



A Month of Holiday Joy, Community, and Seasonal Traditions

December at Friendship Salem Terrace is a truly special time of year, and our entire community—both Dogwood Memory Care and Assisted & Independent Living—will be celebrating with a full month of festive programs, seasonal traditions, and warm holiday gatherings. Our building transforms into a place of music, creativity, connection, and joy as we embrace all the moments that make this season meaningful for our residents.



 In **Dogwood Memory Care**, residents will enjoy a comforting and engaging holiday schedule designed to bring familiarity, sensory enrichment, and festive cheer. Their month includes the Tree Lighting Ceremony with Cocoa & Cookies featuring the Roanoke College Choir, the December Birthday Party, and the Annual FST Open House. Dogwood residents will experience a variety of holiday-themed crafts such as ornament making, Arctic Animal Chains, Marvelous Mittens, Frosty Flakes, Gingerbread House Art, and Cozy Owls. Seasonal music fills the month with performances by Robbie Vance, Marc Baskind, Jim Robinson on Hammer Dulcimer, Edris Perdue, and others. Dogwood will also celebrate Holiday Spirit Week, including Candy Cane Lane Day, Holiday Head-to-Toes Day, Let It Snow Day, Santa & Friends Day, Tinsel & Twinkle Day, and Sounds of the Season Day where residents and staff can dress in theme with the day. Throughout the month, residents can enjoy holiday games, festive socials, sensory-based programs, and cozy movie afternoons featuring classics like *Polar Express*, *White Christmas*, and *How the Grinch Stole Christmas*. The month concludes with a Christmas Eve Service and Candle Lighting, followed by a joyful New Year's at Noon celebration.

 Our **Assisted & Independent Living Community** will experience an equally festive and robust December. The season begins with our annual Tree Lighting Ceremony with cocoa, cookies, and live music. This month also features the Annual FST Open House with happy hour, piano music, and a special holiday dinner. Residents will enjoy seasonal outings, including a trip to the Elks Home to see Christmas Lights paired with dinner at Liberty Station and a visit to the Fashions for Evergreen display at Hotel Roanoke. Holiday Spirit Week continues building-wide, bringing themed days, festive attire, and plenty of laughter to the community. Throughout December, residents can participate in Christmas-themed crafts, including Fingerprint Christmas Trees, Winter Wonderland Cones, Christmas Cards, Gingerbread House building, and other creative workshops. Musical experiences are abundant with performances by Robbie Vance, Keith Campbell, Marc Baskind, Jim Robinson, and local school groups.

The Assisted & Independent Living calendar also includes seasonal socials such as Grinchmas Happy Hour, themed fitness and wellness programs, Bible Study opportunities, and a wide

selection of educational and enrichment offerings. Festive movie showings, cozy hot cocoa gatherings, and Charles Dickens holiday readings bring warmth and tradition to many afternoons and evenings. Residents can look forward to BINGO sessions, trivia, group games, holiday baking activities, technology help, involvement committees, and creative programs throughout the month. The holiday season reaches a meaningful peak with the Christmas Eve Service and Candle Lighting, followed by a celebratory New Year's at Noon event and our New Year's Eve Dinner.

Together, the Dogwood and Assisted & Independent Living calendars reflect a December full of community, celebration, and shared joy. Friendship Salem Terrace is proud to offer a month that brings our residents together through music, creativity, worship, traditions, and the spirit of the season. We look forward to celebrating a warm and memorable holiday month with every member of our community.



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