

Sunday

Monday






Tuesday

Wednesday

Thursday

Friday

Saturday

<div></div> <h1>January 2026</h1> <h2>Independent Living North Campus</h2>				<div>No <b>SHOPPING</b> <b>BUS Today</b></div> <div><b>ACTIVITIES OFFICE CLOSED</b></div> <div>New Year's Day</div>		<div>9am//10am Shop Bus Food Lion/Wmart. 1pm/2pm Westwood</div> <div><b>ACTIVITIES OFFICE CLOSED</b></div>		<div></div> <div>Please read below carefully and note that it shows <b>Saturday and Thurs evening events!</b></div>			
<div>4</div> <div></div>		<div>5</div> <div>Bingo 12noon CF</div> <div>1:30pm <b>Enhabit Health in CH</b> on Senior Health Issues <b>Blood Pressure Screening!</b></div>		<div>6</div> <div>10am <b>Coffee</b> in CF</div> <div><b>10:30am Hamricks Bus by reservation</b></div> <div>1 &amp; 2:30 <b>Fiber/Farkle</b></div> <div>2pm <b>Church Service</b> Chaplain Gary CH</div>		<div>7</div> <div><b>11am pickups begin Lunch Bus to Mac &amp; Bobs by reservation</b></div> <div>2pm <b>Games Galore</b> CF</div> <div>3pm <b>LEAP Produce</b></div> <div>3:30pm <b>Caregivers</b> Grp- Exercise Rm</div>		<div>8</div> <div>9am/10am <b>WWOOD</b> Shop Hollins Kroger</div> <div>11am <b>Talk with Tam</b> on <b>Senior Health</b> CF</div> <div>1:30pm <b>Armchair Travel to Germany</b></div>		<div>9</div> <div>9am//10am Shop Hollins Kroger</div> <div><b>1:30pm Hollins Library Bus</b> reserve and return books <b>reservation only</b></div> <div><b>8:45am</b> bus pk ups for <b>Saturday Classic Movie</b> at <b>GrandinTheatre</b> <b>"Vertigo"</b> (2hrs) Reserve in advance</div>	
<div>11</div> <div></div>		<div>12</div> <div>Bingo 12noon CF</div> <div>Paige Chisom caller</div> <div>2pm <b>Senior Trivia in CF</b> Come join the fun!</div>		<div>13</div> <div><b>12n Lunch Buffet</b> Bring a dessert to share <b>by reservation only CF</b> 50/50 raffle \$5 3 tickets</div> <div>1:30pm <b>Pastor Talk</b> CH with Chaplain Gary</div> <div>7pm <b>Civil War Roundtable</b></div>		<div>14</div> <div><b>1pm</b> bus pickups begin for <b>Sugar Magnolia</b> <b>by reservation only</b></div> <div>2pm <b>Games Galore</b> in <b>Exercise Room</b></div> <div>3pm <b>LEAP Produce</b></div>		<div>15</div> <div>9am/10am <b>WWOOD</b> Food Lion &amp; Walmart</div> <div><b>10:30am</b> Bible Study in <b>CHAPEL</b> with Sarah</div> <div>12noon <b>Veterans Lunch in Bistro</b> <b>by reservation</b></div>		<div>16</div> <div>9am//10am Shop Bus Food Lion &amp; Walmart</div> <div><b>12:30pm BISTRO</b> <b>Bus</b> begins pickups for lunch, return trip home at <b>2pm</b> <b>by reservation only</b></div> <div><b>Thurs, Jan 15 XX</b> <b>Evening Activity</b></div> <div>5pm Bus pk up <b>Famous Anthony's</b> Reserve in advance</div>	
<div>18</div> <div></div>		<div>19</div> <div>Bingo 12noon CF</div> <div>L. Schneider caller Rke Co Fire/Rescue</div> <div>2pm <b>Cooking Demo</b> by <b>Bistro Chefs</b> <b>by reservation only CF</b></div> <div>Martin Luther King Jr. Day</div>		<div>20</div> <div>10am <b>Coffee</b> in CF (RH)</div> <div>1 &amp; 2:30 <b>Fiber/Farkle</b></div> <div>2pm <b>Church Service</b> Chaplain Gary CH</div> <div>7pm <b>WWII Roundtable</b></div>		<div>21</div> <div><b>Beltone Hearing Help</b> CH by reservation</div> <div><b>11am pickups begin Lunch Bus to Mac &amp; Bobs by reservation</b></div> <div>2pm <b>Games Galore</b> CF</div> <div>3pm <b>LEAP Produce</b></div>		<div>22</div> <div>9am/10am <b>WWOOD</b> Shop Hollins Kroger</div> <div>11am Bible Study in CF</div> <div>2pm <b>FAR Meeting</b> Friendship Assn of Residents in CH All Residents Invited!</div>		<div>23</div> <div>9am//10am Shop Hollins Kroger</div> <div><b>2pm Happy Hour</b> with <b>Live Music</b> by 40 Years After 🎵</div> <div><b>10am</b> bus pk ups for <b>Saturday</b> shopping at <b>Hobby Lobby</b> in <b>Christiansburg</b> Reserve in advance</div>	
<div>25</div> <div>Chaplain Gary's Sunday Service at 11am in Residents Center Chapel.</div>		<div>26</div> <div>Bingo 12noon CF</div> <div>2pm <b>Craft with Cheryl</b> CF <b>Valentines Project!</b> <b>by reservation</b></div> <div>Australia Day (Observed)</div>		<div>27</div> <div><b>1:30pm</b> pk ups begin <b>VOLUNTEER</b> at the <b>Rescue Mission</b> <b>by reservation</b></div> <div>2pm <b>St. Andrews Catholic Holy Communion</b> CH</div>		<div>28</div> <div><b>11am pickups begin Lunch Bus to Mac &amp; Bobs by reservation</b></div> <div>2pm <b>Games Galore</b> CF</div> <div>3pm <b>LEAP Produce</b></div>		<div>29</div> <div>9am/10am <b>WWOOD</b> Shop Food Lion &amp; Walmart</div> <div><b>11am New Resident Information Session</b> <b>by reservation only CF</b></div> <div>2pm <b>Dogwood Recorder Ensemble</b> CH</div>		<div>30</div> <div>9am//10am Shop Bus Food Lion &amp; Walmart</div> <div><b>2pm InkSlingers</b> from <b>Richfield</b> to speak in CH on book publishing and writing your stories!</div> <div><b>Thurs, Jan 29 XX</b> <b>Evening Activity</b></div> <div>5pm Bus pk up <b>Frank's Italian Buffet</b> Reserve in advance</div>	

