

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Elements: 1. Physical 2. Spiritual 3. Social 4. Vocational 5. Intellectual 6. Emotional 7. Environmental	1:00 pm Richfield Singers (CL) (3, 4, 6) 1 2:00 pm: Bible Study Group Led by Chaplin Gary (R52) (2, 3) 3:30 pm Hymns and Tea at "3 ish" (SR)(2, 3, 6) 6:00 pm Mexican Train (CR) (3, 5)	10:00 am Belk Valley View Mall Shopping & Lunch (TC) (3) 2 12:30 pm to 3:30 pm Hand & Foot (CR)(3, 5) 2:00 pm Ridgecrest Tree Decorating in the Regency Room (RR) (3)	9:30 am & 10:30 am Shopping at Walmart & Kroger. RSVP to 540.378.6202 3 1:00 pm Knollwood Tree Decorating in the Sitting Room (CR) (3) 2:00 Bingo (CR) (3) 6:00 pm SKYJO GAME (R52) (3, 5)	10:00 am Rainer Trio & Bob Peckman Christmas Concert (CR) 4 11:00 am Blood Pressure Clinic (KW) (1) 2: 30pm Art History with Shirley Broom (R52)(3, 4, 5,) (3, 5) 6:00 pm Game Night (CR) (3, 5) 6:00 pm Resident Led Bible Study Group (RR) (2, 3)	11:00 am Town Hall (CR) 5 1:00 pm Rummikub (R52)(3, 5) 1:00 pm Bridge (CL)(3, 5) 2:00 pm Scrabble/Rook (R52) (3, 5) 2:00 pm Christmas Craft (RR) (3, 4, 5) 6:00 Sing-A-Long (AC) (3)	12:30 pm to 3:00 pm Hand, Knee & Foot Game (CR) (3, 5) 6
10:00 am Sunday Chapel (CR) (2, 3, 6) 7 11:00 am Sunday Brunch (AC) (3) 2:00 pm Join Sue Davis to share your Love of God thru Joys, Praises, Prayers, & hymn singing! (RR) (2, 3, 6)	9:00 Communications Council (R52) (3,5) 8 1:00 pm Spiritual Life Council(R52) (2, 3) 1:00 pm Richfield Singers (CL)(3, 4, 6) 2:00 pm Carolers of Christmas Past Concert (CR) 6:00 pm Mexican Train (CR) (3, 5)	12:30 PM Hotel Roanoke Christmas Tree Tour/ Pine Room 2:00 pm. Outing RSVP with Ravan Day (TC) 9 12:30 pm to 3:30 pm Hand & Foot (CR)(3, 5)	9:30 am & 10:30 am Shopping at Walmart & Kroger. RSVP to 540.378.6202 10 10:00 am Glen Cove Elementary School (CR) 1:00 pm Community Engagement Council (R52)(3,5) 2:00 Bingo (SR) (3) 6:00 pm SKYJO GAME (R52) (3, 5)	Front Door Christmas Decoration Contest Winner. Please see flyer for details. 11 11:00 am Dementia Support Group (R52) (1, 6) 6:00 pm Game Night (CR) (3, 5) 6:00 pm Resident Led Bible Study Group (RR) (2, 3)	9:00 am Blacksburg Ballet & Lunch at Preston's (TC) RSVP Required. Limited Seating 12 1:00 pm Rummikub (R52)(3, 5) 1:00 pm Bridge (CL)(3, 5) 2:00 pm Scrabble/Rook (R52) (3, 5)	12:30 pm to 3:00 pm Hand, Knee & Foot Game (CR) (3, 5) 13
