Baltimore, MD. and moved to Columbus from Griffin, GA. Dan had a career in Marketing Research and worked in the marketing field at several Fortune 500 companies and retired as the Director of Marketing Research Department. Bernadette is a Registered Nurse. Her nursing career spanned both administration and clinical management. After retirement, they opened their own business focusing on optimizing advertising and medical legal jury trial preparation. They have 2 daughters: Brett Murphy-Dawson, MD who is a child Psychiatrist and Lynn Murphy-Michalopoulos, PhD, Associate Professor at the University of Maryland School of Social Work.



Dan enjoys creating videos that commemorate major life occasions of family members. He also loves to listen to Jazz music. Bernadette enjoys tennis, reading books from many different genres, and volunteering in the community.

Everyone please give them a warm Spring Harbor welcome!

Spring Harbor Welcomes New Executive Chef



Chef Shawn has one rule and one rule only: ***hustle hard and get it done!*** He truly believes that this rule has made him who he is today as a chef and also in his personal life. Shawn was born and raised in Brooklyn, New York and was introduced to the culinary arts when he began working at his grandfather's family catering business. The turning point of his career came when he attended the St. Mary's Community Kitchen Culinary Program in Phoenix, AZ. He further developed his craft and began to cultivate his signature style-American Southern Cajun Cuisine and other various profiles.

Chef has many accomplishments under his belt including being the primary culinarian for many premium events which include: the Super Bowl XLIII, the US Tennis Open, the World Series, the 2016 Olympic Swim Trials, and many more!

In 2017, Shawn was inducted into the St. Mary's Community Kitchen Culinary Program Hall of Fame for serving as a successful example of what success looks like after completing their program.

Shawn is happily married for over 20 years. They have 4 daughters and 1 son, along with 3 grandchildren. In fact, he just flew to New York to see one of his grandchildren graduate high school!

Everyone please give Chef Shawn a warm Spring Harbor welcome!

We would love for our residents to submit pictures for us to put in our monthly newsletter!

All you have to do is get the photo to Pat Haney in our Life Enrichment Department or call her at 706-576-6017.

Share your photos and your news!

Beverly Belk sent in a great photo of her gorgeous hydrangeas.



Residents Send in and Share Great Photos!



Ann Venable shares this cutie pie! Porter Lee is from Thomasville, Ga. and her new great grandson!



Gib & Freddie Richardson announce their new great grandson, this handsome boy is Ryder and he lives in Alpharetta, Ga.



Sylvia Powell and her great granddaughter, Sissy, who is named after her. Sylvia's family was visiting from Lexington, KY.

Good News

New Residents Enjoy Luncheon



This special luncheon was dedicated to some of our newest residents. Executive Director, Shane McDougall and members of the Spring Harbor Resident Council had the opportunity to get to know the newbies and to hear about their experiences so far. These conversations help us build connections, learn from one another, and ensure every resident feels valued. L-R: Bain & Karen Cowell, Teresa & Don Taylor, Rosemary Addison, Sam Miles, Shane McDougall, Susan Gristina, Tom Lokey, Becky Rumer, Dixie Crymes and David Knoph.

Peach Pickin' Time in GA!

We took a big busload of our sweet residents to the Lane Peach Company in Ft. Valley, Ga. for lunch in their café and a lot of shopping in their market and gift shop! When the bus returned, we unloaded mounds of fresh juicy peaches!



America Celebrates 250 Years!

Wear your best RED, WHITE and BLUE and join everyone for our God Bless America Sing-A-Long during Social Hour on Friday, July 3rd in our Event Center from 4:00-5:00pm!

Wellness Ambassador of the Month: Richard Wilson

Our June WAM and his wife Anne are both well involved with many activities here at Spring Harbor! Richard is a great encourager and a joy to others during exercise classes! He regularly attends Aquafit class, Yoga class and Chair Volleyball. His favorite class is in the pool where Aquafit teaches stretching, flexibility, balance and strength retention. He says, "these classes have improved my wellness as a whole. Exercise and good sleep are proven to help increase longevity and overall wellbeing." When asked to tell us something we may not know about him, he replied, "during my Navy training as a pilot, I flew my first 14 flights in a jet aircraft with Senator John McCain!"



If you are interested in becoming the next WAM (Wellness Ambassador of the Month), simply join in on ANY of our fitness classes led by John Rhodes, our Wellness and Fitness Coordinator. If you would like more information on our fitness and exercise programs, please call John at 706-576-6027.

