Tuesday Wednesday Thursday Monday Friday 9am//10am Shopping 1 Flip this sheet over for more information! Remaining Bldgs August 2025 **Food Lion & Wmart 2pm Foot Companion** Spkr Kayla Hodges CF **North Campus Independent Living** for custom fitted shoes, etc. 4 10am Coffee's on Me CF 5 10am WESTWOOD Shop 7 11am pickups begin for 6 9am//10am Shopping Bus 8 **Bingo 12noon** Crossroads Kroger/Aldi **Lunch Bus to 611** 10:30am pk ups begin for Crossroads Kroger/Aldi **Club Friendship** Hamrick's shopping Steakhouse by 11am Bible Study by reservation only w/Sarah in CF reservation 1:30pm Tom Thompson 1:30pm Enhabit Health 1pm/2:30pm Fiber/Farkle Singing Bus Driver CH 2pm Rke County Triad CH 2pm Games Galore CF CH speak on Home Safety Oldies you love and Casey Taylor of Atty General's followed by BP Screening! 2pm Church Service Office - Community Liaison country tunes too! 3pm LEAP Produce Truck with Chaplain Gary CH 10am WESTWOOD Shopping 14 9am//10am Shopping 15 12 11am Kairos Ministry 13 11 Food Lion & Walmart **Bus Food Lion & Wmart** 12n TACO SALAD Bar Crafting for a Cause CF **Bingo 12noon CF Bring dessert to share** 1pm bus pickups begin for **Paige Chisom caller** 11am Talk with Tam on by reservation only CF Salem Ice Cream Parlor 1pm Hollins Library Bus **Senior Health CF** 50/50 raffle tkts \$5 CASH by reservation only reserve and return books 2pm **Senior Trivia** CF 2pm Armchair Travel 2pm Games Galore CF reservation only w/Snacks to Taiwan! 7pm Civil War Roundtable CH 3pm Wordsmiths CR 3pm LEAP Produce Truck 18 10am Coffee's on Me CF19 Beltone CH by reservation 20 10am WESTWOOD 21 9am//10am Shopping 22 **Shopping Hollins Kroger Hollins Kroger** 11am pickups begin for 1pm/2:30pm Fiber/Farkle **ACTIVITIES Lunch Bus 611 Steakhouse** 12noon Veterans Lunch in the Library **OFFICE CLOSED** 12:30pm BISTRO Bus by reservation in CF by reservation only begins pickups for lunch, 2pm Church Service 2pm Games Galore CF 2pm Happy Hour in CF return trip home at 2pm with Chaplain Gary CH 3pm LEAP Produce Truck & WORLD SENIOR by reservation only 2pm Fship Singers mtg CF 5:30pm Bus to Red Sox 7pm WWII Roundtable CH CITIZENS DAY Party! 10am WESTWOOD Shopping 28 9am//10am Shopping 29 Bingo 12noon 25 11am pickups begin 27 26 1:30pm pk ups begin Food Lion & Walmart **Bus Food Lion & Wmart Lunch Bus to 611 Club Friendship** VOLUNTEER at the 11am Bible Study **Steakhouse** Ken Mowbray caller ResMission by reservation 1pm Patio or (Club Fship) w/Sarah in CF by reservation 2pm Craft with Chervl CF **Party for Labor Day** 2pm St. Andrews Open Studio – you create! 2pm Games Galore CF 2pm FAR Meeting CH with Bahama Mamas & **Catholic Holy** by reservation All residents invited! Deb's Lemonade Truck! **Communion CH** 3pm LEAP Produce Truck 3pm Wordsmiths CR Buses circle campus 30 mins prior to *most* on campus events. Bingo Bus circles @11:15am. Items in yellow require signup

Pat Walters Activities Coordinator 540.777.4612

- **CALL** when you receive your calendar at (540.777.4612) & leave one message with <u>all the things</u> you wish to participate in that require a sign up. Only those <u>highlighted in yellow</u> need a reservation. Transport is available as <u>buses circle campus 30 mins prior to most on campus activities</u> except <u>Bingo</u>, those buses leave Residents Ctr at 11:15am for 12noon Bingo. <u>Off campus bus trip pick up times</u> are listed on the calendar. Call if you're unsure about pick up locations.
- CANCEL "reserved" activities at the number above. Please allow those on the waiting list the chance to go if you are not able to attend. Prompt cancellation allows us time to call those on list.
 Abbreviations for activity locations: All in the single story building labeled Residents Center

 CH = Chapel 1st hallway on right after entering CF = Club Friendship to left after entering front door
 Lby = Library where fireplace is along with puzzle tables, etc.
 CRoom = Community Room (from entrance take hallway to right past hair salon)
- Armchair Travel monthly travel videos and snacks from a different country each month.
- **Bible Study** Sarah Stephens hosts a twice monthly bible study in Club Friendship all are welcome!
- Bingo played most Mondays (see calendar). Bring \$1 for winner's pot. Prizes for winners!
- **Buffet Luncheon** mo. 2nd Tues, complimentary meal by reservation only, bring a dessert to share.
- Chaplain Gary Kingery holds 3 Tues services and at 11am on Sunday 8/24th in the Chapel see calendar!
- Charades some months played in teams in Club Friendship (come join the fun!)
- Civil War & WWII Roundtables monthly & open to all in the evenings (see calendar)
- Coffee's on Me a twice monthly gathering of neighbors in Club Friendship to sip & talk.
- Craft with Cheryl Each month make seasonal crafts. Supplies provided, advance sign up needed.
- **Communion** a monthly service provided by St. Andrews Catholic Church in Residents Ctr Chapel.
- Enhabit a monthly service senior topics of interest will be covered & a blood pressure screening
- FAR Meetings Friendship Association of Residents meets quarterly to discuss resident matters.
- Farkle Dice a twice monthly dice game to enjoy with neighbors. Come watch, learn & participate!
- Fiber Friends a twice monthly needlework group to enjoy, learn and see each other's projects
- Friendship Singers practice twice monthly. Seasonally check calendar and join us!
- Games Galore a new addition at resident's request to play board & card games in CF each Wed.
- **Happy Hour** Held monthly with lite snacks, beer, wine & cider provided. Live music (see calendar)
- Leap A weekly mobile produce market. Sets up in Bistro's side parking lot for one hour.
- Morning Movie when scheduled, a movie of interest on big screen in Club Friendship
- Pastor Talk Chaplain Gary provides a monthly talk each 2nd Tuesday check your calendar
- Senior Trivia held monthly, we play in teams to answer questions and test our memories. Prizes!
- Shopping bus (GROCERIES) each Thursday & Friday bus circles campus for riders that want to do grocery shopping at the store listed for that day. West Wood buses run Thurs at 10am.
 - All remaining buildings go Fri. The Village at 10am, remaining buildings at 9am. No sign up is required
- Spelling Bee held some months, we play in teams for prizes and to test our spelling skills.
- Sunday Service in Chapel will be held on Sunday, 8/24 in the residents' center chapel.
- Talk with Tam a monthly discussion group with Tam Dawyot on senior matters.
- **Timeless Treasures** held some months, bring treasures and share their story.
- Triad Safety Meetings alternating 1st Thursdays, Triad Association has speakers on senior safety
- Veterans Box Lunch monthly (see calendar), if you have not attended before, call (540.777.4612)
- Volunteer Bus when scheduled visit to Rescue Mission, clothes sorting & kitchen work to volunteer
- Wordsmiths a twice monthly resident led (Nancy Valle) Creative Writing group for fun, come try it!