

# January 2026

## Rehab, Blue Ridge, Willow, Honeysuckle

Richfield Healthcare Center  
3719 Knollridge Rd, Salem, VA 24153  
Director of Activities Lacey Ashworth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please let Lacey know if you are interested in going on an outing 1 week prior to the outing.	Any calendar changes or additions and location will be posted on the white boards in your cottage. Groups are 30 to 60 minutes in length unless noted otherwise.	Info Key: (sc) Skylight Café (B) Blue Ridge (W) Willow (H) Honeysuckle (S) Serenity (O) outside (R) Rehab Halls (LTC) Long Term Care		<b>10:30</b> Hot Chocolate 1 & Monthly News (W) <b>11:00</b> Word Puzzles (W) <b>2:00</b> TV Show Matinee (W) Snacks & Drinks "Gilligan's Island"	<b>9:15</b> Daily Chronical 2 <b>11:00</b> Corn Hole w/ Therapy (SC) <b>2:00</b> Snowman Tower Tossing Game (B) <b>3:30</b> Ice Cream Cart (R)	<b>3</b> <b>Individual Activities Available in each Cottage's Activity Room</b>
<b>10:00</b> Church Service w/ Chaplain Gary Channel 62	4 9:00 Weekly Chronical (R) 5 10:00 Poem Reading (B) 11:00 Bible Study w/ Chaplain Gary (B) 2:00 <b>BINGO</b> (SC)	5 <b>10:30</b> Ax Throwing (W) 6 <b>11:00</b> Take Out Tuesday "Chick Fil A" 2:00 Crafting Hour (W) Making Homemade Snow	<b>10:30-11:30</b> <b>Resident Council (W)</b> <b>2:00</b> <b>BINGO</b> (SC)	7 <b>9:00</b> Shopping at (LTC)  <b>2:00</b> TV Show Matinee (W) Snacks & Drinks "I Love Lucy" 3:30 1 on 1 Time	8 <b>9:15</b> Daily Chronical 9 <b>11:00</b> Minute to Win It w/ Therapy (SC) <b>2:00</b> Pamper & Polish Spa Afternoon (B) <b>3:30</b> Coffee & Snack Cart (R)	<b>10</b> <b>10:30</b> <b>BINGO</b> (sc) <b>2:00</b> Penny Pinchers (H)
<b>10:00</b> Church Service w/ Chaplain Gary Channel 62	11 9:00 Weekly Chronical (R) 12 10:00 Jeopardy Trivia (B) 11:00 Bible Study w/ Chaplain Gary (B) 2:00 <b>BINGO</b> (SC)	12 <b>10:30</b> Robbie Vance 13 <b>Piano Tunes (SC)</b> 2:00 Pet Therapy w/ Roanoke K9 Liberty	13 <b>10:30</b> Pet Therapy 14 w/ Ernie the Chiwienie <b>2:00</b> <b>BINGO</b> (SC) 3:30 1 on 1 Time	14 <b>9:30</b> Scenic Ride  <b>2:00</b> TV Show Matinee (W) Snacks & Drinks "The Ed Sullivan Show"	15 <b>9:15</b> Daily Chronical 16 <b>11:00</b> Chair Exercise w/ Therapy (SC) <b>2:00</b> <b>A Positively Dolly Parton Party (sc)</b>	<b>17</b> <b>Individual Activities Available in each Cottage's Activity Room</b>
<b>10:00</b> Church Service w/ Chaplain Gary Channel 62	18 9:00 Weekly Chronical (R) 19 10:00 MLK Day History (B) 11:00 Bible Study w/ Chaplain Gary (B) 2:00 <b>BINGO</b> (SC)	19 <b>10:30</b> Giant Bowling (W) 20 <b>11:00</b> Take Out Tuesday "Jersey Mikes" 2:00 TV Show Matinee (W) Snacks & Drinks "Beverly Hillbillies"	20 <b>10:30</b> Bible Study W/ Eugene Mills from Sunset Ministries (W) <b>2:00</b> <b>BINGO</b> (SC)	21 <b>10:00</b> Out to Eat at (LTC)  <b>2:00</b> Winter Snow Craft (W) w/ Radford OT Students 3:30 1 on 1 Time	22 <b>9:15</b> Daily Chronical 23 <b>11:00</b> Balloon Swat w/ Therapy (SC) <b>2:00</b> Crafting Hour (B) Marshmallow Snowman <b>3:30</b> Hydration Cart (R)	<b>24</b> <b>10:30</b> <b>BINGO</b> (sc) <b>2:00</b> Evening Yoga & Aromatherapy (H)
<b>10:00</b> Church Service w/ Willie Turner Channel 62	25 9:00 Weekly Chronical (R) 26 10:00 Color Me Calm (B) 11:00 Bible Study w/ Chaplain Gary (B) 2:00 <b>BINGO</b> (SC)	26 <b>10:30</b> Music Therapy 27 w/ Anderson Music (SC) <b>2:00</b> <b>40 Years After Oldies Song &amp; Guitar (SC)</b>	27 <b>10:30</b> Magazine Collages (B) <b>11:00</b> Wheel of Fortune (B) <b>2:00</b> <b>BINGO</b> (SC) 3:30 1 on 1 Time	28 <b>9:30</b> Shopping at (LTC)  <b>2:00</b> Build Your Own Pizza w/ Radford OT Students (W)	29 <b>9:15</b> Daily Chronical 30 <b>11:00</b> Snowball Toss w/ Therapy (SC) <b>2:00</b> Name that Tune (B) <b>2:30</b> Guess the Sound (B) <b>3:30</b> Hot Chocolate Cart (R)	<b>31</b> <b>Individual Activities Available in each Cottage's Activity Room</b>