

The Current

Visit us at www.springharseniorliving.org

August 2026

Inside this Issue:

McDougall's Message	Page 2
Council Corner	Page 3
Foundation	Page 4
Golden Gallery	Page 5
New Resident Spotlight	Page 5
Residents Submit	Page 6
Emp. Gift Fund	Page 7
WAM	Page 7
Good News	Page 8
Trivia	Page 9
Seek-&-Find	Page 9
Birthdays	Page 10
Employee of The Month	Page 11
Movies	Back page



Judy Byrum is posing to show off the leopard print design that she hand painted on a wooden bangle bracelet in this month's craft class. She is also wearing a bracelet on her left arm, that was beautifully painted and given to her by another crafter!



WELCOME
HOME

Welcome Home New Residents:

Barbara Zimmerman	#556
Charles Carpenter	#652
Ashok & Mary Kumar	Villa #42
Rich & Cathie Wampler	Villa # 27

Embracing Change and the Opportunities It Brings

Change is a part of everyday life and we have all encountered it many times. Sometimes we welcome it with excitement, while other times we approach it with uncertainty. Change often asks us to step outside of what feels comfortable.

Yet, when we look back at some of the most meaningful moments in our lives, many of them began with change. Change creates opportunities to grow, learn, improve, and discover new possibilities.

In a Life Plan Community, change is especially meaningful because this is more than an organization—it is home. We understand that even positive changes can take time to become familiar. As leaders, our responsibility is to listen, communicate, and help our residents and team members understand the purpose behind the changes we make.

As our community continues to grow and evolve, our goal remains simple: to prepare for the future while honoring the traditions and relationships that make our community special.

Through every season of change, one thing remains constant—the heart and culture of Spring Harbor. That heart is the people who call it home and the people who care for it each day.

Thank you for continuing to grow with us and for helping make our community such a wonderful place to live and work.

Shane McDougall, Executive Director



Executive Director
Shane McDougall

The Spring Harbor Foundation would like to thank the following donors for their contributions:

**In Honor of Anne Johnston, with many thanks
for her amazing artwork of “Molly Gristina”**

Susan Gristina

In Honor of Margie Cain:

Anne Johnston

Foundation General Fund

Phil & Sharon Engstrom

Bill & Nell Scrantom

Pat Harmann

*Contributions to the Spring Harbor Foundation
Fund are tax deductible to the extent of the law.*



Annual Mum Sale

**Friday, Sept. 18th
11:30am till 4:00pm
Outside our main front door!**

CSU Talk at Spring Harbor September 23rd

Our beloved initiative, “What’s New With CSU?” is back from the summer and we couldn’t be more excited. The title for Dr. Bryan Banks’ talk will be: “Atale of 5 Objects: Stories from Columbus State University’s Libraries and Archives.” September 23rd at 2pm in our Event Center. He will bring some items from their archives. Watch for more details to come!



Welcome to Council Corner

YOUR monthly news, from YOUR Resident Council



Sandee Scruggs
Chairwoman

As we move through these long, hot days of summer, I know many of us are thinking about the important changes taking place in our Spring Harbor community. Along with the record-breaking heat and high humidity, we have received significant news: Spring Harbor has been sold and will become a member of Senior Living Communities (“SLC”), operated by Maxwell Group. Now in its 37th year of operation, Maxwell Group is a for-profit company specializing in senior living communities. The ownership transition could take place as early as November 1, but no later than the end of the calendar year, subject to receiving the necessary change-of-ownership approvals from the State of Georgia.

On August 4, residents had the opportunity to meet the new owners during a special Town Hall meeting. I appreciated the chance for residents to hear directly from Maxwell Group, ask thoughtful questions, and share concerns with Spring Harbor leadership, the current owner, and the new owner.

