

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>National Fun Day</b> <b>FST Spirit Week Begins- Pastel Day</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>2:00- Weekly Church Service w/ Chaplain Gary Living Room</b> <b>3:15- Vested in Christ Living Room</b> <b>6:30- Evening Bingo w/ Vicki</b> <small>Activities Center All Fools' Day Passover Begins</small>	<b>Autism Awareness Day</b> <b>Former's Best Day</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>11:15-Fitness &amp; Therapy w/ Krista Multipurpose Room</b> <b>1:30- Bible Study w/ Eugene Activities Center</b> <b>3:30- Creative Expressions: Flower Arranging</b> Activities Center	<b>Eggs Galore Day</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>11:00- Egg Stuffing Squad!</b> Activities Center <b>1:30- Neuro Ninja Café</b> <b>3:00- Movie and Popcorn [Tootsie- 1982] Media Center</b>	<b>Garden Hat Day</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>10:00- Easter Eggstravaganza</b> Outdoor Area <b>1:30- Bingo Activities Center</b> <b>3:30- Dip and Dye Eggs</b> Activities Center
<b>Polka Dots Day</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>11:15-FST Church Service w/ Andrew Activities Center</b> <b>3:00-Bored Board Activities</b> Activities Center <small>Easter Sunday</small>	<b>Green Grass Day</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>10:45- Scenic Bus Ride Living Room</b> <b>2:00- Creative Expressions: Process Art Craft</b> Activities Center	<b>Bunny Day</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>10:30-Music: Gospel Sing WEUMC Living Room</b> <b>1:30- Bingo Activities Center</b> <b>3:15- Rhythm &amp; Flow w/ Krista Multipurpose Room</b>	<b>9:15- SD: Daily Chronicles</b> Terrace <b>9:30-Senior Fun &amp; Health Day SSC Living Room</b> <b>2:00- Weekly Church Service w/ Chaplain Gary Living Room</b> <b>6:30- Evening Bingo w/ Vicki</b> Activities Center	<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:00- RIC Meeting</b> Activities Center <b>11:15-Fitness &amp; Therapy w/ Krista Multipurpose Room</b> <b>3:00- Resident Council</b> Activities Center <b>4:00- Hopping Happy Hour</b> Private Dining Room	<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:00- Allegro Music Therapy</b> Living Room <b>1:30- Neuro Ninja Café</b> <b>3:00- Movie and Popcorn [Jonathan Livingston Seagull- 1973] Media Center</b>	<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:00- Seated Chair Work Out</b> Activities Center <b>1:30- Bingo Activities Center</b> <b>3:00- Needlepoint Club</b> Activities Center <b>4:00- Polish &amp; Pamper</b> Activities Center
<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:15-FST Church Service w/ Andrew Activities Center</b> <b>3:00-Bored Board Activities</b> Activities Center	<b>9:15- SD: Daily Chronicles</b> Terrace <b>10:45- Goodwill- Shopping Trip Living Room</b> <b>1:30- Walking Club Living Room</b>	<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:00- Seated Chair Work Out</b> Activities Center <b>1:30- Bingo Activities Center</b> <b>3:00- Robbie Vance</b> Living Room	<b>9:15- SD: Daily Chronicles</b> Terrace <b>2:00- Weekly Church Service w/ Chaplain Gary Living Room</b> <b>3:15- Vested in Christ Living Room</b> <b>6:30- Evening Bingo w/ Vicki</b> Activities Center	<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:15-Fitness &amp; Therapy w/ Krista Multipurpose Room</b> <b>1:30- Bible Study w/ Eugene</b> Activities Center <b>2:30- Music w/ Marc Baskind</b> Living Room	<b>9:15- SD: Daily Chronicles</b> Terrace <b>10:30- Cornhole Front Porch</b> <b>1:30- Neuro Ninja Café</b> <b>3:00- Movie and Popcorn [Secondhand Lions- 2003] Media Center</b>	<b>9:15- SD: Daily Chronicles</b> Terrace <b>10:00- Salem Farmer's Market</b> Living Room <b>11:00- Seated Chair Work Out</b> Activities Center <b>1:30- Bingo Activities Center</b> <b>4:00- Technology Help</b> Activities Center
