





January 2026

Serenity Memory Care

Richfield Healthcare Center
3719 Knollridge Rd, Salem, VA 24153
Director of Activities Lacey Ashworth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please let Lacey know if you are interested in going on an outing 1 week prior to the outing.	Any calendar changes or additions and location will be posted on the white boards in your cottage. Groups are 30 to 60 minutes in length unless noted otherwise.	Info Key: (SC) Skylight Café (B) Blue Ridge (W) Willow (H) Honeysuckle (S) Serenity (O) Outside (R) Rehab Halls (LTC) Long Term Care		11:00 Old Hymn Sing a Long 3:00 TV Show Matinee Snacks & Drinks "Beverly Hillbillies"	11:00 Fruit & Veggie Tasting 3:00 Table Games 	Individual Activities Available in each Cottage's Activity Room
10:00 Church Service w/ Chaplain Gary Channel 62	11:00 Bible Study w/ Chaplain Gary (B) 3:30 Balloon Swat 	11:00 Fold the Laundry With Me 3:00 Pamper & Polish 3:30 1 on 1 Time	11:00 Morning Coffee & Devotion 3:30 Watercolor Painting	11:00 Sensory Room 3:00 TV Show Matinee Snacks & Drinks "Gilligan's Island"	11:00 Lacing Hand Coordination 2:30 Music Therapy w/ Anderson Music	9:00 Story Time 3:30 Making Chocolate Pudding
10:00 Church Service w/ Chaplain Gary Channel 62	11:00 Bible Study w/ Chaplain Gary (B) 3:30 Music & Movement	10:30 Robbie Vance Piano Tunes (SC) 2:00 Pet Therapy w/ Roanoke K9 Liberty 3:30 1 on 1 Time	10:00 Pet Therapy w/ Ernie the Chiweenie 3:30 Winter Picture Bingo	11:00 Chair Dancing 2:00 Scenic Ride 	11:00 Color Sorting 2:00 A Positively Dolly Parton Party (SC)	Individual Activities Available in each Cottage's Activity Room
10:00 Church Service w/ Chaplain Gary Channel 62	11:00 Bible Study w/ Chaplain Gary (B) 3:30 Ball Toss 	11:00 Build a Tower Block Game 3:00 Pamper & Polish 3:30 1 on 1 Time	11:00 Coffee Social & Reading Magazines 3:30 Painting with Sponges 	11:00 Easy Listening Music Time 3:00 TV Show Matinee Snacks & Drinks "I Love Lucy"	11:00 Washing the Dishes 2:30 Music Therapy w/ Anderson Music	9:00 Story Time 3:30 Snowball Tower Challenge
10:00 Church Service w/ Willie Turner Channel 62	11:00 Bible Study w/ Chaplain Gary (B) 3:30 Ax Throwing	11:00 Matching the Socks 2:00 40 Years After Oldies Song & Guitar (SC) 3:30 1 on 1 Time	11:00 Puzzle Time 3:30 Hot Chocolate Social & Music	11:00 Giant Dominos 3:00 TV Show Matinee Snacks & Drinks "Andy Griffith"	11:00 Cotton ball Snowman Art 3:00 Evening Tea Time	Individual Activities Available in each Cottage's Activity Room