September Monthly Overview | Friendship Salem Terrace 🙈

Did you know September gets its name from the Latin word *septem*, meaning seven? Once the seventh month of the Roman calendar, it now marks the beginning of fall — and a vibrant season of connection, celebration, and purpose here at Friendship Salem Terrace!

This month, we're thrilled to spotlight National Assisted Living Week (Sept 7–13) with the theme "Ageless Adventures." Each day features destination-themed fun — from Paris to Hawaii, NYC to China — with music, movement, creativity, and culture.





BLOOD DRIVE Thursday, September 11th 12 PM - 4 PM **Multipurpose Room** 1851 Harrogate Dr.

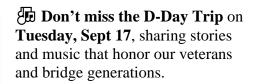


Salem, VA 24153









• The Legacy Podcast Workshop • Paint Like Monet, Tai Chi, Taste

• Shared programs across all levels

Blood Drive: Thursday, Sept 11 12-4 PM | Multipurpose Room

anniversary of 9/11, we're hosting a blood drive. One pint can save up to

of Tuscany, and more

As always, our community is filled with heart, spirit, and purpose — and we can't wait to see where September

takes us. Here's to another month of making memories and meaningful moments together.

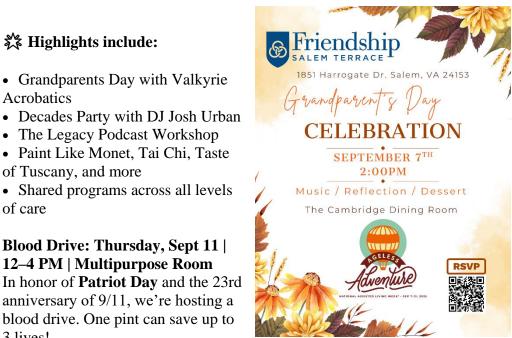
Acrobatics

of care

3 lives!











National Assisted Living Week

September 7-13, 2025: "Ageless Adventure"

This year's theme for National Assisted Living Week® is "Ageless Adventure." Please use the resources below - including a planning guide, promotional resources, products, and graphics - to celebrate "Ageless Adventure" during NALW this year. Participants are asked to share their celebrations throughout the week on social media with #NALW.

About National Assisted Living Week

Established by the National Center for Assisted Living (NCAL) in 1995, National Assisted Living Week® provides a unique opportunity for residents, their loved ones, staff, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. The annual observance encourages assisted living communities around the country to offer a variety of events and activities to celebrate the individuals they serve, as well as to help educate members of the public about this distinctive aspect of long term care. Celebrate National Assisted Living Week!

October Look Ahead

