

M E N U

ANCIENT HUẾ
GARDEN HOUSES
104/47
KIM LONG
HUẾ



PHÚ XUÂN SPA
by ANCIENT HUẾ



spa
MENU

spa
MENU

Body Treatment

HOT STONE

Muscles are pre-treated with heated stones and placed at specific sites on the body to promote relaxation. This ancient treatment gives an effective healing for deep muscles and tissues. Besides, there are considerable efficiencies in relieving pain, improving circulation, and calming the mind.

1,500. (60') | 1,900. (90')

THE THAI

This is a fully-clothed, flowing, and stretching full-body treatment using acupressure on meridian energy lines, which is necessary for the harmonizing and energizing of the body.

1,300. (60') | 1,700. (90')

VIETNAMESE TREATMENT

This traditional Vietnamese healing therapy combines gentle strokes with a specific focus on pressure points and suction cupping, which releases toxins and promotes blood flow to stagnant skin and muscles to provide ultimate well-being and rejuvenation.

1,300. (60') | 1,700. (90')

SWEDISH THERAPY

A truly sensational experience is the result of this classical whole-body treatment designed to relax the body with long, gliding strokes that help increase circulation, improve overall flexibility, and reduce tension.

1,300. (60') | 1,700. (90')

AROMA THERAPY

A combination of deep tissue work, trigger point therapy, and energetic balancing using pressure on specific areas of tension or pain is good for a body that needs to relax and recreate energy.

1,300. (60') | 1,700. (90')

THE DETOX

A full-body treatment designed specifically to cleanse the body and rid the muscles of toxins, complemented with Vietnamese herbal tea is the best way to facilitate healing and detoxification and support the immune system.

1,300. (60') | 1,700. (90')

FOOT ACUPRESSURE

This ancient art of applying pressure to different points on the feet that relate to specific organs and glands in the body will improve circulation, relaxation, and energy balance.

600. (30') | 1,100. (60')

DEEP TISSUE BACK TREATMENT

Firm pressure created by using hands, fingertips, knuckles, elbows, and forearms is applied to the back muscles to stimulate the body tissues. This technique is useful in relieving pain and tension and in promoting relaxation.

1100. (50')

INDIAN HEAD TREATMENT

Ayurvedic head and neck techniques relieve tension headaches, eyestrain, ear problems, and insomnia.

990. (50')

SCALP TREATMENT

This treatment releases tension in the forehead and the scalp areas, stimulates mental function, and promotes hair growth. It is a great way to keep hair looking youthful and shiny by using therapeutic essential oils for individual scalp conditions and hair types.

500. (30')

Facial & Hair Care

FACIAL LIFTING THERAPY

A facial lifting technique was developed by our technical experts specifically to reverse aging. A series of short and long strokes, in combination with various energetic finger movements, stimulates blood circulation and activates facial muscles, which is good for strengthening and energizing the tissues. This, in turn, causes the skin to tighten and firm up, look youthful, and feel alive.

1,700. (90')

CALMING AROMATHERAPY

A unique skin-rejuvenating clay cleanser harnesses botanical essential oils and is used to soothe, nurture and nourish sensitive skin, making it softer, smoother, and younger in appearance.

1,300. (60')

DETOXIFYING AROMATHERAPY

Designed to purify oily or acne-prone skin, a synergy blend of astringent essential oils clears congested pores while rejuvenating, balancing, and toning the skin and making it firmer, smoother, and more radiant in appearance.

1,300. (60')

REVITALIZING AROMATHERAPY

Using a synergy of essential oils, designed to hydrate and nurture dry or mature skin, enhances skin suppleness, while promoting smoothness, skin appears younger and more radiant.

1,300. (60')

HUE TRADITIONAL HAIR CARE

A specialty of Huế, soapberry gently cleanses and conditions hair and scalp. Soapberries have been used as Ayurvedic remedies for hair, scalp, and skin conditions for thousands of years. They are effective in stopping damaged hair, hair loss, eczema, psoriasis, and dandruff, preventing lice, and even migraines. Saponin-rich soapberry relieves itching and softens the scalp. Besides promoting hair growth, this moisturizing, antibacterial, and restorative specialty leaves you with shining hair and a sensational feeling.

550. (45')

HAIR WASHING

Hair washing with herbal shampoo and applying pressure to the hair root acupressure point is the best way to have a relaxing time and refresh the mind.

400. (30')

EYE BROW SHAPING

200. (15')



Bath & Body Scrub

GREENTEA TRANSFORMER

Exfoliating green tea combined with mineral tea and extra virgin olive oil protects the skin from aging effects. The antioxidant-rich green tea reduces redness and skin irritation, leaving the skin clear and calm.

600. (40')

THE COFFEE REJUVENATION

Exfoliating freshly ground coffee beans removes dead skin. Locally-produced honey moisturizes and encourages new cell growth, providing a rejuvenating antioxidant refresher for the skin.

600. (40')

SAUNA & STEAM

Dry sauna, steam sauna.

400. (60')

HERBAL BATH

Herbal baths reduce stress. Improve sleep and combat fatigue. The herbs are made from roots and flowers.

800. (60')

Nail Treatments

PEDICURE

700. (60')

MANICURE

700. (60')

MANICURE & PEDICURE COMBINED

1,200. (90')



CANCELLATION

We suggest that you schedule your appointment in advance in order to obtain your preferred treatment time.

Should you wish to cancel an appointment please allow us 4 hours notice on individual treatments and 24 hours for packages or a 50% cancellation fee will be charge to your credit card on file.

No show will be charged full amount for the missed services.

PAYMENT

All prices are quoted in ,000 VND,
subject to the current VAT.

All services will be charged to your room/villa,
we accept cash and all major credit cards.