


September 2025



Friendship Assisted Living
320A Hershberger Rd.
Roanoke, VA 24012
Director of Activities Austin O'Dell

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Exercise (A) 1 10:30 Skip-Bo (A) 10:30 Frank's Pizza (A) 2:00 BINGO (D)	10:00 Tai Chi (A) 2 10:30 Carrom Game (A) 12:30 Friendly Boutique 1:30 Movie & Popcorn (A) 6:00 Paul & the Gospelers (C)	10:00 Fall Wreath w/ Beth and Martha (A) 3 2:00 BINGO (D) 3:15 Resident Council (A)	10:00 Bible Study 4 w/ Chaplain Gary (A) 10:30 The Chosen (A) 2:00 Balloon Ping-Pong (A)	10:00 Jeopardy (A) 5 2:00 Ron Downing Music (D) 3:00 Balloon Volley-Ball Tournament (A)	9:00 Prayer Meeting w/ Anita (C) 6 10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
 7 1:00 Bible Study with Ross (A) 3:00 Church Service with Chaplain Gary (C)	Mystery Adventure 8 9:30 Mystery Trip 10:00 Exercise (A) 10:30 Skip-Bo (A) 2:00 BINGO (D)	Around the World Day 9 11:00 Passport Craft (A) 12:30 Friendly Boutique 2:00 Snack and a Show (A) 3:00 Travel Social (A)	Outdoor Adventure Day 10 10:00 Smore's Social (A) 11:30 Marc Baskind Birthday Celebration (D) 2:00 BINGO (D) 3:00 Cliff's Country Music (A)	Time Travel Adventure 11 10:00 Bible Study w/ Chaplain Gary (A) 10:30 The Chosen 2:00 Sammy P Music 3:00 Taste through the Decades Game (A)	Rock n' Roll Cruise Day 12 10:00 Hawaiian Craft (A) 2:00 40 Years After 3:00 Cruise Party and Snack (A)	9:00 Prayer Meeting w/ Anita (C) 13 10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
3:00 Church Service with Chaplain Gary (C) 14	9:30 Volunteering at Ronald McDonald House 15 10:00 Exercise (A) 10:30 Skip-Bo (A) 2:00 BINGO (D)	10:00 Cardio Drumming (A) 16 10:30 Table Top Bowling (A) 12:30 Friendly Boutique 2:00 Robbie Vance a Piano Performance (D)	10:00 Craft Time with Lisa (A) 17 1:30 Menu Meeting (D) 2:00 BINGO (D) 3:00 Cliff Beach Gospel Music (C)	10:00 Bible Study 18 w/ Chaplain Gary (A) 11:30 Veterans Lunch 2:00 Fun w/ Wendi Snacks, games, & craft (A)	10:00 Bible Study 19 w/ Eugene Mills 2:00 Carnival Dart Game (A) 3:00 Bingo (A)	9:00 Prayer Meeting w/ Anita (C) 20 10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
1:00 Bible Study with Ross (A) 21 3:00 Church Service with Chaplain Gary (C)	9:30 Wal-Mart 22 10:00 Exercise w/ Nancy(A) 10:30 Skip-Bo w/ Nancy (A) 2:00 BINGO (D)	10:00 Cranium Crunchies Game (A) 23 10:30 Floor Hockey (A) 12:30 Friendly Boutique 1:30 Movie & Popcorn (A)	10:00 Health Talk w/ Enhabit Health (A) 24 10:30 Pet Therapy w/ Roux (L) 2:00 BINGO (D) 3:00 Vested In Christ (A)	10:00 Bible Study 25 w/ Chaplain Gary (A) 10:30 The Chosen (A) 11:30 *Marc Baskind & John Yates Music * (D) 6:00 Friends of Praise (A)	10:00 Wheel of Fortune (A) 26 2:00 John Yates Music (C) 3:00 Bingo (A)	9:00 Prayer Meeting w/ Anita (C) 27 10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
3:00 Church Service with Chaplain Gary (C) 28	9:30 Scenic Ride 29 10:00 Exercise w/ Nancy (A) 10:30 Skip-Bo w/ Nancy (A) 2:00 BINGO (D)	10:00 Coffee Social and Board Games (A) 30 12:30 Friendly Boutique 2:00 Red Hats Group Tea Party (A)		Location Key: (A) Activity Room (D) Dining Room (O) Out Front (F) Friendship Room (beside activity room) (C) Chapel	Any calendar changes or additions will be posted on the tv near the dining room. Groups are 30 to 60 minutes in length and are held in the activity room unless noted otherwise.	