



March 2026

Friendship Assisted Living
 320A Hershberger Rd.
 Roanoke, VA 24012
 Director of Activities Austin O'Dell

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00 Bible Study with Ross (A) 3:00 Church Service with Chaplain Gary (C) 	9:30 Wal-Mart 10:00 Exercise (A) 10:30 Skip-Bo (A) 2:00 BINGO (D) 	10:00 Uno Attack (A) 12:30 Friendly Boutique (A) 1:30 Movie & Popcorn(A) 6:00 Paul & the Believers (C)	10:00 Pet Therapy w/ Nahla (L) 10:30 Carrom Game (A) 2:00 BINGO (D) 3:15 Resident Council (A)	10:00 Bible Study w/ Chaplain Gary (A) 10:30 The Chosen (A) 2:00 Scrabble and coffee (A)	10:00 Wheel of Fortune (A) 2:00 Ron Downing Music (D) 3:15 Mini Golf (A)	10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
3:00 Church Service with Chaplain Gary (C) 	10:00 Exercise (A) 10:30 Skip-Bo (A) 10:30 Macados 2:00 BINGO (D) 3:00 Chair Zumba w/ Louann (A)	10:00 Tulip Craft (A) 12:30 Friendly Boutique (A) 1:30 Movie & Popcorn(A) 5:30 Karaoke (A) 	10:00 Pet Therapy w/ Nahla (L) 10:30 Balloon Swat (A) 11:30 Marc Baskind Birthday Celebration (D) 2:00 BINGO (D)	10:00 Bible Study w/ Chaplain Gary (A) 10:30 The Chosen (A) 2:00 Sammy P. Music (D)	10:00 Jeopardy (A) 2:00 40 Years After (D) 3:15 Balloon Badmitton (A)	10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
1:00 Bible Study with Ross (A) 3:00 Church Service with Chaplain Gary (C) 	9:30 Scenic Ride 10:00 Exercise & Skip-Bo (A) 11:30 Chords of Comfort (D) 2:00 BINGO (D) 3:00 Painting w/ Louann (A)	10:00 St. Patrick's Day Social (A) 12:30 Friendly Boutique (A) 1:00 St. Patrick's Day Show (Bagpipes, Fiddle and Harp) (A)	10:00 Pat Therapy w/ Nahla (L) 10:30 Pot of Gold Coin Toss (A) 1:30 Menu Meeting (D) 2:00 BINGO (D) 3:00 Cliff Beach (A)	10:00 Bible Study (A) 10:30 The Chosen (A) 2:00 Fun with Wendi (A) (Games and Snack) 6:00 Friends of Praise (A) 	10:00 Leprechauns on the Loose (A) 1:00 Bible Study w/ Eugene Mills (A) 2:00 BINGO (D) 	10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
3:00 Church Service with Chaplain Gary (C) 	9:30 Dollar Tree 10:00 Exercise w/ Nancy (A) 10:30 Skip-Bo w/ Nancy (A) 2:00 BINGO (D)	10:00 Cardio Drumming (A) 12:30 Friendly Boutique (A) 1:30 Movie & Popcorn(A) 5:30 Karaoke (A) 	10:00 Coffee & Checkers (A) 10:30 Pet Therapy w/ Roux (L) 2:00 BINGO (D) 3:00 Vested in Christ (C)	10:00 Bible Study w/ Chaplain Gary (A) 10:30 The Chosen (A) 2:00 Andy Grifith watch party (A)	10:00 Health Talk w/ Enhabit Health (A) 2:00 The John Yates Music Show (C) 3:15 Axe Throwing (A)	10:00 Exercise w/ Nancy (A) 10:30 Bridge-O w/ Nancy (A)
1:00 Bible Study with Ross (A) 3:00 Church Service with Chaplain Gary (C) 	10:00 Exercise (A) 10:30 Skip-Bo (A) 10:30 Franks Pizza 2:00 BINGO (D) 3:00 Chair Zumba w/ Louann (A)	10:00 Balloon Volley-Ball (A) 12:30 Friendly Boutique (A) 1:30 Movie & Popcorn(A) 5:30 Karaoke (A)	Location Key: (A) Activity Room (D) Dining Room (O) Out Front (F) Friendship Room (beside activity room) (C) Chapel	Any calendar changes or additions will be posted on the tv near the dining room. Groups are 30 to 60 minutes in length and are held in the activity room unless noted otherwise.		