

January 2026

Rehab, Blue Ridge, Willow, Honeysuckle

Richfield Healthcare Center
3719 Knollridge Rd, Salem, VA 24153
Director of Activities Lacey Ashworth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please let Lacey know if you are interested in going on an outing 1 week prior to the outing.	Any calendar changes or additions and location will be posted on the white boards in your cottage. Groups are 30 to 60 minutes in length unless noted otherwise.	Info Key: (sc) Skylight Café (B) Blue Ridge (W) Willow (H) Honeysuckle (S) Serenity (O) outside (R) Rehab Halls (LTC) Long Term Care		10:30 Hot Chocolate & Monthly News (W) 11:00 Word Puzzles (W) 2:00 TV Show Matinee (W) Snacks & Drinks "Gillian's Island"	9:15 Daily Chronical 11:00 Balloon Swat w/ Therapy (SC) 2:00 Crafting Hour (B) Marshmallow Snowman 3:30 Hydration Cart (R)	3 Individual Activities Available in each Cottage's Activity Room
4 10:00 Church Service w/ Chaplain Gary Channel 62	9:00 Weekly Chronical (R) 10:00 Poem Reading (B) 11:00 Bible Study w/ Chaplain Gary (B) 2:00 BINGO (SC)	10:30 Ax Throwing (W) 11:00 Take Out Tuesday "Chick Fil A" 2:00 Crafting Hour (W) Making Homemade Snow	10:30-11:30 Resident Council (W) 2:00 BINGO (SC)	9:00 Shopping at (LTC)  2:00 TV Show Matinee (W) Snacks & Drinks "I Love Lucy" 3:30 1 on 1 Time	9:15 Daily Chronical 11:00 Minute to Win It w/ Therapy (SC) 2:00 Pamper & Polish Spa Afternoon (B) 3:30 Coffee & Snack Cart (R)	10 10:30 BINGO (sc) 2:00 Penny Pinchers (H)
11 10:00 Church Service w/ Chaplain Gary Channel 62	9:00 Weekly Chronical (R) 10:00 Jeopardy Trivia (B) 11:00 Bible Study w/ Chaplain Gary (B) 2:00 BINGO (SC)	10:30 Coffee Social & Snowman Donuts (W) 11:00 Card Game -UNO (W) 2:00 Pet Therapy w/ Roanoke K9 Liberty	10:30 Pet Therapy w/ Ernie the Chiwienie 2:00 BINGO (SC) 3:30 1 on 1 Time	9:30 Scenic Ride  2:00 TV Show Matinee (W) Snacks & Drinks "The Ed Sullivan Show"	9:15 Daily Chronical 11:00 Chair Exercise w/ Therapy (SC) 2:00 A Positively Dolly Parton Party (sc)	17 Individual Activities Available in each Cottage's Activity Room
18 10:00 Church Service w/ Chaplain Gary Channel 62	9:00 Weekly Chronical (R) 10:00 MLK Day History (B) 11:00 Bible Study w/ Chaplain Gary (B) 2:00 BINGO (SC)	10:30 Giant Bowling (W) 11:00 Take Out Tuesday "Jersey Mikes" 2:00 TV Show Matinee (W) Snacks & Drinks "Beverly Hillbillies"	10:30 Bible Study W/ Eugene Mills from Sunset Ministries (W) 2:00 BINGO (SC)	10:00 Out to Eat at (LTC)  2:00 Winter Snow Craft (W) w/ Radford OT Students 3:30 1 on 1 Time	9:15 Daily Chronical 11:00 Corn Hole w/ Therapy (SC) 2:00 Pet therapy w/ Trooper the Great Dane 3:30 Ice Cream Cart (R)	24 10:30 BINGO (sc) 2:00 Evening Yoga & Aromatherapy (H)
25 10:00 Church Service w/ Willie Turner Channel 62	9:00 Weekly Chronical (R) 10:00 Color Me Calm (B) 11:00 Bible Study w/ Chaplain Gary (B) 2:00 BINGO (SC)	10:30 Coffee Social & Breakfast Muffins (W) 11:00 Shut the Box (W) 2:00 40 Years After Oldies Song & Guitar (sc)	10:30 Magazine Collages (B) 11:00 Wheel of Fortune (B) 2:00 BINGO (SC) 3:30 1 on 1 Time	9:30 Shopping at (LTC)  2:00 Build Your Own Pizza w/ Radford OT Students (W)	9:15 Daily Chronical 11:00 Snowball Toss w/ Therapy (SC) 2:00 Name that Tune (B) 2:30 Guess the Sound (B) 3:30 Hot Chocolate Cart (R)	31 Individual Activities Available in each Cottage's Activity Room