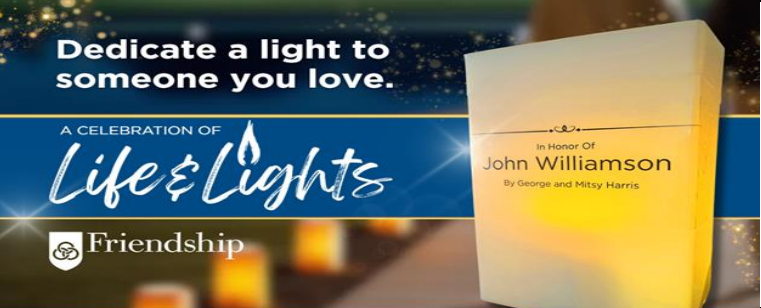


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 Assisted & Independent Living Calendar of Events						
9:15- SD: Daily Chronicles Café 2 11:15- FST Church Service w/ Andrew Activities Center 3:00- Music w/ Paul Kidd Living Room 4:00- REST & RELAX Daylight Saving Time Ends	9:15- Daily Chronicles Café 3 10:30- Creative Expressions w/ Ted from (Affinity Care) Activities Center 1:15- Scenic Bus Ride 3:00- SD: Bored Board Activities Activities Center	9:15- Daily Chronicles Café 4 10:30- Perfect Pie Garland Craft Activities Center 1:30- BINGO Activities Center 3:00- Game Room Collective Activities Center	9:15- Daily Chronicles Café 5 10:30- Hearts in Harmony Memorial Service Living Room 1:30- Walking Club Living Room 2:00- Weekly Church Service w/ Chaplain Gary Living Room 3:15- MUSIC: Vested in Christ LR 6:30- Evening BINGO w/ Vicki Activities Center	9:15- SD: Daily Chronicles Café 6 10:00- Guess that Sound Café 11:15- Seated Chair Work Out Video w/ Debbie Neff AC 1:30- Bible Study w/ Eugene Activities Center 2:30- New Resident Welcome Mixer Activities Center 3:00- Creative Expressions-Corn Cob Paper Wreaths Activities Center	9:15- Daily Chronicles Café 7 10:00- Resident Involvement Committee Activities Center 3:00- Movie & Popcorn [Dead Poet's Society- 1989] Media Center	9:15- SD: Daily Chronicles Café 8 11:00- Seated Chair Workout Activities Center 1:30- BINGO Activities Center 3:00- Technology Help Activities Center
9:15- SD: Daily Chronicles Café 9 11:15- FST Church Service w/ Andrew Activities Center 2:00- True or Fowl Living Room 4:00- REST & RELAX	9:15- Daily Chronicles Café 10 10:30-Jeopardy Activities Center 1:15- Scenic Bus Ride- Explore Park Roanoke 3:00- Pilgrim's Pursuit Scavenger Hunt Living Room	9:15- Daily Chronicles Café 11 10:30- FST- VETERANS DAY CELEBRATION Living Room 1:30- BINGO Activities Center 3:15- Rhythm & Flow w/ Krista Multipurpose Room Veterans Day Remembrance Day (Canada)	9:15- SD: Daily Chronicles Café 12 10:00- Are You Smarter Than a Fifth Grader? Activities Center 2:00- Weekly Church Service w/ Chaplain Gary Living Room 3:00- Creative Expressions: Apple Dumplings- Cooking w/ Heart Café 6:30- Evening BINGO Activities Center	9:15- Daily Chronicles Café 13 11:15- Seated Chair Work Out Video w/ Debbie Neff AC 1:30- Bible Study w/ Eugene Activities Center 3:00- FST RESIDENT COUNCIL Activities Center 4:00- Thankful Happy Hour PDR	9:15- Daily Chronicles Café 14 11:00- Allegro Music Therapy Living Room 1:30- Adam Williams Performance Living Room 3:00- Movie & Popcorn [Grumpy Old Men- 1993] Media Center	9:15- SD: Daily Chronicles Café 15 11:00- Seated Chair Workout Activities Center 1:30- BINGO Activities Center 3:00- Minute 2 Win It Activities Center
