Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00- Bus Ride Round Up 9:45- Scenic Bus Ride 1:45- December Birthday Party 3:00- Craft - Ornaments 6:00- Cocoa & Cookies / Tree Lighting with Special Guests from Roanoke College Choir LR	10:30- Music: WEUMC	9:15- Daily Chronicles 10:30- Magnatiles 1:30- Carols & Croissants with Pianist Edris Perdue 2:30- Weekly Church Service w/ Chaplain Gary LR 3:30- Bingo!	National Cookie Day 9:15- Daily Chronicles 10:30- Spot the Difference 1:30- <u>Kitchen Chronicles</u> Paint-A-Cookie 2:30- ABC Game 3:30- Chair Volleyball	9:15- Daily Chronicles 10:30- What's that Emotion? 1:30- Polished 4:00- Annual FST Open House	9:15- Daily Chronicles 6 10:15- Roll-A-Christmas Tree 11:30- The Reading Lunch Club 3:00- Axe Throwing
9:15- Daily Chronicles 7 10:30- Texture Detectives 1:30- Dominos 3:00- Music w/ Paul Kidd LR	9:00- Bus Ride Round Up 9:45- Scenic Bus Ride 1:30- Spot the Difference 2:30- Holiday Match Game 3:30- Play Bank Academy	9:15- Daily Chronicles 10:30- Holiday Music w/ Robbie Vance LR 1:30- Craft: Arctic Animal Chains 2:30- Scentsational Memories 3:30- Chair Volleyball 4:00- Bible Study w/ Andrew	9:15- Daily Chronicles 10:30- Brain Gym 11:30- The Reading Lunch Club 2:00- Weekly Church Service w/ Chaplain Gary LR 2:45- Movie & Snacks Polar Express, Cocoa + Cookies	9:15- Daily Chronicles 10:30- Fast Puck 1:30- Mental Mosaic 3:00- FST RESIDENT COUNCIL Activities Center	National Gingerbread House Day 12 9:15- Daily Chronicles 10:00- Allegro Music Therapy 1:30- Operation: Fill the Fat Pants LR 2:30- Gingerbread House Art 3:30- Candyland House Coloring Pages	9:15- Daily Chronicles 10:15- Craft: Marvelous Mittens 1:30- Uno 2:30- Stitch Up 3:30- Scratch the Rainbow
FST Holiday Spirit Week Begins Candy Cane Lane Day 9:15- Daily Chronicles 10:30- Spot the Difference 1:30- Winter Cryptograms 3:30- Craft: Watercolor Salt Snowflakes	Holiday Head-to-Toes Day Ugly Sweater Day 9:00- Bus Ride Round Up 9:45- Scenic Bus Ride 1:30- Would You Rather? 3:15- Grinchmas Social	9:15- Daily Chronicles 10:30- Craft: Frosty Flakes 1:30- The Sweet Spot Winter Wonderland Delights 2:30- Jim Robinson & Hammer Dulcimer LR 4:00- Bible Study w/ Andrew	Sounds of the Season Day 9:15- Daily Chronicles 10:30- Sounds of the Season 2:15- Movie & Snacks White Christmas 2:00- Weekly Church Service w/ Chaplain Gary LR 3:15- MUSIC: Vested in Christ LR	10:30- Holiday Bingo! 1:30- Jumbo Bowling	Tinsel & Twinkle Day FST Door Decorating Contest 9:15- Daily Chronicles 10:30- Cave Spring Middle School Christmas Performance LR 1:30- Holiday Spelling Bee 2:30- Staff Vs. Residents Snowball Fight! LR 3:30- Fireside Book Club LR The Night Before Christmas	Christmas Movie & Treats Day 9:15- Daily Chronicles 10:15- Axe Throwing 1:15- Movie & Snacks How the Grinch Stole Christmas
10:00- Movie & Snacks 11:30- Lunch Club 1:30- Scrub Squad Selects 3:00- Rest & Relax 4:30- Dinner Delights	9:00- Bus Ride Round Up 9:45- Scenic Bus Ride 1:30- Ladder Ball 2:30- Polished 3:30- Christmas Song Sing-A-Long	9:15- Daily Chronicles 10:00- Music w/ Keith Campbell LR 1:30- Kitchen Chronicles Holiday Kitchen Sink Cookies 2:30- Puzzle Palooza 3:30- Holiday Mad Libs 4:00- Bible Study w/ Andrew	9:15- Daily Chronicles 24 10:30- Mental Mosaic 11:30 – The Reading Lunch Club 2:00- Christmas Eve Service & Candle Lighting LR	1:15- North Pole Drop Off 2:45- Brainstorm – Christmas Things	9:15- Daily Chronicles 10:30- Minute 2 Win It 1:30- Craft: Cozy Owls 2:30- Yeti Run 3:30- Bingo! Boxing Day (Canada) Kwanzaa Begins	9:15- Daily Chronicles 27 10:15- Chair Volleyball 3:00- Brain Gym 3:45- Music & Coloring
9:15- Daily Chronicles 28 10:30- Scentsational Memories 11:30- The Reading Lunch Club 3:00- Roll-A-Picasso	9:00- Bus Ride Round Up 9:45- Scenic Bus Ride 1:30- Axe Throwing 2:30- Sentence Inhibition 3:30- Laughing Lounge	9:15- Daily Chronicles 10:00- Who Am I? 1:30- Bingo! 2:30- Reading Club The Night Before New Year's 3:15- Rhythm & Flow w/ Krista 4:00- Bible Study w/ Andrew	9:15- Daily Chronicles 31 10:45- New Years at Noon Celebration LR 2:00- Weekly Church Service w/ Chaplain Gary LR 3:30- Craft: Cocoa Cup Canvases New Year's Eve	Decei	ood Memory Care Cale	