

# January 2026

## Serenity Memory Care

Richfield Healthcare Center  
3719 Knollridge Rd, Salem, VA 24153  
Director of Activities Lacey Ashworth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please let Lacey know if you are interested in going on an outing 1 week prior to the outing.	Any calendar changes or additions and location will be posted on the white boards in your cottage. Groups are 30 to 60 minutes in length unless noted otherwise.	Info Key: (sc) Skylight Café (B) Blue Ridge (w) Willow (H) Honeysuckle (S) Serenity (o) outside (R) Rehab Halls (LTC) Long Term Care		11:00 Old Hymn Sing a Long 3:00 TV Show Matinee Snacks & Drinks "Beverly Hillbillies"	1 11:00 Fruit & Veggie Tasting 3:00 Table Games	2 3 Individual Activities Available in each Cottage's Activity Room
4 10:00 Church Service w/ Chaplain Gary Channel 62	5 11:00 Bible Study w/ Chaplain Gary (B) 3:30 Balloon Swat 	6 11:00 Fold the Laundry With Me 3:00 Pamper & Polish 3:30 1 on 1 Time	7 11:00 Morning Coffee & Devotion 3:30 Watercolor Painting	8 11:00 Sensory Room 3:00 TV Show Matinee Snacks & Drinks "Gilligan's Island"	9 11:00 Lacing Hand Coordination 2:30 Music Therapy w/ Anderson Music	10 9:00 Story Time 3:30 Making Chocolate Pudding
11 10:00 Church Service w/ Chaplain Gary Channel 62	12 11:00 Bible Study w/ Chaplain Gary (B) 3:30 Music & Movement	13 10:30 Robbie Vance Piano Tunes (sc) 2:00 Pet Therapy w/ Roanoke K9 Liberty 3:30 1 on 1 Time	14 10:00 Pet Therapy w/ Ernie the Chiweenie 3:30 Winter Picture Bingo	15 11:00 Chair Dancing 2:00 Scenic Ride 	16 11:00 Color Sorting 2:00 A Positively Dolly Parton Party (sc)	17 Individual Activities Available in each Cottage's Activity Room
18 10:00 Church Service w/ Chaplain Gary Channel 62	19 11:00 Bible Study w/ Chaplain Gary (B) 3:30 Ball Toss 	20 11:00 Build a Tower Block Game 3:00 Pamper & Polish 3:30 1 on 1 Time	21 11:00 Coffee Social & Reading Magazines 3:30 Painting with Sponges 	22 11:00 Easy Listening Music Time 3:00 TV Show Matinee Snacks & Drinks "I Love Lucy"	23 11:00 Washing the Dishes 2:30 Music Therapy w/ Anderson Music	24 9:00 Story Time 3:30 Snowball Tower Challenge
25 10:00 Church Service w/ Willie Turner Channel 62	26 11:00 Bible Study w/ Chaplain Gary (B) 3:30 Ax Throwing	27 11:00 Matching the Socks 2:00 40 Years After Oldies Song & Guitar (sc) 3:30 1 on 1 Time	28 11:00 Puzzle Time 3:30 Hot Chocolate Social & Music	29 11:00 Giant Dominos 3:00 TV Show Matinee Snacks & Drinks "Andy Griffith"	30 11:00 Cotton ball Snowman Art 3:00 Evening Tea Time	31 Individual Activities Available in each Cottage's Activity Room