

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: (A) Activity Room (D) Dining Room (O) Out Front (C) Chapel (L) Lobby (DR) Day Room	1 9:30 Shopping @ Wal-Mart 10:00 Exercise w/Nancy (A) 10:30 Skip-Bo w/Nancy (A) 2:00 BINGO (D)	2 10:00 Therapeutic Music (L) 10:00 Cornhole (O) 12:30 Clothing Connection (A) 1:30 Movie & Popcorn (A) 3:15 Story Telling w/ Beth (A) 6:00 Paul & Gospelers (C)	3 10:00 Pet Therapy w/Nahla (L) 10:30 Get Movin w/Lisa (O) 2:00 BINGO (D) 3:15 Resident Council (A)	4 10:00 Therapeutic Music (L) 10:00 Bible Study w/ Chaplain Gary (A) 10:30 Memory Box (A) 1:30 Brother Young/Jazz (C) 3:00 Spa Time (A)	5 10:00 Trivia (L) 10:30 Nature Observation (O) 2:00 Ron Downing Music (D) 3:00 Ice Cream Social/Music (L)	6 10:00 Exercise w/Nancy (A) 10:30 Bridge-O w/Nancy (A) 11:00 Activity Packet (DR)
7 10:00 Daily Chronicle 10:00 Book Reading w/ Karen (L) 1:00 Bible Study w/ Ross (A) 3:00 Church Service w/ Gary (C)	8 9:30 Scenic Ride Peaks of Otter 10:00 Exercise w/Nancy (A) 10:30 Skip-Bo w/Nancy (A) 2:00 BINGO (D)	9 10:00 Therapeutic Music (L) 10:00 Cardio Drumming (A) 11:30 Music by Robbie Vance (D) 12:30 Clothing Connection (A) 1:30 Movie & Popcorn (A) 5:30 Music w/ Allan (L)	10 10:00 Pet Therapy w/ Nahla (L) 10:30 Scrabble (L) 11:30 Marc Baskind Birthday Celebration (D) 2:00 BINGO (D) 3:00 Crossword Puzzles (A)	11 10:00 Therapeutic Music (L) 10:00 Bible Study w/ Chaplain Gary (A) 10:30 Life Story Book (A) 2:00 Sammy P Music (D) 3:00 Checkers (L)	12 10:00 Art Class (A) 1:00 Table Bowling/ Ring Toss (A) 2:00 BINGO (D) 3:00 Hangman (A)	13 10:00 Exercise w/Nancy (A) 10:30 Bridge-O w/Nancy (A) 11:00 Activity Packet (DR)
14 9:30 KP Drama Presentation (ADC) 10:00 Daily Chronicle 10:00 Book Reading w/ Karen (L) 3:00 Church Service w/ Chaplain Gary (C) <small>Flag Day (U.S.)</small>	15 10:00 Exercise w/Nancy (A) 10:30 Skip-Bo w/Nancy (A) 10:30 Mission BBQ 2:00 Father's Day Event (O)	16 10:00 Therapeutic Music (L) 10:00 Ballon Volleyball (L) 12:30 Clothing Connection (A) 1:30 Movie & Popcorn (A) 5:30 Sing-along w/Allan	17 10:00 Pet Therapy w/Nahla (L) 11:00 North Cookout, Bake Sale, Craft Fair & Fun Fest! 1:30 Menu Meeting (D) 2:00 Bingo (D)	18 10:00 Therapeutic Music (L) 10:00 Bible Study w/ Chaplain Gary (A) 10:30 Reminisce Therapy (A) 2:00 Lemonade/Crosswords (L) 6:00 Friends of Praise (C)	19 10:00 Mini Golf (O) 1:00 Bible Study w/ Eugene Mills (A) 2:00 BINGO (D) 3:15 Special Guest Juneteenth (L) <small>Juneteenth</small>	20 10:00 Exercise w/Nancy (A) 10:30 Bridge-O w/Nancy (A) 11:00 Activity Packet (DR)
21 Happy Father's Day! 1:00 Bible Study w/Ross (A) 3:00 Church Service w/ Chaplain Gary (C) <small>Father's Day Summer Begins</small>	22 9:30 Shopping @ Hamrick's 10:00 Exercise w/Nancy (A) 10:30 Skip-Bo w/Nancy (A) 2:00 BINGO (D)	23 10:00 Therapeutic Music (L) 10:00 Carrom (L) 12:30 Clothing Connection (A) 1:30 Movie & Popcorn (A) 6:30 Music w/ North Roanoke Youth Group (C)	24 10:00 Pet Therapy w/Nahla (L) 10:30 Bat Balloon (L) 10:45 Red Hatter's Luncheon/Salem 2:00 BINGO (D)	25 10:00 Therapeutic Music (L) 10:00 Bible Study w/ Chaplain Gary (A) 10:30 Memorygram (A) 2:00 Music by Thomas (D)	26 10:00 Health Talk w/ Enhabit Health (A) 2:00 The John Yates Music Show (C) 3:15 Chair Zumba w/ Louann (A)	27 10:00 Exercise w/Nancy (A) 10:30 Bridge-O w/Nancy (A) 11:00 Activity Packet (DR)
28 10:00 Daily Chronicle 10:00 Book Reading w/ Karen (L) 1:00 Bible Study w/ Ross (A) 3:00 Church Service w/Chaplain Gary (C)	29 10:00 Exercise w/Nancy (A) 10:30 Skip-Bo-w/Nancy (A) 10:30 Mill Mountain Zoo 2:00 BINGO (D)	30 10:00 Therapeutic Music (L) 10:00 Stroll & Roll (O) 12:30 Clothing Connection (A) 1:30 Movie & Popcorn (A)	 <h1>June 2026</h1> <h2>The Great Outdoors!</h2>			

Calendar changes posted on the tv near the dining room. Groups 30 to 60 minutes in length. Friendship Assisted Living 320A Hershberger Rd Roanoke, VA 24012