A Time for Questions and Clear Communication

I believe clear and timely communication is essential during this transition. I encourage each resident to continue asking questions, seeking clarification, and relying on official updates as information becomes available. This is the best way for us to avoid rumors and ensure that our community has the most accurate understanding of what this change means.

What we currently know:

Existing resident agreements and obligations will be honored.

The Executive Director will remain in place.

Dr. Jamal’s office will remain at Spring Harbor.

Maxwell Group will assume the Forefront Dining contract.

The Gift Shop is not closing.

I encourage everyone to stay engaged, attend informational meetings when possible, and bring forward questions that will help all of us better understand the path ahead. Together, we can move through this period of change with patience, respect, and a shared commitment to the well-being of our Spring Harbor community.

Important Dates for September Forums and Town Hall

Date	Forum/Event	Time	Location
September 2	Spring Harbor Operations & Grounds	10:30	Arts & Craft Room
September 3	Dining Services	2:00	Event Center
September 4	Resident Connections	10:30	Arts & Craft Room
September 1	Healthcare	10:30	Event Center
September 15	Town Hall	10:30	Event Center

Sandee Scruggs, Chair, Resident Council

Mission Statement - The Current Newsletter:

“Our newsletter is a monthly celebration of life in our community – a space to share stories, stay informed, and stay connected. Through updates, reflections, and uplifting moments, we aim to foster a sense of belonging, purpose, and joy for every resident.”



Foundation News

Appreciation



Bob Ammerman
Chairman

I want to recognize the generosity of residents and applaud what we have accomplished by Residents Helping Residents. Wherever you stand on campus, whatever direction you look, you see the influence of the Foundation. We can all be proud to have accomplished our mission - **Enhancing the Quality of Life for Residents.**

Since the Foundation inception in 2009, residents have funded well over \$2 million in capital investment, new programing, and enhanced service. The generosity of residents has been incredible.

Going forward we will not have a Foundation in the same fashion as in the past. The Maxwell Group is a “for profit” organization and therefore not able to accept tax deductible gifts for capital investment.

The question has been raised as to whether donations made to the SH Foundation in 2026 will be deductible for tax purposes in that we will no longer have 501C3 status. Donations will be deductible because at the time of the gift our foundation qualified.

Both Shane and the Foundation assure you that the remaining funds will be used for the benefit of residents. The total available is \$609,000. The largest portion, totaling \$552,000, will go toward the renovation and refurbishment of our Memory Care unit. This will include lighting, flooring, paint, nurses’ stations, and common area restrooms. We will also buy all new furniture for common areas. Memory Care will be brought to the same level of décor as Skilled Nursing and Personal Care. In all, the Foundation will have invested \$900,000 in the Health Center over the past three years. This is an incredible accomplishment.

Secondly, we will be investing \$57,000 to upgrade common area restrooms in Independent Living. This will include lighting, paint, electrical, flooring, and wall treatment. The Foundation had previously authorized \$65,000 to renovate the third-floor restrooms near the Arts & Craft Center.

Thank you to all the residents who have served on the Committee over the years. Thank you to the Spring Harbor Board and to the management team. Without their support the Foundation could not have had such remarkable success.

Bob Ammerman, Chairman



**Thank you for your support of the
Spring Harbor Foundation**

Residents Helping Residents



Worship Services Available at Spring Harbor

Rev. John Fugh from St. Paul Church: Every Tuesday at 4pm in the ACR
Judi Ebert’s Bible Study Group: meets on the 2nd and 4th Monday at 10:30 am in EC
Episcopal Communion: Last Tuesday of each month at 11:00am in Meeting Room 3
Little Church at the End of the Hall by Sam Miles: every Sunday at 10am, ACR
Spring Harbor Women of Faith; meets every Thursday at 10:30am in the ACR
Catholic Mass Service, monthly, see calendar for dates and location.
All worship services are open to everyone and no need to sign up.

