











# February 2026



Friendship Assisted Living  
320A Hershberger Rd.  
Roanoke, VA 24012  
Director of Activities Austin O'Dell

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Location Key: (A) Activity Room (D) Dining Room (O) Out Front (F) Friendship Room (beside activity room) (C) Chapel	Any calendar changes or additions will be posted on the tv near the dining room. Groups are 30 to 60 minutes in length and are held in the activity room unless noted otherwise.				
<b>1:00</b> Bible Study with Ross (A) 1 <b>3:00</b> Church Service with Chaplain Gary (C) 	<b>10:00</b> Exercise w/ Nancy (A) 2 <b>10:30</b> Skip-Bo w/ Nancy (A) <b>10:30</b> Mission BBQ <b>2:00</b> BINGO (D)	<b>10:00</b> Balloon Swat (A) 3 <b>11:30</b> Marc Baskind Birthday Celebration (D) <b>12:30</b> Friendly Boutique (A) <b>1:30</b> Movie & Popcorn(A) "Groundhog Day" <b>6:00</b> Paul & the Believers (C)	<b>10:00</b> Wheel of Fortune (A) 4 <b>2:00</b> BINGO (D) <b>3:15</b> Resident Council (A) 	<b>10:00</b> Bible Study w/ Chaplain Gary (A) 5 <b>10:30</b> The Chosen (A) <b>2:00</b> Scrabble and coffee (A)	<b>10:00</b> Jeopardy (A) 6 <b>2:00</b> Ron Downing Music (D) <b>3:15</b> Mosaic Hearts Craft (A)	<b>10:00</b> Exercise w/ Nancy (A) 7 <b>10:30</b> Bridge-O w/ Nancy (A) <b>5:30</b> Flint Rock Sing a Long (A)
<b>3:00</b> Church Service with Chaplain Gary (C) 8 <b>6:30</b> Super Bowl Party (A) 	<b>9:30</b> Wal-mart 9 <b>10:00</b> Exercise w/ Nancy (A) <b>10:30</b> Skip-Bo w/ Nancy (A) <b>2:00</b> BINGO (D)	<b>10:00</b> Carrom Game (A) 10 <b>12:30</b> Friendly Boutique (A) <b>3:00</b> Robbie Vance Piano Performance (C)	<b>10:00</b> Winter Olympics Games (A) 11 <b>2:00</b> BINGO (D) <b>3:00</b> Professional StoryTeller (A) 	<b>10:00</b> Bible Study w/ Chaplain Gary (A) 12 <b>10:30</b> The Chosen (A) <b>2:00</b> Sammy P Music (D)	<b>10:00</b> Valentines Party (A) 13 <b>2:00</b> 40 Years After (D) <b>3:15</b> Balloon Volleyball (A) 	<b>10:00</b> Exercise w/ Nancy (A) 14 <b>10:30</b> Bridge-O w/ Nancy (A) <b>5:30</b> Flint Rock Sing a Long (A)
<b>1:00</b> Bible Study with Ross (A) 15 <b>3:00</b> Church Service with Chaplain Gary (C) 	<b>10:00</b> Exercise w/ Nancy (A) 16 <b>10:30</b> Skip-Bo w/ Nancy (A) <b>10:30</b> Famous Anthony's <b>2:00</b> BINGO (D)	<b>10:00</b> Cardio Drumming (A) 17 <b>12:30</b> Friendly Boutique (A) <b>1:30</b> Movie & Popcorn(A) "UP" <b>3:00</b> Cliff Beach Country Music (A)	<b>10:00</b> Balloon Dart Carnival Game (A) 18 <b>1:30</b> Menu Meeting (D) <b>2:00</b> BINGO (D)	<b>10:00</b> Bible Study 19 <b>10:30</b> The Chosen <b>1:30</b> Brothers Young Music Performance (C) <b>6:00</b> Friends of Praise (A)	<b>10:00</b> Black History Month Trivia Game (A) 20 <b>1:00</b> Bible Study w/ Eugene Mills (A) <b>2:00</b> Destination Exploration Activity (A)	<b>10:00</b> Exercise w/ Nancy (A) 21 <b>10:30</b> Bridge-O w/ Nancy (A) <b>5:30</b> Flint Rock Sing a Long (A)
<b>3:00</b> Church Service with Chaplain Gary (C) 22 	<b>9:30</b> Wal-Mart 23 <b>10:00</b> Exercise w/ Nancy (A) <b>10:30</b> Skip-Bo w/ Nancy (A) <b>2:00</b> BINGO (D)	<b>10:00</b> Board Game Social Event (A) 24 <b>12:30</b> Friendly Boutique (A) <b>1:30</b> Movie & Popcorn(A) "Grumpy Old Men"	<b>10:00</b> Morning Tea Social (A) 25 <b>10:30</b> Pet Therapy w/ Roux (L) <b>2:00</b> BINGO (D) <b>3:00</b> Vested In Christ (A)	<b>10:00</b> Bible Study w/ Chaplain Gary (A) 26 <b>10:30</b> The Chosen (A) <b>2:00</b> Fun w/ Wendi Snacks, games, & craft (A)	<b>10:00</b> Health Talk w/ Enhabit Health (A) 27 <b>2:00</b> John Yates Music (C) <b>3:15</b> Bingo (A)	<b>10:00</b> Exercise w/ Nancy (A) 28 <b>10:30</b> Bridge-O w/ Nancy (A) <b>5:30</b> Flint Rock Sing a Long (A)