

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Dogwood Memory Care Unit

						9:15- Daily Chronicles 1		9:15- Daily Chronicles 2	
						10:00- Cornhole		10:00- Comedy Club	
						2:00- Spelling Bee		3:45- Kollide	
						3:30- Bingo			
						May Day			
10:30- Scrub Squad Selects 3	9:15- Scenic Bus Ride 4	9:15- Daily Chronicles 5	9:15- Daily Chronicles 6	9:15- Daily Chronicles 7	9:15- Daily Chronicles 8	9:15- Daily Chronicles 9	10:00- Cardio Drumming Video	10:30- Scrub Squad Selects	9:15- Daily Chronicles 9
1:30- <u>Movie & Snacks</u>	2:00 – Music & Moves	10:30- Music: Gospel Sing WEUMC LR	10:00- Chair Volleyball	10:00- 2:00- American Revolution Living History Display Front Porch/Lawn	10:00- Allegro Music Therapy	10:30- Scrub Squad Selects			
3:00- Music w/ Paul Kidd LR		3:15- Rhythm & Flow w/ Krista	2:00- Weekly Church Service w/ Chaplain Gary LR	10:00- Craft: Jellyfish Friends	2:00- Courtyard Chats & Snacks	3:00- Mini Golf Courtyard			
		4:00- Bible Study w/ Andrew	3:15- MUSIC: Vested in Christ LR	2:00- Bingo	3:30- Axe Throwing				
		Cinco de Mayo		3:00- Polished					
9:30- Daily Chronicles 10	9:15- Scenic Bus Ride 11	9:15- Daily Chronicles 12	9:15- Daily Chronicles 13	9:15- Daily Chronicles 14	9:15- Daily Chronicles 15	9:15- Daily Chronicles 16	10:30- Scrub Squad Selects	10:00- Chair Yoga	9:15- Daily Chronicles 16
10:15- Fast Puck	10:30- Scrub Squad Selects	10:00- Outdoor Strolls	10:00- Mad Libs	10:00- Chair Volleyball	10:00- Color Sorting	10:00- Chair Yoga		11:30- Musical Lunch	
1:30- Mother's Day Social	2:15- <u>May Birthday Celebration!</u>	1:30- Lemon Blueberry Loaf Cake Social	2:00- Weekly Church Service w/ Chaplain Gary LR	1:30- Spelling Bee	2:15- Brain Busters	4:00- Calm Coloring			
Mother's Day National Skilled Nursing Care Week	3:00- Live Music w/ Leslie Brooks Multipurpose Room	3:00- Piano w/ Robbie Vance LR	3:30- Heritage Apiary LR	3:00- Resident Council AC	3:30- Animal Spotlight				Armed Forces Day
4:00- Bible Study w/ Andrew		4:00- Bible Study w/ Andrew							
10:30- Scrub Squad Selects 17	9:15- Scenic Bus Ride 18	9:15- Daily Chronicles 19	9:15- Daily Chronicles 20	9:15- Daily Chronicles 21	9:15- Daily Chronicles 22	9:15- Daily Chronicles 23	10:30- Scrub Squad Selects	10:00- Hand Massages & Music	9:15- Daily Chronicles 23
1:30- <u>Movie & Snacks</u>	2:00- Archery MP	10:00- Puzzle Palooza	10:00- Hangman	10:00- Spelling Bee	10:00- Spot The Difference	10:00- Hand Massages & Music		11:30- Comedy Club	
3:00- Rest & Relax	3:30- Breezy Bird Watching	1:30- Bingo	10:30- Amy Andrews Living Room	1:30- Kitchen Chronicles	2:15- Hydration & Snacks	3:45- Uno			
		3:15- Rhythm & Flow w/ Krista	3:15- MUSIC: Vested in Christ LR	Paint Your Own Cookies	3:30- Ladder Ball				
	Victoria Day (Canada)	4:00- Bible Study w/ Andrew		2:30- Music w/ Marc Baskind LR					
				4:00- Dominoes					
				Shavuot Begins					
10:30- Scrub Squad Selects 24	9:15- Daily Chronicles 25	9:15- Daily Chronicles 26	9:15- Daily Chronicles 27	9:15- Daily Chronicles 28	9:15- Daily Chronicles 29	9:15- Daily Chronicles 30	1:30- <u>Movie & Snacks</u>	10:00- Spelling Bee	9:15- Daily Chronicles 30
1:30- <u>Movie & Snacks</u>	10:00- Hangman	10:00- Music w/ Keith Campbell LR	9:30- Manicures w/ Lucy	10:30- Salem Church of Christ Sing Along LR	10:00- Ladder Ball	10:00- Spelling Bee		4:00- Playdough Palooza	
3:00- Rest & Relax	1:30- Outing: Deb's Lemonade	1:30- The Sweet Spot	10:00- Axe Throwing	1:30- Kitchen Chronicles	2:15- Fast Puck				
	3:00- Craft: Paper Plate Flags	Chocolate Potato Chips	2:00- Weekly Church Service w/ Chaplain Gary LR	Dirt Cups	3:30- Painting with Friends				
	Memorial Day	2:30- Armchair Travel	3:30- Uno	2:30- Courtyard Chats & Hydration					
10:30- Scrub Squad Selects 31		4:00- Bible Study w/ Andrew							
1:30- <u>Movie & Snacks</u>									
3:00- Rest & Relax									

Friendship Salem Terrace *1851 Harrogate Drive* Salem, VA*(540) 444-0343* Please See Weekly Schedule for Any Additions or Updates* **Activities Are Subject to Change** (Brent Poff, Administrator)
ALL ACTIVITIES RANGE FROM A HALF TO FULL HOUR. ACTIVITIES END AT STAFF'S DISCRETION. Activity Coordinators: Rachelle White, Katherine Bowles, Anna Gyaraki