

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## Assisted & Independent Living

<p>9:15- SD: Daily Chronicles LR 1 11:15- FST Church Service w/ Andrew Activities Center 3:00- Music w/ Paul Kidd LR 4:00- <u>REST &amp; RELAX</u></p> <p>Tu B'Shevat Begins</p>	<p>9:15- SD: Daily Chronicles LR 2 10:45- Scenic Bus Ride LR (Depart Time) 2:30- <u>America 250:</u>  TURN Washington Spies – "Pilot Episode" MC 3:45- Snack &amp; Hydration AC</p> <p>Groundhog Day</p>	<p>9:15- SD: Daily Chronicles LR 3 10:30- Music: Gospel Sing WEUMC Living Room 1:30- Bingo Activities Center 3:15- Rhythm &amp; Flow w/ Krista Multipurpose Room</p>	<p>9:15- SD: Daily Chronicles LR 4 11:00- Axe Throwing Multipurpose Room 2:00- Weekly Church Service w/ Chaplain Gary Living Room 3:15- MUSIC: Vested in Christ 6:30- Evening Bingo w/ Vicki Activities Center</p>	<p>9:15- SD: Daily Chronicles LR 5 11:15- Fitness &amp; Therapy w/ Krista Multipurpose Room 1:30- Bible Study w/ Eugene Activities Center 4:00- Happy Hour &amp; New Resident Welcome Mixer</p>	<p>9:15- SD: Daily Chronicles LR 6 11:15-FST Obstacle Course Multipurpose Room 1:30- Neuro Ninja Café 3:00- Movie &amp; Popcorn [TBD] Media Center</p>	<p>9:15- SD: Daily Chronicles LR 7 11:00- Seated Chair Work Out Activities Center 1:30- Bingo Activities Center 3:30-Black History Month Read and Discuss: Explore Historic Places of the Civil Rights Movement Activities Center</p>
<p>9:15- SD: Daily Chronicles LR 8 11:15- FST Church Service w/ Andrew Activities Center 4:00- <u>REST &amp; RELAX</u> 6:30- Super Bowl LX Party LR</p>	<p>9:15- SD: Daily Chronicles LR 9 10:45- Scenic Bus Ride LR (Depart Time) 2:30- <u>America 250:</u>  TURN Washington Spies – "Who by Fire" MC 3:45- Snack &amp; Hydration AC</p>	<p>9:15- SD: Daily Chronicles LR 10 10:30- Creative Expressions- Pom Pom Painting Activities Center 1:30- Bingo Activities Center 3:00- Piano w/ Robbie Vance LR 4:00- Seated Chair Work Out Activities Center</p>	<p>9:15- SD: Daily Chronicles LR 11 1:30- Walking Club LR 2:00- Weekly Church Service w/ Chaplain Gary Living Room 3:00-Black History Month Puzzles Activities Center 6:30- Evening Bingo w/ Vicki Activities Center</p>	<p>9:15- SD: Daily Chronicles LR 12 10:00 – MUSIC: Adam Williams LR 11:15- Fitness &amp; Therapy w/ Krista Multipurpose Room 3:00- Resident Council AC</p>	<p>9:15- SD: Daily Chronicles LR 13 11:00- Allegro Music Therapy Living Room 3:30- Annual Valentine's Day Ball Living Room</p>	<p>9:15- SD: Daily Chronicles LR 14 11:00- Seated Chair Work Out Activities Center 1:30- Bingo Activities Center 3:30-Needlepoint Club Activities Center</p>
<p>9:15- SD: Daily Chronicles LR 15 11:15- FST Church Service w/ Andrew Activities Center 4:00- <u>REST &amp; RELAX</u></p>	<p>9:15- SD: Daily Chronicles LR 16 11:00- <u>America 250:</u> President's Trivia Café  1:30- <u>America 250:</u> TURN Washington Spies – "Of Cabbages &amp; Kings" MC 3:45- Snack &amp; Hydration AC</p>	<p>9:00- Depart for RYD Game 17 9:15- SD: Daily Chronicles LR 10:30- RAILYARD DAWGS GAME Roanoke Civic Center 1:30- Bingo Activities Center 3:15- Rhythm &amp; Flow w/ Krista Multipurpose Room 4:00- Mardi Gras Social Café Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p>	<p>9:15- SD: Daily Chronicles LR 18 11:00- Creative Expressions- Paper Lanterns: Lunar New Year Activities Center 2:00- Weekly Church Service w/ Chaplain Gary Living Room 3:15- MUSIC: Vested in Christ LR 6:30- Evening Bingo w/ Vicki Activities Center</p>	<p>9:15- SD: Daily Chronicles LR 19 11:15- Fitness &amp; Therapy w/ Krista Multipurpose Room 1:30- Bible Study w/ Eugene Activities Center 2:30- Music w/ Marc Baskind LR</p>	<p>9:15- SD: Daily Chronicles LR 20 10:00- Cardio Drumming w/ Kimberly -Gentiva Hospice Multipurpose Room 1:30- Neuro Ninja Café 3:00- Movie &amp; Popcorn [TBD] Media Center</p>	<p>9:15- SD: Daily Chronicles LR 21 11:00- Seated Chair Work Out Activities Center 1:30- Bingo Activities Center 3:00-Technology Help Activities Center</p>
<p>9:15- SD: Daily Chronicles LR 22 11:15- FST Church Service w/ Andrew Activities Center 2:00- Girl Scout Troop Service Project &amp; Cookie Orders – Activities Center 4:00- <u>REST &amp; RELAX</u></p>	<p>9:15- SD: Daily Chronicles LR 23 10:45- Scenic Bus Ride LR (Depart Time) 2:30- <u>America 250:</u>  TURN Washington Spies - "Eternity How Long" MC 3:45- Snack &amp; Hydration AC</p>	<p>9:15- SD: Daily Chronicles LR 24 10:00- Music w/ Keith Campbell Living Room 1:30- Bingo Activities Center 4:00- Seated Chair Work Out Activities Center</p>	<p>9:15- SD: Daily Chronicles LR 25 11:00- March Calendar Review Café 2:00- Weekly Church Service w/ Chaplain Gary Living Room 6:30- Evening Bingo w/ Vicki Activities Center</p>	<p>9:15- SD: Daily Chronicles LR 26 10:30- Salem Church of Christ Sing Along LR 11:15- Fitness &amp; Therapy w/ Krista Multipurpose Room 2:00- Card Stamping &amp; Making w/ Lisa Activities Center</p>	<p>9:15- SD: Daily Chronicles LR 27 10:30- FST Veteran's Hour Café 1:30- Neuro Ninja Café 3:00- Movie &amp; Popcorn [TBD] Media Center</p>	<p>9:15- SD: Daily Chronicles LR 28 11:00- Seated Chair Work Out Activities Center 1:30- Bingo Activities Center 3:30-Needlepoint Club Activities Center</p>