9:15- SD: Daily Chronicles Café 16 11:15- FST Church Service w/ Andrew Activities Center 2:00- Word Mining Activities Center 4:00- REST & RELAX	9:15- Daily Chronicles Café 17 10:30- Health Talk w/ Enhabit Café 1:15- Scenic Bus Ride 3:00- SD: Bored Board Activities Activities Center	9:15- Daily Chronicles Café 18 10:30- Music: WEUMC Gospel Sing Living Room 1:30- BINGO Activities Center 3:00- Axe Throwing Multipurpose Room	9:15- SD: Daily Chronicles Café 19 10:30- December Monthly Calendar Overview Café 1:30- Walking Club Living Room 2:00- Weekly Church Service w/ Chaplain Gary Living Room 3:15- MUSIC: Vested in Christ LR 6:30- Evening BINGO w/ Vicki Activities Center	9:15- SD: Daily Chronicles Café 20 10:00- FST ANNUAL "FRIENDSGIVING" Dining Room 11:15- Seated Chair Work Out Video w/ Debbie Neff AC 1:30- Bible Study w/ Eugene Activities Center 2:30- Music w/ Marc Baskind LR	9:15- Daily Chronicles Café 21 10:00-Cardio Drumming w/ Gentiva Hospice Multipurpose Room 11:00- November Birthday Social & December Bday Card Signing Café 3:00- Movie & Popcorn [Mall Cop- 2009] Media Center	9:15- SD: Daily Chronicles Café 22 11:00- Seated Chair Workout Activities Center 1:30- BINGO Activities Center 3:00- Wii Bowling Media Center 6:30- Sip and Paint w/ Rachelle Activities Center
9:15- SD: Daily Chronicles Café 23 11:15- FST Church Service w/ Andrew Activities Center 2:00- Noodle Ball Activities Center 4:00- REST & RELAX	9:15- Daily Chronicles Café 24 10:30- Lunch Outing to Mission BBQ Roanoke 1:30- Archery Living Room 3:00- SD: Bored Board Activities Activities Center	9:15- SD: Daily Chronicles Café 25 10:00- Music w/ Keith Campbell Living Room 1:30- BINGO Activities Center 3:15- Rhythm & Flow w/ Krista Multipurpose Room 4:00- Game Room Collective Activities Center	9:15- Daily Chronicles Café 26 2:00- Weekly Church Service w/ Chaplain Gary Living Room 3:00- Creative Expressions: Making Muffin Pizzas Café 6:30- Murder Mystery Night Activities Center	9:15- SD: Daily Chronicles Café 27 10:30- Family Feud Café 3:00- Polish & Pamper Activities Center Thanksgiving Day (U.S.)	9:15- Daily Chronicles Café 28 2:00- Card Stamping & Making w/ Lisa Activities Center 3:00- Movie & Popcorn [Beethoven- 1992] Media Center	9:15- SD: Daily Chronicles Café 29 11:00- Seated Chair Workout Activities Center 1:30- BINGO Activities Center 3:00- EZ Random Trivia Activities Center
9:15- SD: Daily Chronicles Café 30 11:15- FST Church Service w/ Andrew Activities Center 2:00- Wii Bowling Media Center 4:00- REST & RELAX	  					

Friendship Salem Terrace *1851 Harrogate Drive* Salem, VA*(540) 444-0343* Please See Weekly Schedule for Any Additions or Updates* **Activities Are Subject to Change** (Mike Puckett, Program Director)

ALL ACTIVITIES RANGE FROM A HALF TO FULL HOUR. ACTIVITIES END AT STAFFS DISCRETION. Activity Coordinators: **Rachelle White, Katherine Bowles, Anna Gyarak, Kat Hegarty**