

October 2025

Friendship Assisted Living

320A Hershberger Rd.

Roanoke, VA 24012

Director of Activities Austin O'Dell

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Location Key: (A) Activity Room (B) Dining Room (O) Out Front (F) Friendship Room (beside activity room) (C) Chapel	Any calendar changes or additions will be posted on the tv near the dining room. Groups are 30 to 60 minutes in length and are held in the activity room unless noted otherwise.		10:00 Get together social (A) 1 10:30 Checkers Tournament (A) 2:00 BINGO (D) 3:00 Cliff Beach Gospel Music (C)	10:00 Bible Study 2 w/ Chaplain Gary (A) 10:30 The Chosen (A) 2:00 Resident Council (A)	10:00 Balloon Volleyball (A) 3 2:00 Ron Downing Music (D) 3:15 Corn Hole Game (A)	9:00 Prayer Meeting w/ Anita (C) 4 10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
1:00 Bible Study with Ross (A) 5 3:00 Church Service with Chaplain Gary (C)	9:30 Wal-Mart 6 10:00 Exercise w/ Nancy (A) 10:30 Skip-Bo w/ Nancy (A) 2:00 BINGO (D)	10:00 Morning Walking Group (A) 7 10:30 Carrum Game (A) 1:30 Movie & Popcorn (A) 6:00 Paul & the Goseplers (C)	10:00 Jeopardy (A) 8 11:30 Marc Baskind Birthday Celebration (D) 2:00 BINGO (D)	10:00 Bible Study w/ Chaplain Gary (A) 9 10:30 The Chosen (A) 1:30 Brothers Young Jazz Music (C) 2:30 Balloon Swat (A)	10:00 Painting Pumpkins craft (A) 10 2:00 40 Years After (D) 3:15 Lone Star Showdown Game (A)	9:00 Prayer Meeting w/ Anita (C) 11 10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
3:00 Church Service with Chaplain Gary (C) 12	9:30 Scenic Ride 13 10:00 Exercise w/ Nancy (A) 10:30 Skip-Bo w/ Nancy (A) 2:00 BINGO (D)	10:00 Cardio Drumming (A) 14 10:30 Checkers & Chess (A) 2:00 Sammy P Music Guitar & Vocals (D)	10:00 Craft Time with Lisa (A) 15 1:30 Menu Meeting (D) 2:00 BINGO (D)	10:00 Bible Study w/ Chaplain Gary (A) 16 11:30 Veterans Lunch 2:00 Fun w/ Wendi Snacks, games, & craft (A)	10:00 Bible Study w/ Eugene Mills 17 2:00 Red Hats Meeting (A) 3:15 Monthly Balloon Volleyball Game (A)	9:00 Prayer Meeting w/ Anita (C) 18 10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
1:00 Bible Study with Ross (A) 19 3:00 Church Service with Chaplain Gary (C)	9:30 Krispy Kreme 20 10:00 Exercise w/ Nancy (A) 10:30 Skip-Bo w/ Nancy (A) 2:00 BINGO (D)	10:00 Morning Walking Group (L) 21 10:30 Word Search Race (A) 1:30 Movie & Popcorn (A)	10:00 Health Talk w/ Enhabit Health 22 10:30 Pet Therapy w/ Roux 2:00 BINGO (D) 3:00 Vested In Christ (C)	10:00 Bible Study w/ Chaplain Gary (A) 23 10:30 The Chosen (A) 2:00 Disc Golf Game (A)	10:00 Wheel of Fortune (A) 24 2:00 John Yates Music (C) 3:00 Pet Therapy w/ Trooper (L)	9:00 Prayer Meeting w/ Anita (C) 25 10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
3:00 Church Service with Chaplain Gary (C) 26	9:30 Mexican Restaurant (A) 27 10:00 Exercise w/ Nancy (A) 10:30 Skip-Bo w/ Nancy (A) 2:00 BINGO (D)	10:00 Axe Throwing (A) 28 10:30 Karaoke (A) 1:30 Movie & Popcorn (A)	10:00 Hot Chocolate Social (A) 29 2:00 BINGO (D) 3:00 Cliff's Country Music (A)	10:00 Bible Study w/ Chaplain Gary (A) 30 10:30 Little Lions Pre-School Trick or Treat (L) 2:00 Modeling Clay Craft (A) 6:00 Friends of Praise(A)	10:00 Halloween Party (A) 31 2:00 Henry Downing Band (D) 3:00 Halloween Bingo (A)	