14 10:00 am Sunday Chapel (CR) (2, 3, 6) 11:00 am Sunday Brunch (AC) (3)	1:00 pm Richfield Singers (CL)(3, 4, 6) 15 2:00 pm: Bible Study Group Led by Chaplin Gary (R52) (2, 3) 6:00 pm Mexican Train (CR) (3, 5)	11:00 am Left & Right Game Please see flyer for details.(CR) (3) 16 12:30 pm to 3:30 pm Hand & Foot (CR)(3, 5) 5:30 pm Hermitage Christmas Lights Outing (TC) (3)	9:30 am & 10:30 am Shopping at Walmart & Kroger. RSVP to 540.378.6202 17 10:00 am Holiday Crafts (CR) (3, 4, 5) 1:00 Bingo (CR) (3) 3:00 pm Brothers Young Band (CR) 6:00 pm SKYJO GAME (R52) (3, 5)	Tinsel Toe Thursday: Wear Your Favorite Christmas Socks 18 11:00 am Blood Pressure Clinic (R52) (1) 11:30 am Veteran Luncheon at Friendship North (TC) 6:00 pm Game Night (CR)(3, 5) 6:00 pm Resident Led Bible Study Group (RR) (2, 3)	Festive Friday: Show Off Your Best Holiday Look 19 9:00 am Breakfast Club: Pokey Joe's (TC) 1:00 pm Rummikub (R52)(3, 5) 1:00 pm Bridge (CL)(3, 5) 2:00 pm Scrabble/Rook (R52) (3, 5) 2:00 pm Martha & Me Concert(CR)	Candy Can Craze: Dress In All Red & White 20 12:30 pm to 3:00 pm Hand, Knee & Foot Game (CR) (3, 5) 4:00 pm Resident Holiday Potluck at Ridgecrest (RR)(3)
Holiday Hat Frenzy: Show Us Your Festive Headwear 21 10:00 am Sunday Chapel (CR) (2, 3, 6) 11:00 am Sunday Brunch (AC) (3)	Merry Monday: Come Adorned in Reds & Green 22 10:00 am Ink Slingers (R52) (3, 4, 5) 1:00 pm Richfield Singers (CL)(3, 4, 6) 4:00 pm Christmas Dinner (CR) RSVP Required.	The Uglier The Better: Bring out Those Ugly Christmas Sweaters 23 9:30 am & 10:30 am Shopping at Walmart & Kroger. RSVP to 540.378.6202 11:00 am Geoff White Christmas Concert (CR) 12:30 pm to 3:30 pm Hand & Foot (CR)(3, 5)	Workshop Wednesday: Dress Like A Reindeer, Snowman Or Elf From The North Pole 24 3:30 pm Candlelight Service (CR)(2, 3, 6) Anser Cafe' Closes at 2:30 pm Transportation Closes at 5:00 pm	Transportation Closed Anser Cafe' Closed Wear Your Favorite Flannel Shirt To Celebrate <div>Merry Christmas</div> 25	26 1:00 pm Rummikub (R52)(3, 5) 1:00 pm Bridge (CL)(3, 5) 2:00 pm Scrabble/Rook (R52) (3, 5)	27 10:00 am Resident Hymn Sing (CR) 12:30 pm to 3:00 pm Hand, Knee & Foot Game (CR) (3, 5)
28 10:00 am Sunday Chapel (CR) (2, 3, 6) 11:00 am Sunday Brunch (AC) (3)	1:00 pm Richfield Singers (CL)(3, 4, 6) 29 2:00 pm: Bible Study Group Led by Chaplin Gary In the Chapel (2, 3) 6:00 pm Mexican Train (CR) (3, 5)	11:00 am Armchair Travel (3, 5) 30 1:00 pm to 3:30 pm Hand, Knee & Foot Game (CR) (3, 5)	9:30 am & 10:30 am Shopping at Walmart & Kroger. RSVP to 540.378.6202 31 11:00 am-1:00 pm New Years at Noon & Ball Drop (AC) RSVP Required 2:00 Bingo (SR) (3) 6:00 pm SKYJO GAME (R52) (3, 5) Anser Cafe' closes at 3:00 pm. Please see takeout menu flyer. Transportation closes at 5:00 pm	<div>DECEMBER</div>		

RSVP REQUIRED FOR OUTINGS, ANSER CAFE' EVENTS, AND LEARN@LUNCH. CONTACT RAVAN DAY, COMMUNITY ENGAGEMENT MANAGER AT 540-378-6132 OR RDAY@FRIENDSHIP.US. EVENTS AND ACTIVITIES ARE SUBJECT TO CHANGE.CR = Community Room (TC) AC = Anser Café (TC)R52 = Roost 52 (TC)Q = Quill (TC)QP = Quill Patio (TC)WS = Wellness Studio (TC)CL = Club Lounge (V)SR = Shenandoah Room (KW)LL = Lower Lake (Outside)RR = Regency Room