

Monday	Tuesday	Wednesday	Thursday	Friday
 October 2025 Independent Living North Campus		11am <u>Don Clyburn on 1</u> Medicare Changes CH 12:30pm pickups begin for Bus to ROSIE'S Gaming <i>by reservation</i> 2pm Games Galore CF 3pm LEAP Produce Truck	9am/10am WESTWOOD 2 <u>Shop Crossroads Kroger/Aldi</u> 11am Bible Study w/Sarah in CF 2pm Rke County Triad CH <u>Scams w/Shannon Abell,</u> AARP Community Ambassador	9am//10am Shopping Bus 3 <u>Crossroads Kroger/Aldi</u> 1pm By Popular Demand! <u>Gospel Sing a Long</u> CH with Patty Miller!
6 Bingo 12noon CF 1:30pm <u>Enhabit Health</u> CH on Senior Health & Blood Pressure Screening!	10am Coffee's on Me CF 7 10:30am pk ups begin for Hamricks Shopping Bus <i>by reservation only</i> 1pm/2:30pm Fiber/Farkle 2pm Church Service with Chaplain Gary CH	8 10:30am pickups begin Lunch Bus to Peaks of Otter <i>by reservation</i> 2pm Games Galore CF 3pm LEAP Produce Truck	9am/10am WESTWOOD 9 <u>Shop Food Lion & Walmart</u> 11am Joe McNamara CH Republican Candidate for <u>House of Delegates</u> 3pm Fship Singers in CH	10 9am-12noon Flu Clinic in Chapel Advance Sign Up with Leslie is Required 540.265.2255 1pm//2pm Shopping Bus Food Lion & Wmart
13 Bingo 12noon CF Paige Chisom caller 2pm Donna Littlepage CH <u>Democratic Candidate for</u> <u>House of Delegates</u>	12n Chinese Theme Buffet 14 Bring a dessert to share <i>by reservation only</i> CF 50/50 raffle \$5 for 3 tickets 1:30pm Pastor Talk CH with Chaplain Gary 7pm <i>Civil War Roundtable</i>	15 1pm bus pickups begin for Sweet Frog Yogurt <i>by reservation only</i> 2pm Games Galore CF 3pm LEAP Produce Truck	9am/10am WESTWOOD 16 <u>Shop Hollins Kroger</u> 12noon Veterans Lunch <i>by reservation only</i> CF 3pm Happy Hour in CF Snax & Sips	9am//10am Shopping 17 <u>Hollins Kroger</u> 1pm Hollins Library Bus reserve and return books <i>reservation only</i>
20 Bingo 12noon CF 2pm Armchair Travel to Indonesia	10am Coffee's on Me CF 21 1pm/2:30pm Fiber/Farkle in the Library 2pm Church Service with Chaplain Gary CH 7pm <i>WWII Roundtable</i> CH	22 10:30am pickups begin Lunch Bus to Peaks of Otter <i>by reservation</i> 2pm Games Galore CF 3pm LEAP Produce Truck	9am/10am WESTWOOD 23 <u>Shop Food Lion & Walmart</u> 2pm Team Trivia CF Come join a team! 3pm Fship Singers in CH	9am//10am Shopping 24 <u>Bus Food Lion & Wmart</u> 12:30pm BISTRO Bus begins pickups for lunch, return trip home at 2pm <i>by reservation only</i>
27 Bingo 12noon Club Friendship Ken Mowbray caller 2pm Craft with Cheryl CF <u>Fall Centerpiece</u> <i>by reservation</i>	1:30pm pk ups begin 28 VOLUNTEER at the Rescue Mission <i>by reservation</i> 2pm St. Andrews Catholic Holy Communion CH	29 10:30am pickups begin Lunch Bus to Peaks of Otter <i>by reservation</i> 2pm Games Galore CF 3pm LEAP Produce Truck	9am/10am WESTWOOD 30 <u>Shop Crossroads Kroger/Aldi</u> 11am Bible Study w/Sarah in CF 1pm Melrose Baptist Choir performs in Chapel 2pm FAR Meeting CH All residents invited!	9am//10am Shopping Bus 31 <u>Crossroads Kroger/Aldi</u> 12noon Crockpot Cauldron <u>Halloween Party</u> CF Bring your favorite lunch in your crockpot! Dress in Costume - Live Music