Congratulations Richard, for staying healthy!

New Series, "Did You Know?"

In last month's edition of The Current newsletter, we started off our new series, "Did You Know?", with the story of our own Jody Scott being an airline stewardess! Since then, we've had several other residents come to us and ask, "did you know that I was an airline stewardess also?" So they too shared their story!



This resident was a student at the University of Maryland in 1965 and went with her roommate as support for an interview with American Airlines. The roommate walked away and she (her friend) was offered the job to train as a stewardess. She immediately accepted it without a second thought of her future academic plans! She spent 2 years flying the Electra-188, a prop-jet which transitioned to the DC-9 and the Boeing 707, which affectively launched the jet age in the US. She was based in New York flying out of LaGuardia and JFK and then transferred to Washington DC flying out of the former Washington National Airport until she married Dixon in 1967. Her wedding day ended her career as she was not allowed to be married and fly.

**Beverly Belk in her American Airlines uniform!
and Now You Know!**



This resident took her first post-college job as an airline stewardess with Colonial Airlines, flying between New York and Montreal. At that time there were strict criteria for a stewardess as to height, weight and even looks. Being able to speak French gave her a definite advantage for the job. She later went to fly with Chicago & Southern Airlines, flying from New Orleans to Chicago and Houston to Detroit. Back then a stewardess wore the uniform specific to their airline and it was a matter of pride. The uniform had to be clean, pressed and in perfect condition. The cap was also important and must have been worn a certain way on the head which meant only certain hairstyles would work with the cap. Her favorite thing about the uniform were the spectator style shoes! She loved that style! As much as she enjoyed working for the airlines, she left after 2 years and made a long career working for the United States Foreign Service, where she retired.



**Mim Hallock in her Colonial Airlines uniform!
and Now You Know!**



This resident said "I loved my career in the sky!" Her tenure at Eastern Airlines in Atlanta was from 1962-1967 and consisted of an extensive 6 week training program at Eastern's headquarters in Miami. She learned safety precautions, serving meals and helping the passengers during their flights. It was a glamorous job that stipulated strict rules including: Weight restriction of 135 pounds, no exceptions! The uniform rules were strict also. If you were not wearing your uniform hat, you were sent home with a 7-day suspension without pay! Once she forgot her hat so she quickly ran back home and she was able to get back just in time to fly! Her exciting airline career ended and she married a Continental Airlines pilot. They moved to Los Angeles for his career. Both their careers in the airline industry gave them a great deal of happiness, joy, stability and travel.



**Bob & Joyce Sykes in their Continental Airlines uniforms!
and Now You Know!**



If you have something that you think others would like to know about you and probably don't know, please send it in with a photo and a short story. Email it to Patricia.haney@springharborccrc.org or stop by her office .

Celebrating Our Physical Therapy Team

It's hard to believe we're only five months away from closing the books on the 2026 Employee Gift Fund. As we look ahead to the second half of the year, it's a good time to reflect on the people who make such a difference in our daily lives, like the outstanding employees in our Physical Therapy department. If you've worked with the PT team, you know exactly what I mean. Their patience, encouragement, and expertise help residents regain strength, improve mobility, and rebuild confidence after illness or injury. They celebrate every milestone, no matter how small, and bring steady reassurance to the hard days. Their work isn't just physical, it's emotional, motivational, and deeply personal. For many residents, the PT staff, headed by Karlie King, are the ones who help them stand a little taller, walk a little farther, and feel a little more like themselves again. Their impact is real, and it's felt throughout the community.



The Employee Gift Fund is a meaningful way to show your appreciation to all our hourly employees who support us with such dedication. It's a simple gesture that carries tremendous weight for the people who care for us every day. Please remember that inflation has hit our hourly employees especially hard. A single trip to the grocery store is enough to make you wonder how families with children can manage. The envelope of cash from the Employee Gift Fund in early December before the holidays will matter to our hourly employees more than ever this year.



Norm Bennett

Happy Employees Mean Happy Residents!!



