

# January 2026

## Rehab, Blue Ridge, Willow, Honeysuckle

Richfield Healthcare Center  
3719 Knollridge Rd, Salem, VA 24153  
Director of Activities Lacey Ashworth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please let Lacey know if you are interested in going on an outing 1 week prior to the outing.	Any calendar changes or additions and location will be posted on the white boards in your cottage. Groups are 30 to 60 minutes in length unless noted otherwise.	Info Key: (sc) Skylight Café (B) Blue Ridge (W) Willow (H) Honeysuckle (S) Serenity (O) outside (R) Rehab Halls (LTC) Long Term Care		11:00 Old Hymn Sing a Long 3:00 TV Show Matinee Snacks & Drinks "Beverly Hillbillies"	11:00 Fruit & Veggie Tasting 3:00 Table Games	2 Individual Activities Available in each Cottage's Activity Room 
4 <b>10:00 Church Service w/ Chaplain Gary Channel 62</b>	5 <b>11:00 Bible Study w/ Chaplain Gary (B)</b> <b>3:30 Balloon Swat</b> 	6 <b>11:00 Fold the Laundry With Me</b> <b>3:00 Pamper &amp; Polish</b> <b>3:30 1 on 1 Time</b>	7 <b>11:00 Morning Coffee &amp; Devotion</b> <b>3:30 Watercolor Painting</b>	8 <b>11:00 Sensory Room</b> <b>3:00 TV Show Matinee</b> Snacks & Drinks "Gilligan's Island"	9 <b>11:00 Lacing</b> Hand Coordination <b>2:30 Music Therapy w/ Anderson Music</b>	10 <b>9:00 Story Time</b> <b>3:30 Making Chocolate Pudding</b>
11 <b>10:00 Church Service w/ Chaplain Gary Channel 62</b>	12 <b>11:00 Bible Study w/ Chaplain Gary (B)</b> <b>3:30 Music &amp; Movement</b>	13 <b>11:00 Visual Stimulation Books</b> <b>2:00 Pet Therapy w/ Roanoke K9 Liberty</b> <b>3:30 1 on 1 Time</b>	14 <b>10:00 Pet Therapy w/ Ernie the Chiweenie</b> <b>3:30 Winter Picture Bingo</b>	15 <b>11:00 Chair Dancing</b> <b>2:00 Scenic Ride</b> 	16 <b>11:00 Color Sorting</b> <b>2:00 A Positively Dolly Parton Party (sc)</b>	17 Individual Activities Available in each Cottage's Activity Room
18 <b>10:00 Church Service w/ Chaplain Gary Channel 62</b>	19 <b>11:00 Bible Study w/ Chaplain Gary (B)</b> <b>3:30 Ball Toss</b> 	20 <b>11:00 Build a Tower Block Game</b> <b>3:00 Pamper &amp; Polish</b> <b>3:30 1 on 1 Time</b>	21 <b>11:00 Coffee Social &amp; Reading Magazines</b> <b>3:30 Painting with Sponges</b> 	22 <b>11:00 Easy Listening Music Time</b> <b>3:00 TV Show Matinee</b> Snacks & Drinks "I Love Lucy"	23 <b>11:00 Washing the Dishes</b> <b>2:30 Music Therapy w/ Anderson Music</b>	24 <b>9:00 Story Time</b> <b>3:30 Snowball Tower Challenge</b>
25 <b>10:00 Church Service w/ Willie Turner Channel 62</b>	26 <b>11:00 Bible Study w/ Chaplain Gary (B)</b> <b>3:30 Ax Throwing</b>	27 <b>11:00 Matching the Socks</b> <b>2:00 40 Years After Oldies Song &amp; Guitar (sc)</b> <b>3:30 1 on 1 Time</b>	28 <b>11:00 Puzzle Time</b> <b>3:30 Hot Chocolate Social &amp; Music</b>	29 <b>11:00 Giant Dominos</b> <b>3:00 TV Show Matinee</b> Snacks & Drinks "Andy Griffith"	30 <b>11:00 Cotton ball Snowman Art</b> <b>3:00 Evening Tea Time</b>	31 Individual Activities Available in each Cottage's Activity Room