Note To All Residents: If you see a problem with any of the activity “sign up sheets”,
PLEASE DO NOT WRITE ON THEM OR MAKE ANY CHANGES ON THEM!
Simply take the form to Sarah-Kate and she will be more than happy to help but
DO NOT change them, mark on them or erase names etc.

**Spring Harbor Golden Gallery
September-October Exhibit**

The Golden Gallery

The new September/October Gallery exhibit will feature the past of some of our current residents. Get a glimpse of a cast of characters. Please stop by and view our gallery located on the 3rd floor, just around the corner from our Life Enrichment department area. You can view the gallery at your leisure.



**Curator to Speak at Spring Harbor
Literary Columbus**

Join COMU's Curator of History and Exhibitions Manager, Rebecca Bush, for an engaging talk, Literary Columbus, highlighting works by celebrated Columbus authors including Carson McCullers, Augusta Jane Evans Wilson, and others whose legacies continue to shape Southern literature.

**Thursday, September 10th
2:00pm
Spring Harbor
Event Center**



*In Loving
Memory
Maxine
Schiffman*

From Your Life Enrichment Team

We want you to know . . .

That you can have your activities
"weekly sheet" emailed to you.

Yes you can! Simply call
Sarah-Kate at 706-576-6016
and give her your email address and she will
be more than happy to add you to the
email list to receive it weekly!

New Resident Spotlight

Beth Brooks #321



Please give a warm welcome to Beth Brooks who recently moved into Spring Harbor from Douglas, GA. She had a career as an educator and her late husband was a school principal and also on the local Board of Education. She has one daughter, Lunday Buffington who lives here in Columbus. Beth has three grandchildren, Brooks, Lillie and Eva. Two of them are in college and one in high school. Her favorite past time is watching the Atlanta Braves play baseball on TV and going to the games. She has traveled to Spain, France and Europe and loves to travel. Beth says, "I am looking forward to meeting new friends and joining in on all the events here at Spring Harbor!"

Spring Harbor welcomes you to our community!



Resident Submissions



A great photo of "Hawk-Eye" from Norm Bennett

Right:
Angie
Gordy
introduces
her newest
great grand-
daughter,
Margaret
Monroe
Tillotson.
The baby
and her family
live here in Columbus!



Judy Byrum was playing her weekly Wii Bowling game with her team and scored a PERFECT 300!



The Spring Harbor "Bar Flies" having a great time at the Blue Heron Bar! Spring Harbor is full of great friends and good times!



Adleyn Scott treated friends to a unique water color art class. Pictured here are Beverly Belk and Bill & Becky Rumer



Bird News from our Resident Bird Experts: Norm & Jan Bennett

These amazing bird photos were sent in to share with everyone! L-R are: a White Breasted Nuthatch perched on a tree, a Great White Egret visiting our pond and probably fishing for food!, and a photo of Jan years ago with their two pets, "Scarlet" and "Rhett". Scarlet is the Red Headed female and Rhett was the pretty green male. Jan got those beautiful birds when they were both just babies and she fed them until they were grown enough to feed themselves! She says owning them was a lot of fun and excitement!



A Bonus That Matters

By Norm Bennett

For one Spring Harbor employee and their spouse, life is a constant balancing act. Both work two jobs, trading shifts, packing lunches at dawn, and helping with homework long after they're exhausted. With two kids to raise, every dollar had a job, and every unexpected expense meant something else had to wait. By the end of the year, the strain always felt heavier. Holidays, school needs, winter bills — all arriving at once. They wanted to give their kids a season that felt special, but the budget rarely allowed more than the basics. That's why the year-end cash bonus mattered so deeply. When the employee opened the envelope, it wasn't just relief — it was breathing room. It meant catching up on a bill that had been lingering. It meant buying the kids something they'd hoped for instead of saying "maybe next month." It meant one evening of takeout and laughter around the table instead of rushing off to the next shift. The bonus didn't solve everything, but it changed the month. It made the holidays feel possible. It reminded them that their hard work was seen and valued. For this family, the year-end bonus wasn't extra. It was essential — a moment of stability in a life built on effort, sacrifice, and love.