Our Feathered Friend is Spotted Again

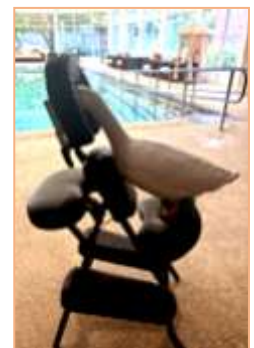
The juvenile Red Shouldered Hawk seems to like having his photo taken! In this photo he is resting atop one of our many blue bird houses that were built in our wood shop by one of our late residents, COL John Wine. The blue bird homes are cleaned and maintained every year by Norm & Jan Bennett. Since our hawk seems to stay really close by, we're officially going to make him a resident of Spring Harbor! Now he needs a name. I have put a drop box in the post office. Please stop by and write down a name that you think would be fit for our feathered friend and drop it in the box! His name will be announced in our next issue of The Current newsletter and the chosen winner will get a treat!

If you are ever out and about around the community and you spot our beautiful feathered resident, please take a photo of him and email it to me, text it to me, or stop by my office and I can get the photo from your phone! *Pat Haney, Life Enrichment*

Announcing Our Newest Feathered Resident and Her Massage Therapy News



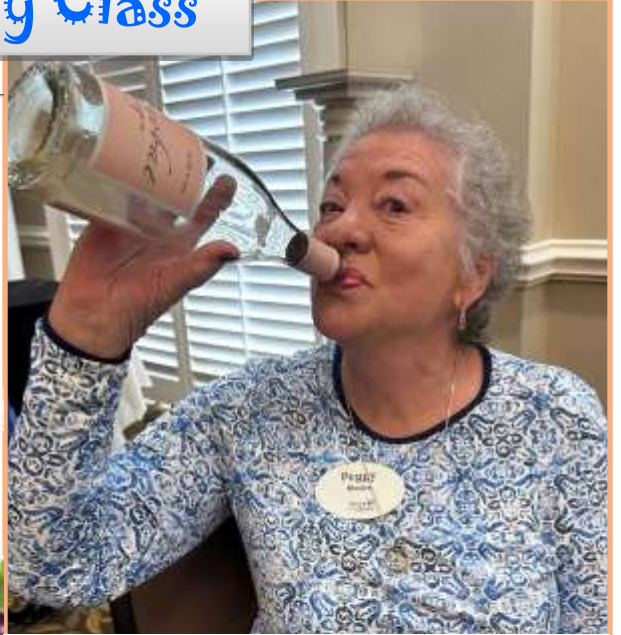
Meet "Lucy Goosey!!" She lives in our pool area and she is always available for everyone to visit! You can always drop by and see which cute outfit she is wearing! She wanted to let everyone know that our massage therapist, Michelle McNabb, now offers CHAIR MASSAGES! For those who would like to stay fully clothed while getting your back, shoulders, neck and arms loosened up. Call or text Michelle at 706-315-6136 to set up a chair massage session for 5, 10 or 15 minutes. She can easily bill it directly to your account which makes it simple, easy and affordable.



6 Wine-Ology Class



Sheri Lawler



Peggy Bladen



Marsha McLaurin



Bain & Karen Cowell



Betty Brantley



Sean serving up the fun!



Beverly Belk



Judi Ebert



Becky Rumer



Mitzi Allen



Sam & Lee Miles



Philip Chan & Rosie Rakocy



The Richardsons



SUPER BINGO!
Monday, July 27th
2:00pm Event Center
Bring \$2 cash to play
Coverall winner gets the pot!



Residents Enjoying Retirement Life!!!!



This group of lovely ladies enjoyed a day trip to Botanical in Opelika. They had a delightful lunch there and toured all the shoppes and gardens. Sally Cottingham, Marsha McLaurin, Adelyn Scott, Sheri Lawler, Beverly Belk, Joan Schraufek, Judi Ebert and Linda Brannin



The look on David Durant's face is hysterical, as he wins 4 of the 5 games of Rummikub with Adelyn Scott, Linda Brannin, Joan Schraufek. You too can grab a few friends and play a game in the ladies parlor!

Bill and Olivia Amos Children’s Hospital Treatment Room Gets Makeover

When a child needs to have a procedure, they will step into the otter’s den where Otto the Otter and his family will welcome them into their cozy den. The otters are friends of Bo the Turtle, the official mascot of the Bill and Olivia Amos Children’s Hospital. The new design theme featuring 3D, hand-carved elements was created by Florida-based Wacky World Studios and funded by generous community support to the Piedmont Columbus Regional Foundation. Patients can also write letters to the otters, and they will be answered by hospital team members. We hope the new, refreshing design will provide playful distraction for children receiving care at West Georgia and East Alabama’s only children’s hospital.



