

Monday	Tuesday	Wednesday	Thursday	Friday
Bingo 12noon CF ³ Paige Chisom caller 1:30pm Enhabit Health CH on Bone/Joint Health and a Blood Pressure Screening!	10am Coffee's on Me CF ⁴ 10:30am pk ups begin for Heritage Market, Fincastle by reservation only 1 & 2:30 pm Fiber/Farkle 2pm Church Service with Chaplain Gary CH	11am pickups begin Lunch Bus Red Palace Chinese by reservation ⁵ 2pm Games Galore CF 3pm LEAP Produce Truck	9am/10am WESTWOOD ⁶ Shop Food Lion & Walmart 10:30am Bible Study w/Sarah in CF 12noon Veterans Lunch by reservation only CF 3pm Fship Singers CH	9am//10am Shopping ⁷ Bus Food Lion & Wmart  5-8pm Life & Lights Luminaries & Program at Richfield. 4:30pm Bus transport available Reserve with Pat in advance!
Bingo 12noon CF ¹⁰ 2pm Senior Trivia CF Come join the fun!	10:30am pk ups begin for Veterans Day Bus to Richfield for lunch & program by reservation only ¹¹ 7pm Civil War Roundtable	12n Thanksgiving Buffet ¹² Bring a dessert to share by reservation only CF 50/50 raffle \$5 cash 3 tickets 2pm Games Galore CF 3pm LEAP Produce Truck	9am/10am WESTWOOD ¹³ Shop Hollins Kroger 11am Talk with Tam on Senior Health CF 1:30pm Armchair Travel to Mexico 3pm Fship Singers in	9am//10am Shopping ¹⁴ Hollins Kroger 12:30pm Pastor Talk CH with Chaplain Gary 12:30pm BISTRO Bus begins pickups for lunch, return trip home at 2pm by reservation only
Bingo 12noon ¹⁷ Club Friendship Ken Mowbray caller 2pm Craft with Cheryl CF Holiday Ornaments! by reservation	10am Coffee's on Me CF ¹⁸ 1pm/2:30pm Fiber/Farkle in the Library 2pm St. Andrews Holy Communion CH 7pm WWII Roundtable CH	Beltone CH by reservation ¹⁹ 11am pickups begin for Lunch Bus Red Palace Chinese by reservation 2pm Games Galore CF 3pm LEAP Produce Truck	9am/10am WESTWOOD ²⁰ Shop Food Lion & Walmart 11am Bible Study CF 2pm Warren Dance Academy presents The Nutcracker CH 3pm Happy Hour in CF Snax & Sips	9am//10am Shopping ²¹ Bus Food Lion & Wmart 12:30pm bus pk ups begin for us to enjoy a Harp Guitarist at Richfield by reservation only
Bingo 12noon ²⁴ Club Friendship 2pm Ronald McDonald House Meredith Burrow speaks on volunteering CH	1:30pm pk ups begin VOLUNTEER at the Rescue Mission by reservation ²⁵ 2pm Church Service with Chaplain Gary CH	11am pickups begin for Lunch Bus Red Palace Chinese by reservation ²⁶ 2pm Games Galore CF 3pm LEAP Produce Truck	 ²⁷ Happy Thanksgiving! ACTIVITIES OFFICE CLOSED	No SHOPPING BUS ²⁸ THIS WEEK ACTIVITIES OFFICE CLOSED

Sunday Church
11/23rd

Flip calendar
OVER>> for
 more info!

November 2025
Independent Living North Campus

Buses circle campus 30 mins prior to most on campus events. **Bingo Bus circles @11:15am.** Items in yellow require signup

Pat Walters Activities Coordinator 540.777.4612

- **CALL** when you receive your calendar at (540.777.4612) & leave one message with all the things you wish to participate in that require a sign up. Only those **highlighted in yellow** need a reservation. Transport is available as buses circle campus 30 mins prior to most on campus activities except Bingo, those buses leave Residents Ctr at 11:15am for 12noon Bingo. Off campus bus trip pick up times are listed on the calendar. Call if you're unsure about pick up locations.
- **CANCEL "reserved" activities at the number above.** Please allow those on the waiting list the chance to go if you are not able to attend. Prompt cancellation allows us time to call those on list.
Abbreviations for activity locations: All in the single story building labeled **Residents Center**
CH = Chapel 1st hallway on right after entering **CF** = Club Friendship to left after entering front door
Lby = Library where fireplace is along with puzzle tables, etc.
CRoom = Community Room (from entrance take hallway to right past hair salon)
- **Armchair Travel** – monthly travel videos and snacks from a different country each month.
- **Bible Study** – Sarah Stephens hosts a twice monthly bible study in Club Friendship – all are welcome!
- **Bingo** – played most Mondays (see calendar). Bring \$1 for winner's pot. Prizes for winners!
- **Buffet Luncheon** – mo. 2nd Tues, complimentary meal by reservation only, bring a dessert to share.
- **Chaplain Gary Kingery** holds 3 Tues services (see calendar) **and at 11am on Sunday 11/23rd** in Chapel!
- **Charades** – some months played in teams in Club Friendship (come join the fun!)
- **Civil War & WWII Roundtables** – monthly & open to all in the evenings (see calendar)
- **Coffee's on Me** – a twice monthly gathering of neighbors in Club Friendship to sip & talk.
- **Craft with Cheryl** – Each month make seasonal crafts. Supplies provided, advance sign up needed.
- **Communion** – a monthly service provided by St. Andrews Catholic Church in Residents Ctr Chapel.
- **Enhabit** – a monthly service – senior topics of interest will be covered & a blood pressure screening
- **FAR Meetings** – Friendship Association of Residents meets quarterly to discuss resident matters.
- **Farkle Dice** – a twice monthly dice game to enjoy with neighbors. Come watch, learn & participate!
- **Fiber Friends** – a twice monthly needlework group to enjoy, learn and see each other's projects
- **Friendship Singers** – practice twice monthly. Seasonally – check calendar and join us!
- **Games Galore** – a new addition at resident's request to play board & card games in CF each Wed.
- **Happy Hour** – Held monthly with lite snacks, beer, wine & cider provided. Live music (see calendar)
- **Leap** – A weekly mobile produce market. Sets up in Bistro's side parking lot for one hour.
- **Morning Movie** – when scheduled, a movie of interest on big screen in Club Friendship
- **Pastor Talk** – Chaplain Gary provides a monthly talk each 2nd Tuesday check your calendar
- **Senior Trivia** – held monthly, we play in teams to answer questions and test our memories. Prizes!
- **Shopping bus (GROCERIES)** – each Thursday & Friday bus circles campus for riders that want to do grocery shopping at the store listed for that day. **West Wood buses run Thurs at 10am.**
All remaining buildings go Fri. The Village at 10am, remaining buildings at 9am. No sign up is required
- **Spelling Bee** – held some months, we play in teams for prizes and to test our spelling skills.
- **Sunday Service in Chapel** – will be held on Sunday, 11/23 in the residents' center chapel.
- **Talk with Tam** – a monthly discussion group with Tam Dawyot on senior matters.
- **Timeless Treasures** – held some months, bring treasures and share their story.
- **Triad Safety Meetings** – alternating 1st Thursdays, Triad Association has speakers on senior safety
- **Veterans Box Lunch** – monthly (see calendar), if you have not attended before, call (540.777.4612)
- **Volunteer Bus** – when scheduled visit to Rescue Mission, clothes sorting & kitchen work to volunteer
- **Wordsmiths** – a twice monthly resident led (Nancy Valle) Creative Writing group for fun, come try it!