What more can I say? To those of you who question the value of the Employee Gift Fund, please think hard about what it might be like here at Spring Harbor if we didn't have such a dedicated and thoughtful workforce. You have three months remaining before we close the books on this year's Fund. Please, please don't forget. The Fund needs everyone to do their part.

Employee Gift Fund

Recognizing Exceptional Service

Employees support residents every day in ways that make life at Spring Harbor a little easier. If an employee provides service that feels truly special, you're invited to recognize them with a **\$50 contribution to the Employee Gift Fund**. Your gift prompts a personal letter of appreciation, thanking the employee for their exceptional service. Copies of the letter are also shared with you as the donor, the employee's department head, and placed in the employee's personnel file—ensuring their good work is acknowledged throughout the community. See Brenda in the Synovus Office today.

Norm Bennett

Wellness Ambassador of the Month



This month's **WAM** is the fun-loving Sally Cottingham! She regularly attends our Strength and Conditioning classes, Aquafit, walking groups and ping-pong, too! Strength and Conditioning is her favorite class because she has several "workout buddies" in the class and that makes it fun. These classes are so good, both physically and socially. Her advice for staying fit, "these exercise classes are addictive, I truly miss them when I cannot attend." Sally has a great spirit and always has a big smile on her face. If you are interested in becoming Spring Harbor's next **WAM**, simply join our Fitness Coordinator, John Rhodes in any of our fitness classes and you could be our next Wellness Ambassador of the Month!

Congratulations Sally!



Spring Harbor Sponsors August Games!

Game #1: Our own Fitness

Coordinator, John Rhodes, had the honor of throwing out the first pitch! John is passionate about staying active and healthy. He is a Certified Strength & Conditioning Specialist with nearly a decade of experience.

L: Tricia and Amy from Marketing with John.



Game #2 Our own Sally Cottingham brought some of her beautiful family with her to watch her throw out first pitch in this game! (and to have her photo taken with the catcher!). Their mascot “Fuzzy” is always a fun part of it all!



Roger & Raylene Parker celebrating their wedding anniversary at Camella's “Remember When” Tea Room, in Abingdon, VA, which is where they began their honeymoon 60 years ago on August 27, 1966.

Happy Anniversary to the Parker's



August Craft Class: Painting Bangle Bracelets!

We had a great time at this month's craft class and painting the big wooden bangle bracelets was definitely a HIT! The photo on the right shows all the beautiful bracelets that all the ladies made! Left: Judi Ebert, Sandra Halouska. Note: we will make holiday bangle bracelets in November, so watch to sign up!



For Sports Lovers

JUST FOR SPORTS LOVERS

Try to guess these athletes ages:

1. Rory McIlroy (golf)
2. Tiger Woods (golf)
3. Arnold Palmer (golf)
4. Shaquille O'Neal (basketball)
5. Martina Navratilova (tennis)
6. Eli Manning (football)
7. Scott Hamilton (ice skating)
8. Venus Williams (tennis)
9. Serena Williams (tennis)
10. How old was Pele' when he died? (soccer)
11. Seth Curry. (basketball)
12. Joe Namath (football)



Answers on page 11

Seek-And-Find X2



Seek-And-Find! Be the first resident to find John Wayne and this shape  -you win a prize! Once you find it, call Pat Haney 706-576-6017 and leave a message stating exactly where you found it and your name. My phone will record the date and time you called, and I will know who called first! Have Fun looking for it!

Last month's winner was Marsha McLaurin!

It's Football Time!



Be sure to SIGN UP and Join everyone Friday September 4th at Social Hour 4-5:00pm in the Event Center! Be sure to wear you favorite TEAM SHIRT!

We will kick-off the official FOOTBALL SEASON!



