

# September 2025

## Serenity Memory Care

Richfield Healthcare Center  
3719 Knollridge Rd, Salem, VA 24153  
Director of Activities Lacey Ashworth



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>★ LABOR DAY ★</b> <b>10:30</b> Morning Coffee & Devotion Time (B) <b>3:30</b> Sensory Room Hangout	<b>11:00</b> Montessori Block Therapy <b>3:00</b> Balloon Swat <b>3:30</b> 1 on 1 Time	<b>11:00</b> Dot Painting <b>3:30</b> Outdoor Time w/ Friends	<b>9:00</b> Easy Listening Music <b>3:00</b> Movie Matinee (W) Snacks & Drinks <b>"Coal Miners Daughter"</b>	<b>11:00</b> Sorting the Buttons and Colors <b>2:00 Grandparents (sc) Day Celebration w/ Robbie Piano Tunes</b>	<b>3:30</b> National Coffee Ice Cream Day Snack (B)
<b>10:00 Church Service w/ Chaplain Gary Channel 62</b>	<b>11:00</b> Bible Study w/ Chaplain Gary (B) <b>3:30</b> Pamper & Polish	<b>11:00</b> Fine Motor Skills "Lacing" <b>3:00</b> Ball Toss <b>3:30</b> 1 on 1 Time	<b>11:00</b> Poem Reading <b>3:30</b> Sunflower Arts & Crafts	<b>9:00</b> Old Time Radio Hour <b>2:00 Scenic Ride</b>	<b>11:00</b> Corn Shucking & Memories <b>2:45</b> Music Therapy w/ Anderson Music	<b>Individual Activities Available in each Cottage's Activity Room</b>
<b>10:00 Church Service w/ Chaplain Gary Channel 62</b>	<b>11:00</b> Bible Study w/ Chaplain Gary (B) <b>3:30</b> Old Hymn Sing-A-Long	<i>Golden Girls 40<sup>th</sup> Anniversary</i> <b>10:30</b> Cheesecake, Coffee and Chat (W) <b>11:00</b> Which Golden Girl Are You? (W) <b>2:00</b> Golden Girls Watch Party (W)	<b>10:00</b> Adult Coloring (W) <b>10:30</b> Bible Study w/ Eugene Mills from Sunset Ministries (W) <b>3:30</b> Popsicles on The Patio	<b>9:00</b> Morning Game Shows <b>3:00</b> Movie Matinee (W) Snacks & Drinks <b>"Pretty Woman"</b>	<b>11:00</b> Fold the Laundry w/ Me <b>3:00</b> Memory Match Trivia	<b>3:30</b> Almost Fall Flower Arranging
<b>10:00 Church Service w/ Chaplain Gary Channel 62</b>	<i>First Day of Fall</i> <b>11:00</b> Bible Study w/ Chaplain Gary (B) <b>3:30</b> Fall Views & Hot Cider Too	<b>11:00</b> Music & Movement <b>3:00</b> Fall Scents Hand Massages <b>3:30</b> 1 on 1 Time	<b>11:00</b> Giant Bowling <b>3:30</b> Fresh Baked Cookies & Chat	<b>9:00</b> I love Lucy <b>3:00</b> Movie Matinee (W) Snacks & Drinks <b>"Willie Wonka"</b>	<b>Johnny Appleseed Day</b> <b>11:00</b> AromaTherapy Homemade Apple Sauce <b>2:45</b> Music Therapy w/ Anderson Music	<b>Individual Activities Available in each Cottage's Activity Room</b>
<b>10:00 Church Service w/ Willie Turner Channel 62</b>	<b>11:00</b> Bible Study w/ Chaplain Gary (B) <b>3:30</b> Pamper & Polish	<b>11:00</b> Bocce Ball <b>3:00</b> Brews & Tattoos <b>3:30</b> 1 on 1 Time				<b>Info Key:</b> (sc) Skylight Café (B) Blue Ridge (W) Willow (H) Honeysuckle (S) Serenity (O) Outside (R) Rehab Halls (LTC) Long Term Care