Buses circle campus 30 mins prior to most on campus events. **Bingo Bus** circles @11:15am. **Items in yellow** require sign up

## Pat Walters Activities Coordinator 540.777.4612

- **CALL** when you receive your calendar at (540.777.4612) & leave one message with all the things you wish to participate in that require a sign up. Only those **highlighted in yellow** need a reservation. Transport is available as **buses circle campus 30 mins prior to most on campus activities except Bingo,** those buses leave Residents Ctr at 11:15am for 12noon Bingo. Off campus bus trip pick up times are listed on the calendar. Call if you're unsure about pick up locations.
- **CANCEL "reserved" activities at the number above.** Please allow those on the waiting list the chance to go if you are not able to attend. Prompt cancellation allows us time to call those on list.  
Abbreviations for activity locations: All in the single story building labeled **Residents Center**  
**CH** = Chapel 1<sup>st</sup> hallway on right after entering **CF** = Club Friendship to left after entering front door  
**Lby** = Library where fireplace is along with puzzle tables, etc.  
**CRoom** = Community Room (from entrance take hallway to right past hair salon)
- **Armchair Travel** – monthly travel videos and snacks from a different country each month.
- **Bible Study** – Sarah Stephens hosts a twice monthly bible study in Club Friendship – all are welcome!
- **Bingo** – played most Mondays (see calendar). Bring \$1 for winner's pot. Prizes for winners!
- **Buffet Luncheon** – mo. 2<sup>nd</sup> Tues, complimentary meal by reservation only, bring a dessert to share.
- **Caregivers Group** – meets monthly in exercise room, no charge to attend
- **Chaplain Gary Kingery** holds 3 Tues services (see calendar) **and at 11am on Sunday 1/25<sup>th</sup>** in Chapel!
- **Charades** – some months played in teams in Club Friendship (come join the fun!)
- **Civil War & WWII Roundtables** – monthly & open to all in the evenings (see calendar)
- **Coffee's on Me** – a twice monthly gathering of neighbors in Club Friendship to sip & talk.
- **Craft with Cheryl** – Each month make seasonal crafts. Supplies provided, advance sign up needed.
- **Communion** – a monthly service provided by St. Andrews Catholic Church in Residents Ctr Chapel.
- **Enhabit** – a monthly service – senior topics of interest will be covered & a blood pressure screening
- **FAR Meetings** – Friendship Association of Residents meets to discuss resident matters.
- **Farkle Dice** – a twice monthly dice game to enjoy with neighbors. Come watch, learn & participate!
- **Fiber Friends** – a twice monthly needlework group to enjoy, learn and see each other's projects
- **Friendship Singers** – practice twice monthly. Seasonally – check calendar and join us!
- **Games Galore** – a new addition at resident's request to play board & card games in CF each Wed.
- **Happy Hour** – Held monthly with lite snacks, beer, wine & cider provided. Live music (see calendar)
- **Leap** – A weekly mobile produce market. Sets up in Bistro's side parking lot for one hour.
- **Morning Movie** – when scheduled, a movie of interest on big screen in Club Friendship
- **Pastor Talk** – Chaplain Gary provides a monthly talk each 2<sup>nd</sup> Tuesday check your calendar
- **Senior Trivia** – held monthly, we play in teams to answer questions and test our memories. Prizes!
- **Shopping bus ( GROCERIES )** – each Thursday & Friday bus circles campus for riders that want to do grocery shopping at the store listed for that day. **Westwood buses run Thurs at 10am.**  
**All remaining buildings go Fri. The Village at 10am, remaining buildings at 9am. No sign up is required**
- **Spelling Bee** – held some months, we play in teams for prizes and to test our spelling skills.
- **Sunday Service in Chapel** – **will be held on Sunday, 1/25<sup>th</sup> in the Residents' Center Chapel at 11am.**
- **Talk with Tam** – a monthly discussion group with Tam Dawyot on senior matters.
- **Timeless Treasures** – held some months, bring treasures and share their story.
- **Triad Safety Meetings** – alternating 1<sup>st</sup> Thursdays, Triad Association has speakers on senior safety
- **Veterans Box Lunch** – monthly (see calendar), if you have not attended before, call (540.777.4612)
- **Volunteer Bus** – when scheduled visit to Rescue Mission, clothes sorting & kitchen work to volunteer