2026 Piedmont Classic- Driven by Mercedes-Benz of Columbus Raises Nearly \$140K

The Piedmont Columbus Regional Foundation raised a net total of \$137,950.81 from the 31st annual Piedmont Classic- Driven by Mercedes-Benz of Columbus this spring at the Country Club of Columbus. This fundraiser helps us stay up to date with technology and invest in research and development so we can continue to offer state-of-the-art care at the John B. Amos Cancer Center and the Bill and Olivia Amos Children’s Hospital. Two hundred avid pickleball, tennis and golf players paired up with the championship Columbus State University tennis team as well as pickleball and golf professionals for top-notch instruction and friendly competition. Piedmont Classic has raised more than \$4 million since it began in 1995 and we couldn’t do it



without the support of our sponsors and donors. The Piedmont Columbus Foundation would like to thank Mercedes-Benz of Columbus, Aflac, Georgia Crown, Brasfield & Gorrie, Pezold Family Foundation and Lockwood Partner Foundation for sponsoring the event.

76 Join Youth Volunteer Program

The Piedmont Columbus



Regional Auxiliary welcomed 76 high school students into its 61st class of the Youth Volunteer Program, which runs through July 23. The goal of the program is to attract and retain high school students interested in healthcare careers but have never gotten a taste of the industry before. Thirty-five departments across the Midtown and Northside hospital campuses, the John B. Amos Cancer Center as well as the Bill and Olivia Amos Children’s Hospital are welcoming the student volunteers. They are serving in areas like Patient Transport, Outpatient Surgery and Environmental Services— just to name a few.

News From Shady Dave

There's lots of action in the
SPRING HARBOR GARDEN PLOTS!
New guidelines too! New plot users have been
given the guidelines.

Seek-And-Find

Seek-And-Find! Be the first resident to find this
Eagle **and** the book shelf. . . you win a prize!



Once you find it,



call Pat Haney 706-576-6017 and leave a
message stating exactly where you found it
and your name. My phone will record the date
and time you called, and I will know who
called first! Have Fun looking for them!

*Last months winner was Jim Townsend!
The redbird was on page 9, hidden in the red roses.*

Laughs From Norm



**If your electric car runs out of power
on the interstate. . . do you walk
to a charging station to get a
bucket of electricity?**

**FRIEND: WHAT WAS THAT NOISE?
ME: MY SHIRT FELL.
FRIEND: IT SOUNDED LOUDER THAN THAT.
ME: I WAS IN IT.**

Trivia by Margie

1. Which gas is safe for inflating balloons?
2. What is the lowest rank of a United States soldier?
3. What is the capital city of Finland?
4. Who invented the lightbulb?
5. What is a spider's web made of?
6. What is the universal cry for HELP?
7. What color is associated with breast cancer awareness?
8. What do you call animals that are mostly active at night?
9. What animal is known for its great memory?
10. What is the main feature of white blood cells?
11. Who is the only United States president to receive the Purple Heart?
12. What are grits made of?



- Answers are on page 15-

*Wishing every dad at Spring Harbor a
Happy Father's Day*

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July Birthdays



Pam Gray	2nd
Bill Henry	4th
Pat Brannin	7th
Mary D. Landers	7th
Nell Scrantom	8th
Ed Sprouse	11th
Margie Cain	14th
Brenda Ammerman	20th
Phil Engstrom	22nd
Elizabeth Taylor	23rd

Bob Ammerman	24th
Butch Deaton	24th

Early August Birthdays:

Buster Bickerstaff	2nd
Dot Stotser	2nd
Kathleen Broda	3rd
Roger Parker	3rd
Richard Wilson	3rd

If your birthday is in the month of July, you and one guest may join us on the third Thursday of the month for cake and champagne! Join us in the Arts & Crafts Room on Thursday, July 16th at 2:00pm.

June Birthday Party



Mim Hallock wins the LCR game and Brenda from Synovus Bank awarded her a gift bag!



L-R are Bill & Nell Scrantom, Peggy Bladen, Jimmy & Carol Ashmore, Ann Venable, Sharon Adams, Marsha McLaurin, Karen & Ron West, Freddie Richardson, Joyce Moffitt, Judi Ebert, Mim Hallock, Bill Edwards, Sandra & Jim Townsend.



Special thanks to Brenda Hamby and Synovus for providing us with our beautiful, yummy birthday cake!