<b>National Volunteer Week Administrative Professionals Week</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>11:15-FST Church Service w/ Andrew Activities Center</b> <b>3:00-Bored Board Activities</b> Activities Center	<b>9:15- SD: Daily Chronicles</b> Terrace <b>10:30- Health Talk w/ Enhabit Café</b> <b>10:45- Scenic Bus Ride Living Room</b> <b>1:30- Walking Club Living Room</b>	<b>9:15- SD: Daily Chronicles</b> <b>10:00-A Special Program w/ Sheryl Crawford from Dale Carnegie Training AC</b> <b>11:00- May Calendar Review</b> Café <b>1:30- Bingo Activities Center</b> <b>3:15- Rhythm &amp; Flow w/ Krista Multipurpose Room</b>	<b>9:15- SD: Daily Chronicles</b> Terrace <b>10:00- Ridge Yaks Baseball Game- Carillon Clinic Field LR</b> <b>2:00- Weekly Church Service w/ Chaplain Gary Living Room</b> <b>3:00- Planting Tomatoes and Herbs Terrace</b> <b>6:30- Evening Bingo w/ Vicki</b> AC <small>Earth Day Administrative Professionals Day</small>	<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:15-Fitness &amp; Therapy w/ Krista Multipurpose Room</b> <b>2:00- Creative Expressions: Somebunny's Silhouette Project</b> Activities Center <b>4:00- Blooming Happy Hour</b> Private Dining Room	<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:00- SD: Bird Watching Front Porch</b> <b>1:30- April Birthdays Celebration and May Birthday Card Signing Café</b> <b>3:00- Movie and Popcorn [Little Women- 1994] Media Center</b> <small>Arbor Day</small>	<b>9:15- SD: Daily Chronicles</b> Terrace <b>10:30- RIC Meeting</b> Activities Center <b>11:00- Seated Chair Work Out</b> Activities Center <b>1:30- Bingo Activities Center</b> <b>3:00- Needlepoint Club</b> Activities Center
<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:15-FST Church Service w/ Andrew Activities Center</b> <b>3:00-Bored Board Activities</b> Activities Center	<b>9:15- SD: Daily Chronicles</b> Terrace <b>10:45- Chicken Salad Chick- Lunch Outing Living Room</b> <b>1:30- Walking Club Living Room</b> <b>4:00- Polish &amp; Pamper</b> Activities Center	<b>9:15- SD: Daily Chronicles</b> Terrace <b>10:00- Music w/ Keith Campbell</b> Living Room <b>11:00- Seated Chair Work Out</b> Activities Center <b>1:30- Bingo Activities Center</b> <b>3:00- Coloring to the Classics</b> Dogwood	<b>9:15- SD: Daily Chronicles</b> Terrace <b>11:00- Presentation w/AJ and Rob from Humana</b> Activities Center <b>2:00- Weekly Church Service w/ Chaplain Gary Living Room</b> <b>3:30- Polish &amp; Pamper</b> Activities Center <b>6:30- Evening Bingo w/ Vicki</b> Activities Center	<b>Tie Dye Day</b> <b>9:15- SD: Daily Chronicles</b> Terrace <b>10:30- Salem Church of Christ Sing Along Living Room</b> <b>11:15-Fitness &amp; Therapy w/ Krista Multipurpose Room</b> <b>3:00- Creative Expressions: Tie Dye Experience</b> Activities Center		

Friendship Salem Terrace \*1851 Harrogate Drive\* Salem, VA\*(540) 444-0343\* Please See Weekly Schedule for Any Additions or Updates\* **Activities Are Subject to Change** (Mike Puckett, Program Director)  
**ALL ACTIVITIES RANGE FROM A HALF TO FULL HOUR. ACTIVITIES END AT STAFF'S DISCRETION.** Activity Coordinators: **Rachelle White, Katherine Bowles, Anna Gyaraki**