Trivia by Margie

1. What is silent acting called?
2. What is the only state that borders only one other state?
3. What planet is closest to the sun?
4. Name the seven dwarfs.
5. Who performed the first solo flight across the Atlantic Ocean?
6. What classical composer was deaf?
7. What country is both an island and a continent?
8. How many justices serve on the US Supreme Court?
9. What type of animal is a Silverback?
10. What disease is carried by mosquitoes?
11. What animal can stand on its tail?
12. In which state is Mount Rushmore?

(Answers on page 11)

Spectacular sunset photo sent in from David Durant. Taken on his balcony!



Annual Holiday Bazaar

Please go ahead and mark your calendar for Spring Harbor's biggest holiday event!

Bring plenty of cash, bring your friends and let's go shopping at our big bazaar! Thursday, November 12th 10am till 2pm in our Event Center!

We are already SOLD OUT of vendor spots and this year's holiday shopping will be filled with lots of goodies!



September Birthdays



Sherry Wade	1st
Sandee Scruggs	4th
Lisbeth Thom	4th
Shirley Groneman	5th
Will Sanders	5th
Sue Bedenbaugh	7th
Rosie Rakocy	7th
Gail Jebavy	8th
Tom Wade	9th
Sharon Adams	11th
Margie Courtright	11th

Eileen Kvicala	11th
Camille Mitchell	13th
Jean Puckett	17th
Paula Norton	19th
Wade Hill	20th
Al Schmid	22nd
Lally McGurk	23rd
Sandra Halouska	24th
Adleyn Scott	24th
Sharon Engstrom	25th
William Smith	27th

Linda Chamberlin	28th
Carol Hartman	30th
Jim Hutcheson	30th

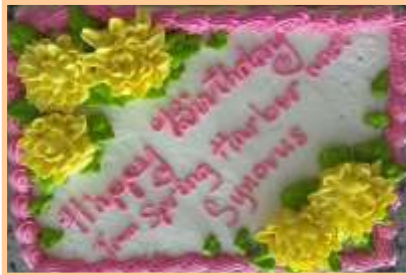
Early October Birthdays:

William Desportes	3rd
Bob Sams	3rd
Paula Bissell	4th

Happy Birthday
Everyone!

If your birthday is in the month of September, you and one guest may join us on the third Thursday of the month for cake and champagne! Join us in the Arts & Crafts Room on Thursday, Sept. 17th at 2:00pm

August Birthday Party



Special thanks to
Brenda Hamby and Synovus
for providing us with our
beautiful birthday cake!



The August birthday party was the biggest group ever!
Everyone enjoyed birthday cake and a glass of champagne (or soda)!
It was a great time to be with friends and enjoy another year!



Mike Hill
celebrated
80 years
young on
August 7th
and he
wore the
best t-shirt
ever!
Go Mike!
You look
good!

David Durant
celebrated his
birthday on
August 21st at
Beverly Belk's
apartment with
friends and this
yummy fruit
dessert home
made by Joan
Schraufek!
Congrats
David!



Trivia Answers

1. Mime

2. Maine

3. Mercury

4. Dopey, Doc,
Bashful, Sneezy,
Happy, Grumpy
and Sleepy



5. Charles Lindbergh

6. Beethoven

7. Australia.

8. Nine

9. Gorilla.

10. Malaria

11. Kangaroo

12. South Dakota

Thanks to Margie Cain!



Game Day! Monday, Sept. 28th

2pm Event Center

YOU MUST SIGN UP and

YOU MUST BRING

3- ONE DOLLAR BILLS TO PLAY!

Winner takes all the cash!

Sports Lovers Game Answers:

1. 37 2. 50 3. 87

4. 54 5. 69 6. 45

7. 67 8. 46 9. 44

10. 82 11. 36 12. 83

From Margie Cain!



