## #SharetheJoy

| Sunday   |    | Monday   |    | Tuesday  | Wednesday  |             | Thursday   |                   | F <mark>riday</mark>   | • 5             | Sat <mark>urday</mark>   |
|--|----|--|----|--|--|-------------|--|-------------------|--|-----------------|--|
| *  | 1  | Share one thing you're grateful for as the festive season begins.                                  |    | Tell someone what you love about them, or share the compliment here and tag them here. | Buy a coffee for a friend, neighbour or stranger. Snap a pic of your cuppa.                                    | b<br>y<br>e | Post a photo of the book or article that you've really enjoyed this year tag the author too).                | or te             | e a note, card<br>ext to someone<br>haven't spoken<br>a while.   | pla<br>yo<br>sh | ck up some rubbish,<br>ant a flower, or tend<br>ur garden, then<br>are your little patch<br>joy.     |
| Bake (or buy, no judgement here!) a treat to share with someone.                 | 8  | Post a song that puts a smile on your face. Bonus: link to it!                                     | 9  | Light a candle for someone you miss, love or want to honour this season.               | Give your pet a little extra love today – don't forget to show us your furry (or feathered) friends.           |             | Say hello to a<br>neighbour you<br>don't usually greet.  | mo<br>tod<br>suç  | re time, food,<br>ney or kindness<br>ay and share your<br>ggestions to inspire<br>ers to do the<br>ne. | 13              | Craft, cook, write or create something festive. Share your creation or simply admire someone else's. |
| Post a photo from a past Christmas that makes you smile.                         | 15 | Go for a short walk<br>and keep an eye out<br>for something<br>beautiful, tell us what<br>you saw! | 16 | Hold the lift, share<br>a smile, pay a<br>compliment.                                  | Tag and shout-out a friend who always makes life better.   |             | Show us your wrapping style, neat and tidy or creative chaos (Bron's mum favours alfoil! Bizarre but works!) | wh<br>froi<br>Boi | Il someone<br>o'd love to hear<br>m you today.<br>nus points if it's<br>old friend.                    | 3               | Share a recipe for<br>your favourite<br>summer cocktail<br>or mocktail –<br>thank you!               |
| Donate something useful you no longer need. And tag your favourite charity here. | 22 | Share your all-time favourite Christmas movie in the comments.                                     | 23 | Post a photo of your decorations, lights or tree. What's Santa bringing you this year? | Thank you for sharing your advent with us. Please write one warm wish for the Citro community in the comments! | 25          |  | 26                |  | 27              | • *  |
| 28   | 29 |  | 30 | *  | 31   |             |  |                   |  |                 |  |