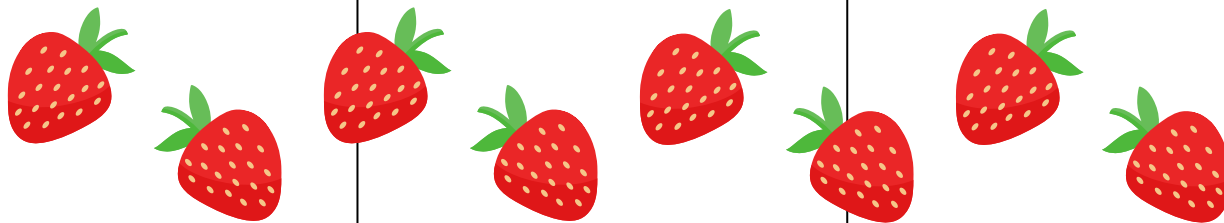
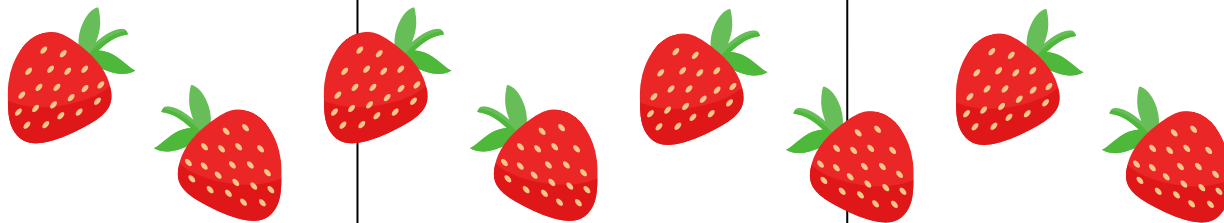





May 2026

FRIENDSHIP INDEPENDENT LIVING
 ACTIVITIES COORDINATOR LACEY ASHWORTH
 PHONE: 540-777-4612

ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Location Key: Chapel - C Club Friendship - CF Library - L Community Room - CR Pre Registrsation - PR Patio (P)	Please sign up for any activities that require pre registration at the front desk in the Resident Center.					9:00 & 10:00 ¹ Groceries - Hollins Kroger 11:00 Coffee For Caregivers (CF) 3:00 Piano Recital w/ Noemi Lee (C)	²
³	2:00 <i>Bingo!</i> (CF) ⁴ w/ Ashley from Enhabit 3:00 Health Talk & Healthy Snacks (CF) 4:00 Monday Brain Booster "Word Search Puzzles" (CF)	⁵	11:00 Out to Eat The Fishin Pig (PR) ⁶ 2:00 Games Galore (CR) 3:00 Leap Produce Truck	⁷	9:00 & 10:00 Westwood Groceries - Hollins Kroger ⁸ 11:00 Bible Study w/ Sarah Stephens (CF) 1:00 Pamper Party (CF) w/ Mary Kay (PR)	⁹	
	¹⁰	10:00 Friendship (C) Singers Practice 11:00 Coffee Social Hour Coffee & Donuts (CF) 1:00 The Yarn Circle (L) 2:00 Church Service w/ Chaplain Gary (C) 2:30 Farkle Game Time (L)	¹¹	11:00 Star City Golf Club - Indoor Golfing (PR) ¹³ 2:00 Games Galore (CR) 3:00 Presentation w/ (CF) Ronald McDonald House 3:00 Leap Produce Truck	¹⁴	9:00 & 10:00 Westwood Groceries - Walmart/ Foodlion ¹⁵ 11:00 Tam Talk (CF) Health Professional Q&A 9:00 & 10:00 Groceries - Walmart/ Food Lion 12:30 Lunch Bus to Bistro 66 (PR)	 ¹⁶
¹⁷	10:00 Friendship (C) Singers Practice 2:00 <i>Bingo!</i> (CF) w/ Paige Chisom 3:00 Crafting w/ Cheryl L. "Cork Coasters" 4:00 Monday Brain Booster "Word Scramble"	¹⁸	¹⁹	9:00-12:00 (C) ²⁰ Beltone Hearing Aid Help (PR) 11:00 Shopping at (PR) Walmart (Bonsack) 2:00 Games Galore (CR) 3:00 Leap Produce Truck	²¹	9:00 & 10:00 Westwood Groceries - Hollins Kroger ²² 12:00 Veterans Luncheon (CF) 2:00 Volunteering at 2nd Helping Thrift (PR)	²³
11:00 Sunday Service w/ Chaplain Gary (C) ²⁴		²⁵	²⁶	²⁷	²⁸	²⁹	³⁰
³¹		10:00 Friendship (C) Singers Practice 11:00 Coffee Social Hour Coffee & Muffins (CF) 2:00 Paint w/ Pat Barn Quitting (CF) (PR) 2:00 St. Andrews Holy Communion (C)	11:00 Out to the South County Library (PR) ²⁷ 2:00 Games Galore (CR) 3:00 Leap Produce Truck	9:00 & 10:00 Westwood Groceries - Walmart/ Foodlion ²⁸ 11:00 Bible Study w/ Sarah Stephens (CF) 2:00 FAR Meeting (C) 6:30 Ridge Yaks (PR) Baseball Game	9:00 & 10:00 Groceries - Walmart/ Food Lion ²⁹ 3:00 Happy Hour w/ (CF) Marc Baskind Guitar Music		