Employee
of the
Month

**Congratulations to
Amy Cloud,
Administrative Coordinator,
recently promoted to
and Sales & Marketing**

Amy has been with us for a little over a year now and says she truly loves being a part of Spring Harbor because it's a big family to her and it gives her purpose to help others. Amy is happily married and has 2 daughters, Emma Kate and Lillian. She is originally from Augusta, Ga. Her family has a Yorkie named "Tootsie" and a Great Dane named "Marmaduke" and she adores them. In her spare time she enjoys gardening, working out, painting and crafting. Amy was truly surprised at Town Hall when



her name was announced and she was so honored to receive this award. She says, *"when you love what you do—it no longer feels like work, truly adds joy to your life!"*

Reminder to Everyone:

If you SIGN UP. . . SHOW UP!

**Please call if you are unable to attend an event
so we can fill your spot! 706-576-6016**

New Rare Bird



**New Bird Spotted
at Spring Harbor!**

Rare to the South
Eastern states, the
Purple Ruffed
Bed Head
Grouse was spotted
near the villas.
He is an
endangered species!

From Judith Degenaar

Laughter is the Best Medicine!



**Visited my doctor today.
He told me my sugar
was too high.
So I came home and
moved it to a
lower shelf.**



**Showing
this month**

**Come on in the beautiful Spring Harbor theater
and enjoy a movie! Bring your friends
and make it fun! Movie shows daily
at 2pm and 7:15pm.
Ask Life Enrichment to start the movie for you!
(After hours, see the Concierge Desk!)**



Aug. 31-Sept.6	Breakfast at Tiffany's	1961	Approved
1 hour 55 mins	Romance/Comedy/Drama		
A young New York socialite becomes interested in a young man who has moved into her apartment building, but her past threatens to get in the way. Starring Audrey Hepburn and George Peppard.			



Sept. 7-13th	Ford v/s Ferrari	2019	PG13
2 hours 32 mins	Car Action/Motorsport/Drama/Biography		
American car designer Carroll Shelby and driver Ken Miles battle corporate interference to build a revolutionary race car for Ford in order to defeat Ferrari in Le Mans in 1966. Starring Matt Damon and Christian Bale			



Sept. 14-20th	Hairspray	2007	PG
1 hour 57 mins	Musical/Drama/Comedy/Romance		
Pleasantly plump teenager Tracy Turnblad teaches 1962 Baltimore a thing or two about integration after landing a spot on a local TV dance show. Stars John Travolta and Queen Latifah			



Sept.20-27th	The Shack	2017	PG13
2 hours 12 mins	Drama/Fantasy		
A grieving man gets a personal invitation to meet with God at a place called "The Shack." Starring Sam Worthington and Tim McGraw			



Sept.27- Oct.4th	Meet John Doe	1941	Approved
2 hours 2 mins	Comedy/Drama/Romance A		
penniless drifter is recruited by an ambitious columnist to impersonate a non-existent person who said he'd be committing suicide as a protest, and a social movement begins.			

PLEASE DO NOT TRY TO OPERATE THE THEATER SYSTEM, ALWAYS ASK LIFE ENRICHMENT!

Fine Dining Room

Hours: Monday—Saturday 11:00am till 7:00pm
Reservations are required if 5 or more..
Dining Room is closed on Sunday.

Sunday Brunch is served in the Formal Dining Room
RESERVATIONS ARE REQUIRED FOR BRUNCH

11:00am till 2:00pm

Casual attire/No hats/ No jeans (Jeans ok at Sunday brunch)

Blue Heron Bar & Grill

Hours: Monday-Saturday 7:00am till 8:00pm

Closed on Sunday

Now offering hot breakfast daily,
new menu items and
new Grab-N-Go case options!

Casual attire/Sporty/Jeans ok

The Current is a monthly publication by the Life Enrichment Department of Spring Harbor at Green Island, in beautiful Columbus, Georgia. A fine living continuing care retirement community.



Follow us on Facebook at www.facebook.com/SpringHarborSeniorLiving