In Honor of Nancy Skaife and Her Artistic Talent

Sally Gates wanted to show this handmade birthday card that the late Nancy Skaife made her. Many residents and employees have some piece of art that Nancy drew and gave them. From cards, notes, posters and even refrigerator magnets! Nancy loved drawing funny, quirky but adorable caricature pieces and she loved to give them to others to bring a smile to their faces!

Nancy and her fun art talents will be missed by many!





Employee of the Month

Congratulations to DJ Brinkley

DJ works in our Dining Services Department and he is the Sous Chef. He has been with Spring Harbor for 2 years. He enjoys his co-workers and loves the leadership team. He says “cooking here has made me a better person and it also brings me joy to cook for our residents.” DJ’s close family lives here in



Columbus and his biggest supporter is his sister, Mahalia who works in the Blue Heron. In his free time, he likes to write poetry, gaming, and hanging out with his friends.

He wants everyone to

know that he is so grateful for being chosen for this award.

Congratulations DJ!!

Sing-A-Long Time

Join your friends for Social Hour on Friday July 3rd from 4:00 till 5:00pm in the Event Center!



Wear your best **RED, WHITE & BLUE** attire as we sing great USA songs. This is Bill & Nell Scrantom at last year’s USA event!

Trivia Answers

1. Helium.
2. Private.
3. Helsinki.
4. Thomas Edison.
5. Silk.
6. SOS.
7. Pink.
8. Nocturnal.
9. Elephant.
10. They fight infection.
11. John F. Kennedy.
12. Corn.



Thank You Margie Cain, for our trivia every month!!!

Musical Event

A very special **THANK YOU** to “David Hay & Friends” for the wonderful musical event earlier this month. He brought a very special guest:



Miss Columbus Allison Molnar and her talented mother Vicki Molnar. They performed a salute to Broadway and movie composers!

Showing in July in our theatre: 2pm & 7:15pm

Come on in the beautiful Spring Harbor theater and enjoy a movie! Bring your friends and make it fun! Movie shows daily at 2pm and 7:15pm. Ask Life Enrichment to start the movie for you! After hours, see the Concierge Desk!



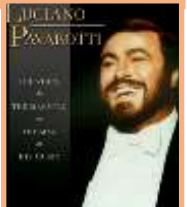
June 29-July-5th **The Choice** **2016** **PG13**
1 hour 51 mins Feel Good Romance/Drama
Travis and Gabby first meet as neighbors in a small coastal town and wind up in a relationship that is tested by life's most defining events. Stars Benjamin Walker.



July 6th-12th **Anna and the King** **1999** **PG13**
2 hours 28 mins Period Drama/History/Romance
The story of the romance between the King of Siam and widowed British schoolteacher, Anna Leonowens, during the 1860s.
Starring Jodie Foster and Chow Yun-Fat



July 13th-19th **Devotion** **2022** **PG13**
2 hours 19 mins Action/Biography/Drama/War
A pair of U.S. Navy fighter pilots risk their lives during the Korean War.
Starring Jonathan Majors and Glen Powell



July 20th-26th **Pavarotti** **2019** **PG13**
1 hour 54 mins Music/Documentary/Biography
Life, works and achievements of opera legend Luciano Pavarotti.
Directed by Ron Howard and stars Luciano Pavarotti



July 27th-August 2nd **A Walk in the Clouds** **1995** **PG13**
1 hour 42 mins Period Drama/Romance
A married soldier, befriends a pregnant woman who is terrified her father will disown her, and agrees to pose as her husband. As time passes, they grow fond of each other.
Stars Keanu Reeves and Aitana Sanchez-Gijon

Have a "Movie Party" with your friends!! See our Life Enrichment team to schedule!

Fine Dining Room

Hours: Monday—Saturday 11:00am till 7:00pm

Reservations are required if 5 or more..

Dining Room is closed on Sunday.

Sunday Brunch is served in the Formal Dining Room and

RESERVATIONS ARE REQUIRED FOR BRUNCH

11:00am till 2:00pm

Casual attire/No hats/ No jeans (Jeans ok at Sunday brunch)

Blue Heron Bar & Grill

Hours: Monday-Saturday 7:00am till 8:00pm

Closed on Sunday

Now offering hot breakfast daily,

new menu items and

new Grab-N-Go case options!

Casual attire/Sporty/Jeans ok

The Current is a monthly publication by the Life Enrichment Department of Spring Harbor at Green Island, in beautiful Columbus, Georgia. A fine living continuing care retirement community.



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