Buses circle campus 30 mins prior to most on campus events. **Bingo Bus** circles @11:15am. **Items in yellow** require signup

Pat Walters Activities Coordinator 540.777.4612

- **CALL** when you receive your calendar at (540.777.4612) & leave one message with all the things you wish to participate in that require a sign up. Only those highlighted in yellow need a reservation. Transport is available as buses circle campus 30 mins prior to most on campus activities except Bingo, those buses leave Residents Ctr at 11:15am for 12noon Bingo. Off campus bus trip pick up times are listed on the calendar. Call if you're unsure about pick up locations.
- **CANCEL "reserved" activities at the number above.** Please allow those on the waiting list the chance to go if you are not able to attend. Prompt cancellation allows us time to call those on list.
Abbreviations for activity locations: All in the single story building labeled **Residents Center**
CH = Chapel 1st hallway on right after entering **CF** = Club Friendship to left after entering front door
Lby = Library where fireplace is along with puzzle tables, etc.
CRoom = Community Room (from entrance take hallway to right past hair salon)
- **Armchair Travel** – monthly travel videos and snacks from a different country each month.
- **Bible Study** – Sarah Stephens hosts a twice monthly bible study in Club Friendship – all are welcome!
- **Bingo** – played most Mondays (see calendar). Bring \$1 for winner's pot. Prizes for winners!
- **Buffet Luncheon** – mo. 2nd Tues, complimentary meal by reservation only, bring a dessert to share.
- **Chaplain Gary Kingery** holds 3 Tues services (see calendar) **and at 11am on Sunday 10/26th** in Chapel!
- **Charades** – some months played in teams in Club Friendship (come join the fun!)
- **Civil War & WWII Roundtables** – monthly & open to all in the evenings (see calendar)
- **Coffee's on Me** – a twice monthly gathering of neighbors in Club Friendship to sip & talk.
- **Craft with Cheryl** – Each month make seasonal crafts. Supplies provided, advance sign up needed.
- **Communion** – a monthly service provided by St. Andrews Catholic Church in Residents Ctr Chapel.
- **Enhabit** – a monthly service – senior topics of interest will be covered & a blood pressure screening
- **FAR Meetings** – Friendship Association of Residents meets quarterly to discuss resident matters.
- **Farkle Dice** – a twice monthly dice game to enjoy with neighbors. Come watch, learn & participate!
- **Fiber Friends** – a twice monthly needlework group to enjoy, learn and see each other's projects
- **Friendship Singers** – practice twice monthly. Seasonally – check calendar and join us!
- **Games Galore** – a new addition at resident's request to play board & card games in CF each Wed.
- **Happy Hour** – Held monthly with lite snacks, beer, wine & cider provided. Live music (see calendar)
- **Leap** – A weekly mobile produce market. Sets up in Bistro's side parking lot for one hour.
- **Morning Movie** – when scheduled, a movie of interest on big screen in Club Friendship
- **Pastor Talk** – Chaplain Gary provides a monthly talk each 2nd Tuesday check your calendar
- **Senior Trivia** – held monthly, we play in teams to answer questions and test our memories. Prizes!
- **Shopping bus (GROCERIES)** – each Thursday & Friday bus circles campus for riders that want to do grocery shopping at the store listed for that day. **West Wood buses run Thurs at 10am.**
All remaining buildings go Fri. The Village at 10am, remaining buildings at 9am. No sign up is required
- **Spelling Bee** – held some months, we play in teams for prizes and to test our spelling skills.
- **Sunday Service in Chapel** – will be held on Sunday, 10/26 in the residents' center chapel.
- **Talk with Tam** – a monthly discussion group with Tam Dawyot on senior matters.
- **Timeless Treasures** – held some months, bring treasures and share their story.
- **Triad Safety Meetings** – alternating 1st Thursdays, Triad Association has speakers on senior safety
- **Veterans Box Lunch** – monthly (see calendar), if you have not attended before, call (540.777.4612)
- **Volunteer Bus** – when scheduled visit to Rescue Mission, clothes sorting & kitchen work to volunteer
- **Wordsmiths** – a twice monthly resident led (Nancy Valle) Creative Writing group for fun, come try it!